

Normandie Cuisine Evening
Sat 22nd September
3 Courses
£21.00
 Christmas Menus Available
CROSS INN
 Llanblethian, Cowbridge
01446 772995
 www.crossinn-cowbridge.com

The Cowbridge GEM



"Your ORIGINAL priceless weekly newspaper"

The Vale's longest serving Community Newspaper

Established 1983



PEAK PERFORMANCE
 01446 775775

Weekly audited distribution (52 weeks) to 31/12/11 - 42,235 (GEM Series). Audited by David Pinder & Co Ltd. Chartered Accountants.

www.cowbridge-today.co.uk

THURSDAY, SEPTEMBER 20TH, 2012

Education and Training Feature
Pages 6-7

Autumn Homes and Gardens
Page 13

Bridgend Male Voice Choir
Page 14

Basil's Restaurant, Cowbridge
Page 16

Health, Beauty and Fitness Feature
Pages 20-22

String section virtuosos take a bow at Cowbridge Music Festival launch



ABOVE:

Cowbridge Music Festival got off the mark with an evening of string sextets. GEM photographer, Andy Wicks, captured from left to right – Johannes Rose, Mary Elliott, Claudia Ajmone-Marsan, Joel Marosi, Janka Szomor-Mekis and Felix Froschhammer. (For more on the concert, see Mayor's column, page 28).

FUNERAL AT HOLY CROSS

Cowbridge family want to celebrate Katie's life

EVERY funeral is a poignant occasion, but the one that will take place tomorrow (Friday) will strike an extra sad chord with GEM readers.

Katie Jones, aged just 30, who grew up in Cowbridge and featured in The GEM (May 31) because friends and family were busy raising funds for her cancer treatment, died last Wednesday.

Her funeral will be at Holy Cross Church at 11.30am and her father, David, told The GEM: "We want to invite anyone who knew or supported Katie, to what will be a celebration of her life."

In May's GEM, her mother Kay told how Katie received a shocking diagnosis of cancer only last September, when she was busy making plans for her wedding.

She did get married, in February to Ioan Rees, during a break in her cancer treatment, and when the family thanked her many supporters, in May, she was about to start another bout of



Katie, pictured at her wedding to Ioan Rees last February.

treatment. David Jones said: "That treatment was effective, but then the cancer came back in areas that were previously unaffected."

"Katie died peacefully last Wednesday, and her family and friends are intending that the funeral service should be a celebration of her life."

www.shampan.org.net

Shampan
 Indian Restaurant & Takeaway

Award Winning Bangladeshi & Indian Cuisine



Early Bird Specials

3 Course Meal only £7.95 per person

Available every week - Mon, Tue & Thurs 5.30-7.00pm. Offer includes FREE glass of house wine/soft drink, dine in only.

NEW Sunday Banquet

Choice, Starter, Mains plus 4 other items **ONLY £8.50**. Children (up to 10) £4.95

Wednesday all evening

5 Course Meal £8.95 5.30pm-11pm

2 course lunch (Mon-Sat 12-12.30pm) £4.95 Takeaway. £6.95 Eat in.

70 Eastgate, Cowbridge 01446 771682/774590

NOW OPEN: Mon-Sat 12 noon-2.30pm; Sunday Buffet 12 noon - 11pm;

Open 7 days a week 5.30-11.30pm including Bank Holidays

Food Hygiene - Scores on the doors

Cowbridge charity takes on its biggest challenge!

A COWBRIDGE man who launched a small charity nine years ago, has asked supporters to take on a huge challenge.

Ray Murray, who launched the GLAZE

charity, which aimed to improve treatment for men with prostate conditions, in 2003.

Now, he is the man behind Prostate Cymru, a charity that wants to bring a £1.7 million surgical robot machine to Wales – after discovering that England had

36 such machines, while Wales had none!

Ray and his supporters are gearing up for a long fight, raising money and lobbying the Welsh Government for support.

(See page 17 for the full story in this week's GEM).

Say hello to Puffin PR, your new outsourcing partner...



contact@puffinpr.co.uk 01446 777 058

The Business Centre, Town Hall Square, Cowbridge

www.puffinpr.co.uk

COPYWRITING | MEDIA RELATIONS | ONLINE PR | SOCIAL MEDIA

Confidence is Attractive.

Book a free mini advice session today 029 2000 9614 www.vale-healthcare.com

Professional Cosmetic & Weight Loss Surgery in South Wales

The Vale Hospital - Cardiff Bay Clinic - Vale Physiotherapy Clinic

Register for a free mini advice session at one of our Open Evenings

Cosmetic: Thursday 4th October / 6.30pm
 Cosmetic: Tuesday 16th October / 6.30pm



Vale Healthcare
 @Muffield Health

Scan here to see the wonderful facilities of the Vale Hospital

@ValeHealthcare

Green Belt: Home lessons

If building houses were the way to riches, Ireland and Spain would be rich; as it is, they have no money and endless unsold houses.

We are in danger of losing a long-term asset in the Green Belt (and the fields on St Athan Road) for a temporary expedient, which there is no reason to suppose will work. R Bradshaw, Cowbridge.

Bus stop key to a safe road crossing

WOULD it not be a good idea to change the bus stops in Colcot Road, Barry?

We had a perfectly good bus stop by the Triangle, the one before the zebra crossing.

The next bus stop after the zebra crossing is where the students get off to go to the college – they just walk across

the road, regardless of the oncoming traffic.

One motorist had to stop, blew his horn and got two fingers for his trouble.

One day, somebody's going to have an accident.

If they used the bus stop by the Triangle, they would have to use the zebra crossing.

W James, Barry.

Preservation society hands over assets

At a special general meeting held on February 22, it was decided, sadly, that owing to age and infirmity, the Barry Preservation Society could not continue to function.

It was agreed that the society be dissolved and its financial assets be donated to an organisation with similar aims and objectives.

This has now been achieved.

I wish to express my thanks to all members and organisations for their support, and trust that the aims and ambitions of this organisation will continue in the efforts of similarly-minded bodies.

Ashleigh Jones, (Chairman)

'National Assembly must save airport'

INOTE that Cardiff Airport is to lose yet another airline.

I have also heard that they are making redundant the ground maintenance staff and the technicians, who maintain vital equipment.

What signal does that

send to customers? Yet the management are untouchable.

Who is supposed to run the place?

Unless the National Assembly take charge of the airport, in 10 years it will become a housing estate.

M Clemet, Pencoedtre.

Get in touch and let us know what you think about local issues...

gemeditorial@tindlenews.co.uk

W JAMES & SONS FUNERAL DIRECTORS

FONMON, RHOOSE, NEAR BARRY
ESTABLISHED 1860

Independent family business with 24 hours personal service covering Barry and the Vale of Glamorgan



PRIVATE CHAPEL OF REST

Tel Rhosee
(01446) 710096

THE COLUMN YOU WRITE

Readers' Letters

IMPORTANT! We reserve the right to edit all letters. We do **NOT** accept anonymous mail. **LETTERS AND EMAILS MUST INCLUDE FULL ADDRESS AND A CONTACT TELEPHONE NUMBER. AN EMAIL ADDRESS ALONE IS NOT SUFFICIENT!**

We will (in certain circumstances) protect a writer's identity, if requested. Please keep your letters BRIEF and address them to: The Editor, Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7E OR email gemeditorial@tindlenews.co.uk

'COUNCIL SHOULD SPELL OUT WHY SOME ISSUES HAVE TO STAY SECRET'

YOUR article headed 'Lease extended on the Barry Railway project' (The GEM, September 13) includes a statement from Coun Neil Moore saying the Vale Council are legally obliged to keep commercially sensitive information private.

It is at least encouraging to see Coun Moore addressing the issue of a lack of transparency on this matter. Many people have no idea how to judge whether particular information is, or is not, commercially sensitive, and a concern is that some officials

could find it easier to label anything that may be difficult for them or the council as commercially confidential.

Perhaps publicising the criteria used by officials and legal advisers would provide some reassurance.

Other problems when using the phrase as justification for private discussion are, that it can mean anything you like, or nothing at all – but the consequence is that it trumps, or outweighs, public interest.

In many instances, and certainly when it comes to the significant investment in the tourist steam railway, we are talking about public funds, yet all related decisions appear to

be taken behind closed doors.

No one should be allowed to spend public money, agree public contracts or dispose of public assets without telling us why.

It should be done in an open, transparent and accountable way and hopefully that is the intention of the Labour-controlled cabinet.

If officials declare commercial sensitivity prevents that, then we need an explanation as to why it is commercially confidential and not just a sweeping generic phrase that explains nothing.

Dennis Harkus, FocusBARRY supporter

No-one is perfect!

IT seems to be 'that time of year' again – with perennial complaints about youth, football pitches, and dog poo.

So let's make it clear, no one group has the monopoly on perfection.

Some dog owners are downright anti-social in not removing what their animals leave behind, but the football teams are almost as bad.

On the Llantwit fields, I and other dog walkers have picked up numerous abandoned drinks bottles.

Last week, three McDonalds coffee cups were left neatly against the goal post, as if this

makes it ok. And it is not just visiting teams leaving the rubbish – many times there is trash left after a Llantwit training session!

As for the youth, well, last week our dog got lost one evening. A local lad found him and called us so that I could meet him and collect the dog.

He would take no reward and just said that he hoped I would do the same for him.

Oh, by the way, I speak from a position of knowledge here: I have a dog, a 20-year-old son, and I ran a Llantwit junior team for eight years... And we took our rubbish home!

John Lewis, Llantwit Major

'Well done to eco-conscious Oakfield school'

MAY we, through the pages of your newspaper, congratulate the pupils, teachers and parents of Oakfield school for all their dedicated hard work, which has resulted in the school being presented with an Eco-Schools Green Flag award.

It was at the UN Rio Earth Summit back in 1992 that a need to involve young people in finding solutions to

environmental and sustainable development challenges at a local level was identified.

The Eco-Schools programme has since developed into a truly international initiative that encourages pupils to engage with environmental issues.

The topic areas include: litter, waste reduction, recycling, transport, healthy living, renewable energy, water conservation, school grounds and global citizenship.

Most importantly, pupils take key roles in decision-making and participation, in order to reduce the environmental impact of their school and, of course, this helps the pupils with their personal and citizenship development.

Oakfield School has gone through a difficult and challenging couple of years, but is now firmly on the way up once again.

WELL DONE!

Rob Curtis and Margaret Wilkinson (Gibbonsdown ward councillors)

Who cares about banking morality?

EVERYONE should be able to agree that the only purpose or justification for any form of national economics, is to serve the people of that nation.

The present unregulated form of economy, which the Coalition Government is manifestly failing to rescue, has already been exposed to the world as corrupt.

You cannot continue with a national economic system in which the international banks, upon whom commerce depends, have to pay huge fines when it has finally been discovered that they have been manipulating the Libor rate to suit their own devious purposes.

We will never get honesty until we have established systems

within the banks, which alert Government agencies to dubious practices, such as bonuses paid to staff for selling services which the customer neither needs nor wants.

But it is not enough to banish dishonesty in the operation of banks, which should never have been there in the first place.

That only happened because we, the public, were content to believe economists and directors who had little morality.

All that the Coalition are now vaguely hoping to fix, with daft measures like destroying the Green Belt, is an economy whose only aim is the same as it ever was – to serve the self-interest of bank directors and the money markets.

CN Westerman, Brynna.

'Putting our own needy people first'

IWOULD first of all like to thank HMRC for sending me a letter informing me that they are taking more money from me by reducing my tax code from April 2012 to April 2013, just bear in mind we are now in September!

Meanwhile, taxpayers are contributing to the cost of another influx of immigrants, this time a family of nine who have been roughing it outside Westminster Cathedral for three weeks.

The local council has given them a council house and no doubt money will be taken out of our welfare system.

Any Tom, Dick and Harry can come to this country and claim what they like, yet our own disabled people are being screwed by this Government.

We have families who

cannot afford to send their kids to school with breakfast inside their bellies and pensioners being hit by tax rises, but when it comes to illegal immigrants, we give them a house and all the benefits to go with it.

When will this country wake up? Tell the EU where to stick their rules and regulations and throw out all these illegal immigrants.

It has been mentioned that immigrants are costing us, the taxpayers, £2.1 billion a year in welfare handouts.

This is scandalous when our own people are struggling to make ends meet and are relying on Food Banks to feed their children.

Come on, you MPs, wake up and look after our own.

Oh, and just to highlight the fact, MPs expenses have risen by 26 per cent.

D J Radford, Barry.

HIGH TIDE TIMES

(UNTIL SEPTEMBER 27)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary.

For instance, in Barry, the high point will be 20 – 25 minutes later.

DATE	Time		Time	
	AM	M	PM	M
20 Thur	09.53	9.9	22.13	9.8
21 Fri	10.36	9.4	23.00	9.2
22 Sat	11.27	8.9	23.51	8.5
23 Sun			12.28	8.4
24 Mon	01.07	7.9	13.56	8.1
25 Tues	02.39	7.8	15.21	8.2
26 Wed	04.08	8.1	16.36	8.6
27 Thur	05.07	8.7	17.28	9.2

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should always check with a tide table specific to their location.

Bonvilston revives a village tradition!



LEFT: Pictured are Linda Miller, Mike Miller, Daryl Jones, Catherine Jones, Marion Quick and Vivienne Hayes.

AN old tradition was resurrected at Bonvilston Reading Room when 50 residents enjoyed a delightful evening of good food and conversation.

While it is 10 years since the last village dinner, it is hoped that this event now becomes a regular fixture in the village calendar.

The Red Lion provided the main courses of coronation chicken and poached salmon, and salads and garnishes were prepared by members of the Reading Room Committee.

The meal was concluded with a fantastic array of puddings, again provided by the committee members. The chocolate cheesecake and the crème caramel deserve a special mention.

cial mention.

We would take this opportunity to thank the Reading Room committee for all their hard work and culinary skills in making this such a successful evening.

One sad note is that Mr and Mrs. Provis, who have worked tirelessly for the village, were unable to attend. We wish Mrs Provis a speedy recovery. PF

MEMORIES OF SUMMER...

AFTER the summer break, Southerndown WI met on September 13 when president Meryl James welcomed everyone and caught up on summer happenings.

Members met for a cream tea in August at Ogmere Farm and a number of members participated in the Eisteddfod; 14 members produced individual bags to be sold during the week. Successes

also came from the GFWI annual show.

Future events

QUIZ GFWI at Hi-Tide, Porthcawl; Link meeting 2013 (Southerndown host).

GFWI is 90 next year and institutes have been asked to produce a short history of life in their institute.

There was no speaker for the September meeting and members used this time to contribute to 'Memories of Summer'.

No words are needed her to express the wonderful effect the Olympics had on the whole nation: some members told of their particular memories, including one who had attended an Olympic event.

While it was not an ideal summer, it was one of happy memories.

Next monthly meeting, October 11 (7.15pm), St Bride's Major church hall.

BM

Cowbridge male choir welcome the Cumbrian choristers!

ALL HALLOWS Roman Catholic Church in Miskin was the venue of a joint concert last Saturday (September 15); when Cowbridge Male Voice Choir played host to the Barrow Male Voice Choir from Cumbria.

This Anglo-Welsh choral extravaganza was organised by Barry Doughty, a former member of Cowbridge choir who moved to Cumbria a few years ago.

Both choirs were well received by an enthusiastic audience of local people and church parishioners.



The Barrow choir had already performed concerts at St Fagans Museum of Welsh Life and on the Glanfa stage at the Millennium Centre in Cardiff.

The contingent from Barrow numbered about 55, including wives, partners and guests. A post-concert

'afterglow' session was held at Pontyclun Rugby Club.

The money raised by the concert will be donated to All Hallows Church, and Barrow MVC.

Cowbridge MVC are pleased to announce forthcoming concerts at the following venues: All Saints Church, Penarth on September 29 (in aid of Parkinsons UK Wales); Holy Cross Church, Cowbridge, November 23 (Christmas tree festival - in aid of church funds); Holy Cross Church, Cowbridge, January 26, 2013 (Mayor of Cowbridge charity concert).

Ray Pritchard

Bridge results

COWBRIDGE and District Bridge Club (Llanbleddian), Club Night (14 pairs):

First, Mearl Owen and Debbie Rosevear, 71.03 per cent; second, Helen Ruttle and Mike Ruttle, 61.51; third, Mary Thomas and Dennis Barker, 61.11; fourth, Mary Wallis and Pam Higgs, 56.35; fourth, Ann Miller and Judy Springett, 56.35; fourth, Teri Pollard and Anne Hughes, 56.35.

BS

Stagecoach selected to star in CATS at the NIA



ABOVE: Stagecoach Bridgend & Cowbridge pupils are taking part in the school's 25th anniversary performance of CATS in Birmingham's NIA in March next year.

STAGECOACH Bridgend & Cowbridge has been chosen to perform in 'CATS - the Musical', to be staged at the National Indoor Arena, Birmingham in March 2013.

This will be the biggest ever event staged by Stagecoach, and is in celebration of the organisation's 25th anniversary.

The students flew through auditions, competing with every Stagecoach school, more than 680 in the UK alone, to win one of 30 spaces.

The event will see

nearly 4,000 students from all over the UK performing to an audience of 12,000.

Principal Helene Reynolds said: "I am delighted, excited and so proud that they beat such tough competition. The 25th anniversary promises to be a spectacular event with high

profile coverage and celebrity support.

It will be an amazing experience for our students, and one I am sure they will remember forever."

For information about Stagecoach classes, call Helene/Rob Reynolds on 01446 781454. HR

Village show is a success!

THE recent Colwinston Village Produce Show proved to be a big success.

There were more than 110 entries in 20 different classes were assessed by the judges, Peter Evans, Sheila Madge, and Helen Payne.

Colin Howells won several first and second prizes for vegetables, while Janet Thomas received lots of first prizes and was given the prestigious award of 'Best In Show 2012'.

Hannah Miles, Hilary Jones, Kathy Kettle, Dolores Howells, Heather Simmonds, Illian James, Noni Bates and Debbie Lewis were

among the winners with varied entries, vegetables, paintings, herbs, flower arranging, baking, and jam.

The Broadbent family had almost a clean sweep with pot plants and the Hawkins family, Bob, Mo, Kate, Robbie, Laura and Sophie took many prizes.

Kyle Azzopardi won best in show in the children's section and was presented with the trophy, kindly provided by Peter Evans.

A total of 17 children from the local playgroup and school entered the painting competition 'In my Garden' and they all had a winner's certificate. KJ

Archbishop speaks on poet R S Thomas

THE Archbishop of Wales, the Rev Barry Morgan is to give a talk on RS Thomas in Holy Cross Church, Cowbridge, at 7.30pm on Tuesday, October 2.

RS Thomas was born in Cardiff in 1913, the son of a sea captain. He was educated at Bangor University and received his theological training at St Michael's College, Llandaff.

He was ordained as an Anglican priest in 1936.

His writing career continued for 50 years during which time he produced 20 volumes of poetry.

He was nominated for a Nobel Prize and in 1964 was awarded the Queen's Gold Medal for Poetry.

While religion, understandably, was one of the major themes of his work, he also wrote about nature,

Welsh history and the lives of country people

He enjoyed working in the countryside and spent his whole time as a clergyman working in rural parishes. After his retirement in 1978, R S Thomas lived at Rhiw on the Llyn peninsula in north Wales, close to his last parish of Aberdaron.

His stature as a writer at home is determined by his stance on Welsh political issues, but beyond the boundaries of his homeland it is primarily the quality of his religious poetry that secures his international reputation as one of Wales's finest poets

Tickets, £7, are available from Pamela Roberts 01446 772771, Cowbridge Parish Office 01446 772302, and Sorrento Furnishers, High Street, Cowbridge.

Your local quality care home

Milsom House

Residential & Nursing Home • St Athan •

Manager Gillian Allison
Telephone 01446 750166
www.milsomhouse.co.uk

Birthday Special Offer



1 Year Old

20% OFF

all stock for two days.

Friday 21st and Saturday 22nd Sept 2012

www.bboxesandbusts.co.uk

Unit 19, Ty Vention Ind est, Barry, CF63 2BE
or ring 01446 701230. Mon-Sat 9am-4pm

Would you like an honest, reliable, affordable, police checked

CLEANER for your home.
Typically £10.50 per hour inc.

- Daily, weekly, etc.
- Insurance provided.
- All domestic cleaning undertaken.

TIME FOR YOU
DOMESTIC CLEANING

01656 349296 bridgend@timeforyou.co.uk
01443 625019 Miskin, Nr Cowbridge

www.timeforyou.co.uk

FILCO Supermarkets

Thursday 20th September 2012 - Monday 24th September 2012

Boost Energy drink
4 pack



**was £3.99
only 99p**

Spicover Plums
Tins of 400g



**79p each
or
4 for £1**

Starberg Lager
24 pack



**was £14.99
only £13.99**

Fairy all in one
100% extra free



**only £4.99
Each**

Stella 12 pack



**rrp £12.99
£4.99
Each**

Underberg Wine
Bottles



**was £10.99
only £4.99**

Bosman HB Red / White / Rose
Bottles



**was £6.29
only £3.89**

Oyster Bay Chardonnay
Bottle



**was £10.15
only £7.49**

5 Pack
Kettle Chips



**was £1.69
only £1.00**

Double Oven
UltraBounce
Launder



**was £12.99
only £9.99**

Starwood's
Ning Kit



**HALF PRICE
was £3.39
only £1.69**

Strawberry
Nesquik



**HALF PRICE
was £2.19
only £1.09**

Fresh
Uncooked
Turkey Crown



**was £8.58/kg
only £4.29/kg**

FILCO Now stocking electrical goods

2 Slice White Toaster **ONLY £8.99**

Ceramic Iron 2200w **ONLY £8.99**

White Jug Kettle **ONLY £8.99**

FILCO
Supermarkets

ALL THESE OFFERS ARE FOR LLANTWIT STORE ONLY.

Thursday 20th September 2012 - Monday 24th September 2012

Why not visit one of our other stores, offers will vary thought stores.

Taibach, Cowbridge, Sarn, Bryntirion, Caerau, North
Cornelly, Talbot Green, Maesteg,

19 BOVERTON ROAD,
LLANTWIT MAJOR,
CF71 1XZ

01446 792286

Blind**auction**

ON Friday, September 21 at the Fox and Hounds, St Brides Major, a blind auction will be held. Go along and support Eileen Mathews and Rosemary Roughly in raising funds for the Bridgend Stroke Club, where many local people attend.

The group have to support themselves by raising money from many different sources.

Make a note of the date on your calendar!

Community day out

A COMMUNITY Day was held at the Athletic Field, Southerndown, when many people turned out to enjoy the day.

There was a cricket match played between the mums and dads, a bouncy castle for the children, a couple of barbecues were lit, and a raffle to top the day off nicely.

A huge thank you to Carys Merry and Robert Hopkin for making the day possible.

Cricket has been played at Southerndown for over 125 years, and many well-known county players have played there.

And now it seems under threat after the merger with Ewenny and Comtown (Vale) as failed.

Hopefully, the community will take it over and make it their own, so that recreation will continue at this lovely little ground.

With so much history attached, it would be a sad day if it were to end.

THE Mothers' Union meeting held at the church hall on Tuesday, September 11 was well attended, when the speaker was local magistrate Roger, who told of 'Tales from the Bench', a most enlightening talk.

Local WI**news**

SOUTHERNDOWN WI met on Thursday, September 13 at the Church Hall, St Brides Major, and

COMMUNITY NEWS**St Brides Major:**

Your local correspondent is **PATRICIA BEVAN-MORGAN**. Telephone her with your news on (01656) 880418.

after the business of the evening, the theme was 'Summer Holidays', which proved most interesting from the members' own reflections.

This was followed by tea and cakes.

Golden celebration

CONGRATULATIONS to John and Vale Rowe, who celebrate their golden wedding anniversary on September 20. SUNDAY, September 30: Harvest evensong at All Saints, Southerndown, followed by a bring and share supper. Cantorian Iltyd Choir will be singing at this service (their final engagement).

Thursday, October 4: Harvest evensong at Ewenny Priory Church, followed by Harvest Supper.

Preacher The Rev Carol Wardman, Bishop's Adviser for Church and Society.

Sunday, October 7: Harvest Eucharist at St Bridget's, followed by Parish lunch at the Church Hall, St Brides Major.

Wick Chapel welcome all to their services in September and October: September 23, Harvest thanksgiving at 3pm; October 14, service at 3pm; October 28, Chapel anniversary at 3pm.

Mike Larkin

Congratulations to Michael Larkin, on his recent visit to Austria to judge the Austrian Retriever Club Working Test between August 25-31 in Lech. Co-judges were from Germany, Sweden and Wales.

Flying into Amsterdam, then on to Zurich, travelling through Switzerland, then crossing the border into Lech, Michael's judging was well received and he has been invited back next year.

Further judging appointments have been arranged for the coming season in England and Wales where there will be competitors from Sweden, Germany, Switzerland and Austria, with a variety of retrievers.

Mike needs space now to compete with his own dogs!

Farewell Paul...

FAREWELL and good luck to Paul Lock, who has been part of the Ranger team at the Heritage Coast for seven years and is going on to 'pastures new' - not too far away as he is moving to the Vale Rights of Way team based at Barry.

..and Louise ALSO, we are losing Louise Price, who has been part time centre assistant for nearly 10 years.

She is now going to Swansea to manage a residential block of apartments for retired people, as she has a nursing background and did similar work before.

They both will be missed but they are wished the very best in their new ventures.

Mothers' Union

THE Mothers' Union met on Friday, August 31 for its communion service at All Saints Church, Southerndown.

Defibrillator POLICE local neighbourhood officer Serena James is the heart defibrillator trainer covering the Vale for the Welsh Ambulance Service.

The first training course is to be held in Wick in September, following the placement of the first defibrillator in St James' Church, Wick.

The scheme is known as PADS (Public Access Defibrillator Scheme).

Wick Show

THE Wick 44th Horticultural Show

was held at the village hall, Wick, on Saturday, September 2 and was again a huge success.

The exhibits of fruit and vegetables were exceptional in all groups.

The flower arrangements were imaginative, as were the children's sections.

Cookery section and jams were mouth-watering. Well done to all entrants!

'THE MAGIC OF SCARVES' DELIGHTS THE WI MEMBERS

MEMBERS of St Nicholas WI have been busy over the summer months.

In June, Carol Saunders, our treasurer, gave an excellent presentation about her life as a ballroom dancer.

In July, Rosemary Scadden came along with a variety of scarves and showed members the different ways of wearing scarves to enhance an outfit.

Her talk was called 'The magic of scarves'. Barbara Moore was the winner of the best tied scarf with Thelma Whiting runner-up.

Early in August, members were very kindly invited to visit the beautiful home of Carol and Gus Saunders.

There they were served with delicious refreshments and given an opportunity to admire the lovely gardens and amazing views from their farmhouse.

Later in August, members of our WI served cake and teas to the people who attended St Nicholas garden produce show.

The WI Cup for the member scoring the

**Fears over plans for power station
Vale residents to have say on nuclear plant**

VALE residents will have the chance to voice their concerns over proposals to build a nuclear power station at Hinkley Point on the English coast.

Its location would be just 15 miles from the Welsh coast and the Leader of the Conservatives in Wales Andrew RT Davies said some people in Barry had expressed worries.

He said: "The application is currently with the Environmental Agency, and while it would not sit in south Wales, there are clear and understandable concerns over the impact that it could have on the local environment."

"Indeed, this matter has been brought to my attention by a number of residents who are extremely worried by the prospect of radioactive waste and cooling water being disposed of in the Bristol Channel."

"Also of huge concern is the impact that a power station of this nature could have on tourism in the Vale."

"The station would be clearly visible from Barry Island and this could seriously undermine efforts to attract visitors to the area, including proposals to regenerate the leisure park in the town."

Local residents will have the opportunity to put their concerns on record at a public meeting on September 27.

Mr Davies added: "This proposed development will have obvious repercussions for local residents and the fact that it will sit on the English coast should by no means stop them from voicing their concerns."

"I would strongly urge constituents to lodge their views formally at this event."

The meeting will be held at the Barry Memorial Hall September 27, between 10am-7pm.

The Vale Council leader backs 'zero tolerance' on litter

THE Leader of the Vale Council has backed the zero tolerance approach of a local support company brought in to deal with people who discard litter or allow their dogs to foul areas without tidying up.

Over recent years, GEM readers have regularly complained in the letters' column of the blight of littering and dog mess and the lack of stern measures by the council.

ENFORCEMENT

The local authority support company XF0R now has enforcement officers patrolling the Vale, and offenders can be fined £75.

The company is taking part in a one-year pilot scheme which the Vale Council hopes will significantly improve the cleanliness of streets, parks and beaches locally.

The Vale Council Leader, Coun Neil Moore, said a zero tolerance approach was justified and that it had

been publicised well in advance.

"There were warnings issued both in advertisements and articles in the press for weeks, if not months, that this was going to happen."

"If people are identified (in throwing away litter or not clearing up after their dogs) they will be penalised."

EXTRA BINS

Coun Moore said the council had also placed extra litter bins in certain locations, adding:

"If anybody thinks a litter bin is required in a location they can get in touch with the council and we will assess it, and provide it, if it is justified."

"People can also get in touch with us if they feel a bin is not getting emptied regularly enough."

If people want to contact the Vale Council regarding issues to do with the location or emptying of bins, they should call 01446 700111.

email your local news to: gemeditorial@tindle-news.co.uk or write to The GEM at Graig House, 53 Eastgate, Cowbridge CF717EL

ENID EVANS

TAXI-TAXI Private Hire

✓Anytime ✓Anywhere
✓Bookable



01446 794494

HABERDASHERS' MONMOUTH SCHOOLS
Smart apart, clever together

WITH the beautiful backdrop of the Wye Valley, Monmouth School and Haberdashers' Monmouth School for Girls are totally geared up to deliver the very best education for your son or daughter.

Choose all the advantages of single-sex education but with regular, joint activities for boys and girls, including a combined sixth form timetable.

HMSG and its prep school, Inglefield House are filled with energy and happiness. There is a sense that girls can achieve extraordinary things with the support and encouragement of staff and fellow pupils.

Monmouth School and The Grange know how boys develop best. They offer outstanding extra-curricular activities to allow boys to excel not just



academically but also in music, the arts, sport and character-building, adventurous pursuits.

Monmouth School was voted Archant Best British Boarding School in London's Olympia in 2011.

Means-tested bursaries open access to this first-class education. As boarding numbers grow, two new Sixth Form houses opened in 2011 and 2012.

The Schools are running informal Open Days on the 5th and 6th October for the whole family. Visit our website:

www.habs-monmouth.org/opendays or call 01600 711104 for HMSG, girls 7 to 18; 01600 710433 for Monmouth School, boys 7 to 18.

HABERDASHERS' MONMOUTH SCHOOLS
Smart apart, clever together
OPEN DAYS 5 & 6 OCTOBER

www.habs-monmouth.org

MONMOUTH SCHOOL AND THE GRANGE
Wood Archant Best British Boarding School 2011

BOYS 7 - 18 with boarding from 9

HABERDASHERS' MONMOUTH SCHOOL FOR GIRLS AND INGLEDIEF HOUSE

GIRLS 7 - 18 with boarding from 9

ADVERTISEMENT FEATURE

EDUCATION & TRAINING

From unemployed graduate, to a new career in marketing

Rachel Trusler's story is one of true inspiration to both graduates and school leavers, and demonstrates how learning practical skills can help kick-start your career!

When Rachel graduated from university, she found it extremely difficult to secure employment, and applied for many office-based vacancies without any success.

Rachel was feeling unhappy, dissatisfied and unsure of what to do next.

She came to Pitman Training after meeting Leanne, one of Pitman Training's friendly advisors at a careers fair. They chatted about becoming a PA and Rachel felt more confident about getting her career started and excited about the future.

She soon started the Executive PA Diploma



RACHEL TRUSLER.

and a few months into her training, was delighted to gain a new role as a marketing assistant with PA responsibilities.

The company Rachel joined, Actoris Developments, was extremely impressed with her high level of IT and secretarial skills. Rachel is continuing her professional development and really enjoys the flexible training as it's easy to fit around her work commitments.

She said: "After gaining a degree, I struggled to find a decent career. Since enrolling on the Executive P.A.

Diploma with Pitman Training, many doors have opened up to me.

"Skills learnt at Pitman Training such as Word, Access, Excel and minute taking have really stood me in good stead for the tasks which are involved on a day-to-day basis.

"Pitman Training gave me the chance to pick myself out of a job rut and really go after what I wanted.

"Opportunities like 'student of the month' were invaluable at interview; I feel this helped me to stand out from the crowd – a big thank you to all the team at Pitman Training Cardiff for their support".

For FREE career and job advice and to see how we can help you, please contact Melanie, Katie or Leanne at Pitman Training Cardiff on 029 2034 2020, or cardiff@pitman-training.net www.pitman-training.com

Want a new job or change of career?

All our courses can lead to a rewarding and well-paid career including:

- Finance Assistant
- Executive PA
- Legal/Medical Secretary
- IT Support Technician

Call us today on:
029 2034 2020
pitman-training.com



'NEVER A BETTER TIME TO GET BACK ON TRACK!'

Don't miss out on that adult education course!

New website link now makes the search easier

IT is not too late to enrol for an adult education course as places are still available on some courses starting at the end of September.

There has never been a better time to get back on track and gain some new skills and qualifications.

It's now easier than ever to find out about courses as a new website link has been launched that will take you directly to the adult education pages on the Vale's website. You just need to go to: www.valecourses.org.

The new prospectus is also available at council buildings and libraries with details of all the courses on offer throughout the Vale of Glamorgan.

A wide range of courses are on offer for everyone including computers, photography, creative arts, languages, Welsh, health and wellbeing, history and literature.

It's a chance to learn something new and to develop yourself.

Many courses are now accredited with the chance to receive learning credits on the successful completion of your course for all your effort and hard work.

Computer courses for everyone from complete beginners right up to Clait and ECDL advanced modules are the way forward for many people.

They can gain ICT skills and useful qualifications for the workplace with modules for Word, Excel, and databases.

Courses in PC maintenance, Internet and email and digital photography help you to keep abreast of technology and how to use it effectively.

A wide range of creative arts courses are on offer – with several new ones, including mosaics, jewellery and stitch crafts, that will give you the pleasure of making your own crafts and clothes and even save you money.

Courses such as stained glass, kiln glass, carpentry, bicycle repair and upholstery will help you gain skills and set you on the path to becoming an entrepreneur.

Language courses are on offer in French, Spanish, Italian and German while more people than ever are taking up Welsh encouraged by the recent National Eisteddfod in the Vale and to support their children learning Welsh in local schools.

The new 'Get Back on Track' courses are especially designed to support jobseekers wishing to improve their skills for the workplace.

The one-day courses in computers and customer service skills are free to those on benefits and seeking work.

Free workclubs are also available to help jobseekers with job-search, CVs and on line applications.

Enquiries and enrolments can be taken at centres during daytime office hours.

For more information and enquiries, contact centres:

Palmerston 01446 733762

palmerstoncentre@valeofglamorgan.gov.uk

Cowbridge 01446 773831 aecowbridge@valeofglamorgan.gov.uk

Penarth 02920 701569 paden@valeofglamorgan.gov.uk

Reasons to learn Welsh

ENROL NOW

Come and learn Welsh with us

info@learnwelsh.co.uk
www.learnwelsh.co.uk
029 20 874 710

CFMRAE I GYDEUOL WELSH FOR ADULTS
Hydychydig Ynghyd i Ffrindiau
Hydychydig Ynghyd i Ffrindiau

Ffrindiau

Gwaith

Teulu

Balchder

Facebook

Twitter

QR Code

Jen's learning Welsh for little Gethin

JENNIFER EVANS, from Canton, has recently started learning Welsh to communicate with her little boy, Gethin, and finds it's really useful and great fun.

She said: "It's lovely, because since starting the course we've begun reading Welsh books together and I've got some Welsh CDs that we sing along to.

"Also, the tutor has very creative and exciting ways of teaching, which makes learning Welsh a lot of fun."

Jennifer is also planning to send Gethin to a Welsh medium school, and is aiming to be able to help her son with his homework.

There's always a reason to learn Welsh. Why do you want to learn?

Courses are starting this week. Enrol now!
www.learnwelsh.co.uk
or 029 2087 4710 or info@learnwelsh.co.uk

IT'S NOT TOO LATE TO ENROL FOR A COURSE!

Places are still available on Vale Adult Education Courses Starting this September.

- **Computers & Photography**
- **Creative Arts**
- **Health & Wellbeing**
- **Languages • Welsh**
- **Personal Development**
- **Get Back on Track Courses**

Fee Concessions and Crèche available

Pick up a copy of our prospectus

Or visit the website: www.valecourses.org

Palmerston 01446 733762

Cowbridge 01446 773831

Penarth 02920 701569



ADVERTISEMENT FEATURE

EDUCATION & TRAINING

Thirst for knowledge doesn't finish at school!

FOR many people their educational career ended when they completed O-Levels or GCSEs.

Some people went on to take A-Levels – and of those, a number went to college or university.

Although, many are anxious to get out into the world of work and earn a living, that doesn't have to be an end to education.

More and more people these days are tempted to get on a course, or take on a tutor, to learn something new.

The idea that a person's education finishes at a fixed point such as the end of school or the conclusion of university is well and truly over.

There are good social reasons for this.

Firstly, many people train for one career, and then have to switch to another one – and that can involve getting a new set of qualifications.

The GEM recently highlighted the case of Ian Ball, a Llantwit man who decided on a complete career change, studying as a mature student at Bridgend College to become a broadcasting technician.

The result? He was part of the technical team that brought you the BBC's news coverage of the London 2012 Olympics!

Ian's experience is becoming increasingly common. Some people started in a job after leaving school, but always dreamed of working in another field.

Colleges and universities now have large numbers of mature students who are enthusiastically looking forward to a new career in the second half of their 'employment life'.

And when people have retired, the thirst for education doesn't stop there. Some men and women find that they have time on their hands at last to learn a new language or acquire a fresh skill.

Science,
Tuition & Support
offered by
Professional,
Experienced Tutor.
0700 800 5050
or
dysgu@live.co.uk

MATHS TUITION

Experienced graduate offers one to one tuition to students in Years 10 & 11 studying towards GCSE examinations.
01446 721341

TUITION

Qualified & experienced teacher offering tuition of English, French and Spanish to both children and adults (beginners up to A-Level).

Tel: 01446 420035
or 07814 257641

TUTOR MATHS & ENGLISH (experienced)

Key stages 2, 3 & 4
Call Jamie on
07736 428413
01446 620545



ABOVE: Photography tutor Glyn Evans with a group of students at Palmerston Centre.



ABOVE: Jennifer Evans is learning Welsh because she plans to send her son Gethin to a Welsh medium school.

Supply Teaching Agency

Join a Winning Team

Bay Resourcing is a Cardiff based Multi Award Winning Teaching Agency. Due to increased demand, we have immediate day to day and long term opportunities in local schools for the following staff:

WELSH MEDIUM TEACHERS	PRIMARY/ SECONDARY TEACHERS	CATHOLIC TEACHERS	TEACHING/ LEARNING SUPPORT ASSISTANTS	SPECIAL NEEDS TEACHERS
£85-£110 per day	£85-£110 per day	£85-£110 per day	£55 per day	£85-£110 per day
£5 lunch allowance	£5 lunch allowance	£5 lunch allowance	£5 lunch allowance	£5 lunch allowance
40p per mile travelling allowance	40p per mile travelling allowance	40p per mile travelling allowance	40p per mile travelling allowance	40p per mile travelling allowance

To register you will need: Registration with the GTCW or have CACHE level 1-4 or a degree and have a minimum of 6 months experience with children in a classroom setting within the last 4 years.

To arrange a local interview call 029 2049 4560

Multi Award Winning Teaching Agency

Schoolgirl adds her voice to the row over cutting down trees in Llantwit

Animal lover Daisy (aged 12) voices concern for wildlife

TWO weeks ago, The GEM told the story of how Mrs Alison Lucas, who lives in Llantwit Major, asked the Vale Council to trim some trees alongside her property,

only for them to be taken down to five feet in height.

The council told The GEM that the contractor had carried out the work as instructed.

RSPB WILDLIFE EXPLORER

Local schoolgirl Daisy Wiltshire, aged 12, who describes herself as "a loyal animal lover and RSPB wildlife explorer" has contacted us, and wanted to make some strong points about the preservation of local wildlife:

"I would like to give my view on the subject. I know Mrs Alison Lucas and have collected some further information from her.

"Alison was woken up by the noise of the chopping when she had been in bed. She had come out to find that trees had been cut down, disturbing nesting wood pigeons.

"Nesting birds were disturbed, and now Alison needs a fence where the trees used to do the same job.

"Luckily, she took the wood pigeon to the vets, but if she hadn't been there to help it, the cats would have got the bird.

"I hope the council will take account of local wildlife – or I will not be impressed!"

Mayor's grand charity banquet

THE Mayor of the county borough of Bridgend, Coun Marlene Thomas, is holding a 'Grand Charity Banquet' at the Golden Well restaurant, on the A48, at Brocastle.

The master of ceremonies will be J J Williams, former Wales and British Lions rugby star.

The special guest is Huw Llewelyn Davies, commentator and presenter for BBC Wales and S4C.

It takes place on Sunday, September 30, 7pm for 7.30pm. Tables of 10, eight or six at £25 per person.

The event is supporting charities Emmaus South Wales; Breast Cancer at the Princess of Wales Hospital, Bridgend; the Stroke Association, Bridgend, and County Riding for the Disabled.

More information from M Major, on 01656 664105, or from members of the above charities.

Vale Ramblers marvel at Valley views

TWELVE Vale of Glamorgan Ramblers met at a dry Cowbridge Town Hall car park and made their way over to the Lliw Reservoir in the Swansea Valley.

It was starting to drizzle as we parked the cars, and that was the weather pattern for the rest of the day.

After starting the walk along an old railway track, we eventually made our way to a road where we had to start a steady climb, but the visibility was still clear at this point, so we had the pleasure of the views towards north Gower and north Swansea.

We had our coffee stop on the open common.

The instructions, due to lack of landmarks, were to proceed N to NE making our way towards the cairn on Mynydd Garn-Fach.

After making our way past it, we were afforded the panoramic view of the Upper Lliw reservoir.

Making our way onto Mynydd y Gwair, the weather had decided to close in and the views which had been visible the week before, were shrouded in mist.

Because of the weather, lunch was eaten in the shelter of the Brynlefrith forestry. This is a magnificent

forest which is owned by the Water Board, but is accessible using the public footpath.

Making our way to the Upper Lliw reservoir, we walked along the shore for a short time, marvelling at the engineering work and how the valley must have looked many years ago.

Making our way back down to the valley floor, out of the wind but not the drizzle, we made our way back to the car park where there is a wonderful cafe and facilities, serving homemade cakes, which always go down well at the end of a walk, especially a wet one!

The Vale of Glamorgan Ramblers lead walks every Sunday. Anyone is welcome to join us on our walks. There is a copy of the programme on our website – valeofglamorganramblers.co.uk.

We offer a variety of walks suitable to all fitness levels. After doing a few walks, it's amazing to see how much fitter people become, and are then ready for a more challenging walk.

Further information is available on the website – www.valeofglamorganramblers.co.uk or follow us on facebook or twitter.

GWENDA FITZPATRICK

Difficulty Hearing?

Scott Wroe Hearing Centre provides:

- Independent Advice
- 30 day Free trials on all hearing aids
- The World's finest hearing aids including Widex, Phonak and Oticon
- Repairs and accessories to all makes and models
- Home visits available

For more information, or to arrange an appointment, please call

02920 707760



Or call into:

Scott Wroe Hearing Centre

1 Station Approach,
Penarth, CF64 3EE

www.scottwroe-hearingcentre.co.uk

Waitress Ranya (19) in the line-up for Miss Cymru International title

A WAITRESS from Barry is bidding to become Miss Cymru International 2013, and make it through to Miss GB International 2013.

Ranya Rigga, 19, has previously competed for the Miss Vale of Glamorgan finals, and was heavily involved in charity work.

The beauty competition, run by The Joshua Foundation, provides a platform for young women all over the UK to help fundraise for the charity, to provide holidays and experiences for children with cancer and their families.

Ranya has starred in an episode of 'Being Human', alongside Hollyoaks actress, Emma Rigby. She aims to be a successful beauty therapist, and in the future go into dermatology.

Ranya is pleased that beauty and charity have been combined and wants to hold a boxing night in a club to raise money for The Joshua Foundation.

She raised money for The Joshua Foundation in 2011 where she went round local pubs collecting money for a raffle with a signed rugby shirt as the top prize.

Ranya said: "After entering Miss Vale of Glamorgan before, I just wanted to go through the experience again and raise as much money as possible. To achieve this, I am planning on doing a sky-dive."

Ben Cornelius-Price, National Director of Miss GB International said: "Miss Cymru International not only gives the girls a chance to shine, but also helps raise money for The Joshua Foundation. The girls get the chance to be ambassadors for Wales and help such a good cause through their fundraising."

Ranya will find out if she has been selected for the Miss Cymru International final in the next few months. The winner of the regional qualifier will be

joined by the first, second, third runner up, top three fundraisers and the girls who are voted top three in the popularity votes in the grand final of Miss GB International in spring 2013.

The current winner of Miss GB International is Cally Jane Beech, who represented Great Britain at Miss International in Chicago on July 27 and placed in the top ten.

Applications are still open. To apply, visit www.missgbinternational.com.

Free cookery demonstration

THE Vale Council will host a 'Love Food Hate Waste' cookery demonstration aimed at showing residents how they can use the food they usually throw away in a bid to cut waste and save residents money.

It will be hosted in King Square, Barry on Tuesday September 25 from 10am-4pm, and will involve live cookery demonstrations showing how leftovers can be made into meals as well as sharing practical advice on how to plan meals, work out portion sizes, understand date labels and store food

correctly to make it last longer.

Fun 'cook-offs' on the day between local reporters and councilors will test culinary skills, and showcase tasty recipes. The GEM's very own Gareth Jamieson will be locked in a cook-off with Coun Gwyn John, cabinet member for leisure, parks, culture and sports development at 3:15pm.

For hints and tips on how to reduce food waste at home, as well as loads of recipe ideas, visit: www.lovefoodhatewaste.com.

VALE HONOURS THE YOUNG VOLUNTEERS!



ABOVE: THE VOLUNTEERS LINE UP FOR THEIR AWARDS.

SEVEN young people have received the Volunteer of the Year awards at a presentation evening attended by the Mayor and Mayoress, Coun Eric Hacker and Mrs Heather Hacker.

This is an annual event organised by the Vale

Volunteer Bureau and this year for the second year running, the Vale has an overall winner in the under-25 category for the whole of Wales, Bethan McAuley from Wick Youth Centre.

In the Agored Cymru Qualification, six young people were awarded certificates for volunteering and community

involvement.

Seven Millennium Volunteers were honoured. The programme recognises the contribution that young volunteers make to organisations across Wales by awarding 50-hour, 100-hour and 200-hour certificates, the last of these signed by the First Minister of Wales.

Graduate show is 'inspiring' for visitors to Barry station cafe



Vale AM Jane Hutt with Steve Miller at his exhibition at the Travellers Gallery and Cafe.

VALE AM Jane Hutt recently opened an exhibition mounted by Barry-born artist Steve Miller at Barry Town station Café and Gallery.

Steve volunteered with MIND in the Vale to provide art classes at the Ty Newydd Centre. His exhibition consists of a display of paintings representing the human body.

Ms Hutt AM said: "It was great to open this inspiring exhibition and I recommend it to all those who travel from Barry Town Station in the Travellers Gallery and Cafe."

"Steve has such talent and imagination and I know his work will go from strength to strength. He will also make a valuable contribution by opening up artistic opportunities to others."

Barrivale Bridge Club round-up



Sean Macdougall and Dave Reed, winners of the recent Doughty Bowl competition.

Results from Barrivale for September 4:

First, Mike Close and Mike Best, 68.33 per cent; second, Mick Green and Mark Roderick, 65; third, Judith Owen and Alan Jones, 55.

Dave Thomas and Tom Kendrick won on handi-cap.

New members are always welcome at Barrivale. If you would like to join, telephone 01446 733425 or 01446 418380 or call at the Pioneer Hall, Beryl Road, Barry, on Tuesdays at 7pm. MB

• Brabantia • Stellar • Horwood • Judge Vista • Meyer • Circulon • Anolon •

1st Choice APPLIANCE & COOKWARE CENTRE

PREMIUM QUALITY BRANDS AT THE LOWEST POSSIBLE PRICES

WASHING MACHINES From £199

Two floors with a comprehensive display of appliances and accessories. Factory refurbished and brand new appliances in stock.

Built-in ovens, hobs, dishwashers, washing machines, fridge freezers, range cookers - gas, electric, LPG and dual fuel in stainless steel and farmhouse styles!

Quality Products at Competitive Prices!

DISCOUNTS FOR THE OVER 60s on Tuesdays and Thursdays (Please ask in-store for details)

3A TYNEWYDD ROAD, KING SQUARE, BARRY (opposite new library)

Also large warehouse & showroom at 252 HOLTON RD, BARRY (Bassett End)

Prices constantly checked to make sure **WE ARE THE CHEAPEST**

All In Stock! - Ready to Go! Same/Next Day Delivery Service!

Full Repair Service and up to 5 years manufacturers warranty

Telephone: 01446 730884

www.1stchoicetrade.co.uk

OPEN: Monday - Saturday 9am - 5.30pm

Appliance used for illustration purposes only.

• TEG Design • James Martin • Jamie Oliver • Franke • Astracast • LG • LEC •

• Gorenje • Neff • Bosch • Indesit • Hoover • Whirlpool • Belling • Stoves • Tricity Bendix • Siemens • Smeg • Hotpoint • Canon • Electrolux • Zanussi • AEG • Liebherr • Miele • Caple •

JPL THE BARRY SOUND MUSIC SHOP

Back to School Instruments

We do NOT sell toys! - we do NOT sell cardboard boxes! We DO sell quality instruments! We DO carry good stocks! We DO offer help & Advice! - we DO offer excellent prices!

Starter Classical Guitar Packs in 1/2 - 3/4 and Full sizes available in Blue, Purple, Red, Black & Natural Colours

Violins in all sizes, Flute, Fife, Clarinet, Saxophone, Recorders

New range of Keyboards and Digital Pianos - all in stock by **CASIO**

Full range of Guitar Strings - Clarinet & Saxophone Reeds

Guitar Straps, Plectrums, Capos, Tuners, Metronomes

Music Stands, Guitar Padded & Carry Bags & lots more!

Music Books and School Music Examination Books all stocked

We actually carry stock, open it & check it - unlike on-line sales!

Expert in Shop Guitar Repair Service by our own Guitar Tech

Expert Knowledge & Help from our friendly staff

267 Holton Road, Barry (Weston Hill / Bassett End of Holton Rd) Tel: 01446 722711

www.facebook.com/TheBarryMusicShop

See all our latest offers, reviews and Special Offers on our Facebook Page

BIG SALE BIG SAVINGS BIG CHOICE

You Can Have It All

Plus
interest
free credit
on everything

Visit our newly refurbished store and rediscover the choice and quality at The Place for Homes, The Furniture Hangar, Llandow.

The Provence
Solid oak dining table & six chairs



SAVE
50%
IN STOCK
FOR
IMMEDIATE
DELIVERY

Was £2799.95
Now £1399.95

100s OF
DINING
SETS

AT
50%
OFF



THE

LEATHEREDITIONS
CRAFTED BY PASSION

GALLERY

a natuzzigroup company



LAZYBOY GIZMO POWER CHAIR

With massage,
fridge and
iphone
connection

40%
OFF

All special orders
30%
OFF

The Clifton



was £599.00
Down to £579

SAVE
£360

Over 50 beds on display



was £649.95
Now £299.95

SAVE
£349

Carpets



25%
OFF

All genuine woven
Aminsters

Kingstown Signature



50%
OFF

Display to make way
for new ranges

Tempur Adjustable Bed



40%
OFF

Over 50 beds on display

PLUS MUCH, MUCH MORE - BEDS, BEDROOM FURNITURE, SOFAS, CHAIRS, PLUS FANTASTIC SAVINGS ON CARPETS.



They will confabulate from a family business with over 40 years experience

Unit 1, Retail Area,
Llandow Ind. Est,
Nr Cowbridge. CF71 7PA
Tel: (01446) 772927/772928
SAT NAV CF71 7PA



NORMAL OPENING HOURS:
MON, TUES, WED & FRI 9am-5.30pm. OPEN LATE EVERY
THURSDAY 9am-8pm. SAT 10am-5.30pm. SUN 11am-5pm.

Visit our website at
www.theplaceforhomesltd.co.uk
Enquiries: email sales@theplaceforhomesltd.co.uk

HMP PARK IS PUT UNDER THE MICROSCOPE... Monitoring board's report gives snapshot of prison life

THE Independent Monitoring Board has published its annual report on HMP and YOI Parc.

HMP and YOI Parc is a category B local establishment and Young Offender Institution with a small Young Person's Unit and a current operational capacity of 1,474, and a maximum capacity of 1,670.

HMP and YOI Parc opened on November 17, 1997, and is the only privately run prison in Wales. It is managed by G4S Care & Justice Services on behalf of the National Offender Management Services.

The board's overall conclusion was: "HMP and YOI Parc is a well-run and safe prison giving prisoners and young people the opportunity to develop skills and gain qualifications which will assist them, once they return to normal life."

The board expressed concerns that prisoners and wing staff were not always aware of medical and dental appointments, and a better communication system must be put in place to inform prisoners of these.

The board also noted that, despite the appointment of a new Coroner, there are still a number of inquests to be heard, one going back to 2009, but the numbers are fewer than in previous years.

The report said: "We urge the Minister to take action to resolve this matter so that prisoner's families can achieve closure."

There was praise for the fact that, once again, HMP Parc has achieved outstanding results in the Koestler Awards – the best ever and the board says that this is a true reflection of the work carried out in the creative arts department.

The report continued: "The horticulture and animal husbandry departments go from strength to strength and it is a pleasure to see the colourful floral displays across the establishment."

"The department consists of a dedicated team of staff and prisoners alike, who enjoy a hands on experience tending the animals, giving prisoners a purpose in life."

"Parc Supporting Families is an innovative project and exists for prisoners resolved to reform their

REPORT by PHILIP IRWIN

approach to life, acquire skills for living in the community and above all to retain family links.

"It is successfully run by a very dedicated team of staff and HMP Parc should be commended for their work. They have also been successful in securing a lottery bid which will give them £4 million-plus over the next four years to develop new initiatives."

The board concluded: "There is a great deal of good work going on at HMP Parc but, as reported in previous years, HMP Parc does not always celebrate its own successes."

"More effort is needed to inform the board and the local communities of the excellent projects going on, and the effect this has on the prison population at HMP Parc."

The board pointed to other aspects of the prison, saying: "Parc is a culturally diverse prison with a prisoner Black Minority Ethnic (BME) population of 11.7 per cent."

"This is an increase of more than two per cent from the last report of 9.37 per cent. This is not reflective of the population of the local area or of the staff profile, which remains at 2.7 per cent."

The report said that 4.4 per cent of the current prison population were foreign nationals.

This means that when the report was compiled, there are 63 foreign national prisoners, five of whom had finished their sentences.

One prisoner from India was due to return home. The other four from Iraq, Pakistan, Somalia and Jamaica remained in custody.

The board looked at the Young Persons' Unit, which is a 64-bed unit, responsible for housing 15 to 17-year-olds. The unit has designated staff, trained and equipped to work with young people and their needs while in prison.

The Board reported that the unit is well run, with the young people's interests put first, and said that it was monitored closely and was often visited.

Members of the Board have regularly attended monthly safer custody meetings, which look at the safety and welfare of prisoners.

The board said that there were two deaths in custody during the year [not self-inflicted], the investigations into these deaths are still underway and no date has been given for the inquests.

The report went on: "There has been an increase of 173 in the self harm figures compared to the last reporting period. Cutting and scratching remain the most prolific type of self harm."

The report said, however, that these figures included a number of "prolific self-harmers who injure themselves repeatedly".

It said: "The Safer Custody Unit (SCU) provides a safe and supportive area for prisoners in times of crisis. The aim of the unit is to provide intensive care and support for prisoners who need to be relocated from a large residential unit to a more intensively supported location."

"A number of interventions are available on this unit including yoga, 'a stop and think' programme for prisoners who have problems controlling their emotions or behaviour, emotional freedom techniques, meditation, anger workshops, acupuncture and stress management."

"Animal husbandry (now with the addition of two ponies) continues to be of great benefit, especially to vulnerable prisoners."

"The two PAT dogs on the unit are looked after by one of the prisoners, one of whom, looking after these dogs, commented: 'These dogs have totally changed my life as I had the job of looking after them and have done so for seven months.'

"The job with the dogs and the trust and respect I have from the officers to the managers has enabled me to have total control of my life."

Turning to the subject of assaults in the prison, the board reported: "The number of serious assaults committed throughout the year was 27."

"This is the same as the previous year, despite the increase in prisoner numbers. There were 63 assaults on staff during the reporting period."

"The Young Persons Unit provided a disproportionate number of assaults per prisoner compared to the rest of the prison."

Council launches its 'fill potholes' campaign

THE Vale Council has launched a campaign aimed at tackling pot holes in the Vale by blitzing one area every weekend.

The Dyfan ward in Barry has been selected as the first, and council highway maintenance officers will be there on September 28-29.

The 12-month campaign is called 'the BIG Fill', and residents in are being asked to tell highway staff about potholes in their area.

A council spokeswoman said: "You can do this by checking the BIG Fill's weekend schedule to see when the council is visiting that area on www.vale-of-glamorgan.gov.uk or look out for details in the local press."

"Telephone 01446 700111 and tell them you're reporting a pothole under 'The BIG Fill' campaign, email us at thebigfill@vale-of-glamorgan.gov.uk, or use the interactive map on www.valeofglamorgan.gov.uk

"The team will be taking bids to have potholes fixed in the Dyfan ward between Monday, September 24, and

Friday, September 28. "Any outstanding potholes will be added to the team's weekday schedule or included in the council's three-year road resurfacing plan."

The Council's operational manager for highways and engineering, Andrew Loosemore, said: "In our recent public opinion survey, some residents said they were fed up with the state of the Vale's roads."

"Our highways teams already work on the roads from Monday to Friday. But now we are specifically targeting potholes on weekends."

"During 'The BIG Fill' campaign we are hoping to make a substantial improvement to the roads by specifically targeting areas and attending to many potholes and road defects."

"So, next time you find a pothole in the road, let the team know and we'll fix it as soon as we can."

The spokeswoman said that The Vale Council has approved borrowing of up to £6.7 million over the next three years in line with the Welsh Government's Borrowing Initiative to pay for the programme..

Is your kitchen looking unwell?
Then call the Door Doctor!

A family business with vast experience in the replacement door and worktop market.

Everything you require from the doors, to worktops and new appliances and sinks.



**DOOR
DOCTOR**

LESS MESS, LESS COST

The Door Doctor
01446 688018
01656 360027

www.door-doctor.co.uk

RSPCA warns cat owners about 'poisoning plague'

THE RSPCA has warned pet owners about a rise in reported cat poisonings it has received across Wales in recent weeks.

In one of the latest incidents, in Pontyclun this month, three cats belonging to the same family died of suspected anti-freeze poisoning.

Two other incidents were in the small Pembrokeshire village of Camrose, where a family's three cats have been poisoned, and in New Inn, Pontypool,

where a woman recently suffered the death of her cat due to poisoning, only months after her other cat died in the same way.

An RSPCA spokesman said: "In all these incidents, the RSPCA has been given anecdotal evidence of many other cats that have been fatally poisoned in these areas."

Another case was in Port Talbot in August, where two cats died, and in Caldicot in the same month, two cats belonging to Mandy Blackwell also died.

On Thursday, August 23,

Mandy noticed that Luigi was very lethargic and unable to bear his own weight. She took him to a veterinary surgery who prescribed medication.

Early next morning his condition deteriorated and he went into spasms. Luigi was rushed to the vets and died a few hours later.

While she was at the surgery, Mandy received news that her other cat, Lucky, was unwell and her neighbour was bringing her in. Lucky was displaying the same symptoms as Luigi and

died the same day.

The RSPCA superintendent for Wales, Martyn Hubbard, said: "The deaths are highly suspicious and disturbing. We need the public to come forward with more information."

"Anti-freeze is very toxic to cats and sadly once ingested they suffer from kidney failure within a few days."

"Cats like its sweet taste and don't have to ingest much for them to become seriously ill. Effective treatment is only available if caught within the first 24

hours but this is not normally possible, as the cat shows no sign of being unwell within this time."

"By the time the cats show signs of illness, there is nothing that can be done to save them."

"We would also ask perpetrators to be aware that deliberate poisoning using anti-freeze could mean a £20,000 fine and/or six months in prison under the Animal Welfare Act."

"Owners should be vigilant and contact a vet immediately if they suspect that their pet may

have been in contact with the chemical, or if they see any warning signs or symptoms."

"The sooner the animal is treated, the better the chances of survival."

If anyone has any information about this incident, or any related incidents in the area, they are urged to contact the RSPCA cruelty and information line on 0300 1234 999. Calls will be treated in confidence.

Expansion for airline operating from Rhoose

CARDIFF Airport has received a timely boost – a week after the Helvetic airline announced it was discontinuing its general service to south Wales.

Eastern Airways, which operates flights from the airport, has further expanded its jet fleet after taking delivery of a third Embraer 145 regional aircraft, increasing its number of jets to five.

This new addition to

the UK's second largest regional airline follows on from the arrival of its second Embraer 145 jet in June earlier this year.

This Embraer 145 is manufactured in Brazil, has 50 seats, two Rolls Royce A3007 jet engines and a cruising speed of 521mph.

It will partly fly on the airline's comprehensive domestic network and also operate on the charter flying programme serving oil and gas organisations, corporations, blue chip companies, sports teams, the music indus-

try, delegations and individual groups flying across the UK, Western and Eastern Europe.

Eastern Airways first started operating scheduled flights from Cardiff in 2006.

Kay Ryan, Eastern Airways' commercial director, said: "We have increased our jet fleet as the Embraer 145 is well suited to our needs as it offers up to 50 seats to meet the demand levels from the regional markets we serve and provides fast jet performance."

TY HAFAN LOTTERY DRAW WINNERS

THE following are winning numbers in the Ty Hafan Crackerjackpot lottery draw number 740.

● **£2000:** 616646.
● **The rollover, which now stands at £7,500 was not won this week.**

● **£10:** 137947, 579411, 276709, 456735, 475994, 664829, 187333, 857134, 266817, 715613, 310936, 462880, 791855, 575039, 432675, 323450, 459383, 365577, 542228, 344200.

● **£5:** 656589, 761444, 204578, 345725, 174682, 194793, 388706, 495052, 430683, 209241, 361134, 135468, 178399, 272811, 587976,

994459, 490433, 576747, 439225, 114831, 311062, 534373, 630666, 785415, 307291, 429799, 237457, 649768, 878748, 951825, 155054, 818170, 665538, 369511, 213647, 812745, 161520, 906483, 948579, 587445, 850759, 919506, 748210, 843006, 744964, 801726, 771185, 268808, 258794, 319583, 754777, 559123, 701513, 133199, 207397, 652900, 370910, 260057, 391874, 533783.

The GEM cannot be held responsible for any errors or omissions contained in the above.

For lottery information please telephone 029 2067 2062.

What kind of dog will choose you?



We've got small ones, tall ones, cheeky ones and squeaky ones,



sporty ones, haughty ones, fluffy ones and scruffy ones.

Adopt with confidence

Prior to adoption, all of our cats will have been vet checked, microchipped, neutered* and vaccinated. We also provide four weeks' free insurance** giving invaluable peace of mind and reassurance.

T: 01656 724 396
E: bridgend@cats.org.uk
W: www.bridgend.cats.org.uk

Reg. Charity 265884 (England and Wales) and SC027111 (Scotland)

If you're looking for a lovely dog come to Dogs Trust Bridgend.

- 🐾 We've got lots of happy, healthy dogs
- 🐾 They've been neutered and micro-chipped
- 🐾 They're vaccinated and given a complete health-check
- 🐾 We'll give your dog four weeks' free insurance
- 🐾 You'll get free advice throughout your dog's life

To see all our dogs, visit our website, dogstrust.org.uk

EVERY DAY 12-4PM. CLOSED MON.

You can trust a dog from **Dogs Trust**

Registered Charity No. 207020 and 9024883

Feastival

28 | 29
SEPT / MEDI
2012

10-5

Bridgend
Town Centre
Canol Dref
Pen Y Bont

01656
786639

Expect the unexpected
Dylech ddisgwyl yr annisgwyl

- The Orange-utan and Cauliflower Forest
- Leek Lobbing
- Bridgend Egg Drop
- Spaghetti Bridge Building
- Punch and Judy Shows
- Local and Welsh Produce
- Market Stalls
- Cooking Demonstrations
- Curry-oke
- Live Music plus loads more...

- Orange-wtang
- Orenau mewn Coedwig
- Flodfresychen
- Tafu Cennin
- Cystadleuaeth Gollwng Wyau
- Adeiladu Pont Sbageti
- Sioe Pwns a Jwdi
- Cynnyrch Lleol
- ac o Gymru
- Stondinau Marchnad
- Arddangosiadau Ceginio
- Cyrry-oke
- Cerddoriaeth Fyw a llawer iawn mwy...



This is what
happened
last year!
Dyma beth
ddigwyddodd
y llynedd!

www.bridgendfeastival.com



Out and About with The GEM

WHAT'S ON

Park opens tonight

BELVEDERE PARK, opposite **Castleland Community Centre**, will be opened tonight (September 20), 4pm to 7pm.

Local residents are invited, and there will be music from Danny's Disco.

AM's surgeries

E L U N E D PARROTT, AM for South Wales Central, will be holding an advice surgery in Tesco Superstore, Terra Nova Way, Penarth, between 1pm and 2pm in September 21.

Residents who have any issues of concern are encouraged to come along - no appointment is necessary.

Silent auction

BARRY Choral Society will be holding a silent auction on Saturday, September 22 from 3pm-5pm at the Millennium Hall, Park Road.

Tickets priced at £4 (to include tea, coffee and refreshments) available from choir members, at the door and from Harmony Furnishings, High Street. Contact Beryl Weale on 01446 418695.

Flower arrangers

THE Penarth Flower Arrangement Club is having a demonstration evening, starting at 7.30pm on September 26.

The demonstrator is Mrs Elizabeth Graham,

from Machen, and her theme is 'Colours of Autumn'. It takes place at the Masonic Hall, Stanwell Road, Penarth.

For any enquiries, telephone Ann Dobbins on 029 2070 3605.

Clairvoyance

CADOXTON Christian Spiritualist Church, Kenilworth Road, is holding a special clairvoyant evening on September 26 with medium Berni Scott from Bristol at 7pm. Admission £3; proceeds in aid of church funds.

Creative writing

A NEW creative writing course will begin on September 26 at the Kymyn in Penarth. It will cover short story writing and poetry, with lively discussion and practical exercises in a friendly environment.

Contact Steve Hitchins on 07843 724207.

Waterfront exhibition

THERE will be a coffee morning and exhibition at Windsor Road United Church (opposite Mount Sorrel Hotel) Barry, 10 a.m. to 12 noon on Saturday, September 29.

There will be free refreshments and a chance to view the plans for the Waterfront Centre and garden, which will be near the old Focus site.

New reading group

THE Vale's first 'Shared Reading Group' meets in Barry's West Quay Medical Centre at lunchtime on

Hitchcock meets hilarity on stage in Penarth...



BETWEEN September 27-29, the **Paget Rooms** in Penarth stages the latest production by the **Concept Players**, **The 39 Steps**.

This humorous adaptation of the Alfred Hitchcock film based on John Buchan's spy thriller starring Robert Donat and Madeleine Carroll, centres round the exploits of Richard Hannay

as he fights to clear his name of a murder he did not commit and discover the secret of **The 39 Steps**.

What makes it an extra special farce is that all the parts, (and the play claims that these number over 100) are played by just four actors.

Tickets are available from the Concept Player's Box Office on 029 2049 0019 or via their website www.concept-players.com.

Thursdays (1pm-2.15pm) where local people come together in an informal setting to listen, read aloud and discuss literature.

Community outreach officer at the Vale Council, Andrea Griffiths, who has been trained as a shared reading facilitator, leads the meetings.

She can be contacted on 01446 725381.

Barry choir's anniversary concert

BARRY Male Voice Choir's 110th anniversary concert, featuring soprano Elenor Stowe, will be held at St Helen's Roman Catholic Church, Wyndham Street, Barry, on Friday,

September 28 at 7pm.

Tickets (£6) are available at the door, from choir members or by telephoning 01446 402398.

The programme includes operatic arias, stirring Welsh hymns, subtle harmonies and rousing choruses.

Scout jumble

THE 1st Dinas Powys Scout Group holds a jumble sale (1.30pm) on Saturday, September 29 at the Scout Hall, Highwalls

Road, Dinas Powys. Admission 50p.

Legion AGM

THE Bridgend Branch of the Royal British Legion holds its annual general meeting on Tuesday, October 9 at 7pm in the United Services Club.

Volunteers are needed for Poppy Week on October 26-November 10.

Please contact Andrew Reekie on 01656 6699 for more information.

OCEAN LOUNGE

★ PORKKERRY ★

WE ARE NOW OPEN:

THURSDAY, FRIDAY & SATURDAY NIGHTS & ALL DAY & NIGHT ON SUNDAY TILL 10.30PM

LIVE ENTERTAINMENT

Every Friday & Saturday Night + plus Bingo

Friday 21st September

CHARLEE DAWN

Great Female Vocalist

Saturday 22nd September

NIGEL DEE

Excellent Male Vocalist

Sunday 23rd September

BBQ & BEER

From 3pm, with Live Music On the Patio - Children's Entertainment from 2pm.

CHRISTMAS PARTY BOOKINGS NOW BEING TAKEN

Thursdays

CURRY & A PINT £5.95

Quiz from 8pm

Food served Thursday & Friday 7-9pm Saturday 12-3pm & 7pm-9pm

Traditional Sunday Lunch Served 12-3pm £6.95

CAR BOOT SALE

EVERY SUNDAY from 2pm

To find us - click directions@ www.firejoust.com

Tel. 01446 710362/711538

RYA DAY SKIPPERS THEORY COURSE

Need something to do in the Winter evenings?

Come to **BARRY YACHT CLUB**
Nr Jacksons Bay, Barry.

- Learn to navigate
- Plot your position on a chart

Starts Monday
24th September 1900 hours.
For details or to book please call
Ray Brown on
01446 737663 or 07780 762605

Co-Op winners

The winners of our recent competition, which gave readers the chance to win a L'Oreal gift set containing six fabulous must-have items for men and women, in conjunction with the newly-renovated Co-Operative pharmacy in Llantwit Major, were:

Katrina Hewitson, Barry; Carol Hollings, Cowbridge; Mrs N Cullen, Llantwit Major; Meryl Davies, Porthcawl; J Harding, Brackla; Cynthia Davies, St Athan; Chris Jones, Barry; Carol Ivory, Llantwit Major.

Congratulations to you all!

Look out for more great GEM competitions



AUTUMN IS HERE

"Jobs to do around the home"



Autumn is a time of natural beauty – and a time to prepare for the months ahead!

AUTUMN brings lots of changes and is a time for us to take stock of things around the home before the winter months set in.

There are a number of areas to be checked.

Here are just a few tasks to consider.

Check **external lighting** around the home to make sure paths are well lit to help prevent accidents.

Make sure boilers and heating systems are maintained ready for the winter.

Check cavity wall insulation and double glazing. A warm draught

proof home is important to keep you safe and in good health.

Clean paths – jet wash them to make sure they do not become slippery or hazardous.

Clean out **gutters** to allow free flow of rainwater.

Check your **roof** to make sure there are no loose or broken tiles.

Have the **chimneys** swept before lighting fires.

Make sure you have ordered **sufficient fuel**. Do not get caught out if winter arrives faster than you expect.

Trees and hedges may require cutting back.

Bulbs may need **planting** for the spring. Now that the children

are back in school perhaps it's time to **freshen the home**, with painting and decorating.

A good clean through might be a good idea, **carpets washed**, and a top-to-toe, late spring clean, because we never had a spring this year.

So don't waste any time – getting started as soon as possible means you're less likely to have problems in the winter!

RIGHT:
Autumn is upon us and is a time to enjoy the rusts and golds of nature as we head for winter.



Underfloor Heating?

Contact the Experts at

Heating & Plumbing Warehouse

Best Prices Guaranteed

Tel: 02920 461 964 or 07702 748 730

www.hpwarehouse.co.uk

Immaculate

- One Off or Regular Cleans
- Ironing Services available
- Pre and Post Tenant Cleans
- Fully Insured
- All staff CRB checked
- Call or email now for a free, No Obligation Quote

COMMERCIAL, DOMESTIC CLEANING & IRONING SERVICES

Covering Bridgend & The Vale

Call (Bridgend) 07999 257421



Email: immaculatecleaning@hotmail.co.uk
Web: www.immaculatecleaning.vpweb.co.uk

Clear Soot Chimney Sweep

Certified with the **'Guild of Master Sweeps'**

Efficient, reliable, no mess. Insurance certificates issued.

Tel. 07890 857238

HETAS registered installer
clearsootchimneysweep@gmail.com

WHO WANTS TO BUILD WHAT, AND WHERE?

Mr Ken Broad – 8 and 10, Lower Pyke Street, Barry – Erection of two dwellings following demolition of redundant church building.

Ladbroke Plc – 5, The Precinct, Llantwit Major – Proposed change of use from vacant A1 (retail) to A2 (betting office), together with alterations to the shopfront and advertisement consent for illuminated signage.

Ewenny Priory – Land off Abbey Road, Ewenny – The erection of five detached dwellings, access arrangements, landscaping and associated works as 'enabling development' to facilitate the restoration of Ewenny Priory.

Miss Eleanor Wells – 34 Borough Avenue, Barry – Garage, garden room

and outside store.

Mr and Mrs McQuaid – The Pheasant House and Dovecote, Nash Manor, Cowbridge – Demolish existing conservatory linking the Pheasant House and the Dovecote. Construct new enlarged conservatory on broadly the same footprint.

Mrs Kate Williams – 23 Windsor Road, Barry – Single storey extension to rear side of existing building.

Mr and Mrs Tom Evans – 2 Croftia, Dinas Powys – Alterations to existing property comprising two storey extension to side and single storey extension to front.

Existing garage converted to living accommodation. Mr Joseph Cordina – Dukes Farm, Gower Lane, Leckwith – This

application is for the change of use of land from dog racing tracks to grassland; and change of use of a building from keeping and training dogs to stables for keeping horses that are owned by the applicant. The stables are for private, rather than business, use.

Mr Alec Paterson – 26 Birch Lane, The Paddocks, Penarth – Proposed two storey side extension, new crossover, garage conversion and single storey rear kitchen extension.

Mrs Jani Bosma – 128 Fontygary Road, Rhose – New roof over existing bungalow providing a new master bedroom with en-suite and walk-in wardrobe, study and family bathroom.

Mr Darren Massey – 137

Stanwell Road, Penarth

– Demolish existing garage of 20m² and build a new unit to house small gym at 12m². Mr and Mrs C. Williams – The Three Tuns, St Nicholas – Erect proprietary timber garden room to rear of property. Warren Mill Farm Park – Warren Mill Farm Park, Pendoylan – Conversion of the Old Mill to bunkroom accommodation (up to six persons) with living room/dining room, kitchen, bathroom and bunkhouse.

Timberaway
Garden and Tree Services
(NPTC)
Qualified Tree Surgeon
Fully Insured
All types of garden and tree work undertaken.
Competitive prices which include Waste removal
Martin Robson awaits your call!
01446 402848
07739 389578

HYDROS HEATING & PLUMBING
OIL FIRED HEATING SPECIALIST
Domestic & Light Commercial
Mob: 07925 192395
info@hydrosheating.co.uk www.hydrosheating.co.uk

- Oil Fired Heating Appliances Specialist
- Service to Rural Customers
- Repairs
- Servicing
- Maintenance
- Emergency Call Out
- Commissioning
- Landlord Certificates

D.B. FRANCIS Ltd
GAS MAINTENANCE & GAS SERVICE ENGINEERS
www.dbfrancis.co.uk

DAVID B. FRANCIS
All Gas and Oil Appliances Serviced
Gas and Oil Central Heating Installation
Boiler Up-grades
Heating Controls Up-dated
Individually designed systems to customers specification
Twelve months guarantee
Good after-sales service and maintenance

FREEPHONE 0800 298 1045
Unit 21c Vale Business Park, Llandow, CF71 7PF
Tel: 01446 771112 Fax: 01446 771175

Dinas Windows Ltd

Love your home this Autumn . . .
Make your home secure and warm!

New quality windows and doors including composite doors and bi-fold doors, conservatories, porches, fascias, soffits and guttering.
Professional fitters and repair work to windows and doors.

FENSA Registered Company

Call now for a free, no obligation quotation
01446 749055 Freephone 0800 0260587

Unit 16, Ty-Verlon Industrial Estate
Cardiff Road, Barry. CF63 2BE
www.dinaswindows.co.uk

SOUTH WALES' LEADING INDUSTRIAL DOOR MANUFACTURERS

actiondoors.com

GARAGE DOOR SPECIALISTS

01656 659274
01446 439214

GARADOR
THE GARAGE DOOR PEOPLE

DRAGON
THE GARAGE DOOR PEOPLE

WILLIAMS & EVANS
MENSWEAR SPECIALISTS
Pleased to supply
Bridgend Male Choir
2-4 Queen Street, BRIDGEND
☎ 01656 652072
www.williamsandevans.co.uk

Established 40 years



JENKINS GOULD PARTNERSHIP
Architects and Building Surveyors
Tony Jenkins B.Arch, RIBA
John Gould FRICS

We are pleased to support
the Bridgend Male Choir
Union Offices, Quarella Road, Bridgend CF31 1JW
T: 01656 655822 F: 01656 767821
E: jenkinsgould@talktalkbusiness.net



Old White Hart

Cask Marque accredited
and award-winning Traditional Real Ales

THAI CUISINE

Served Tuesday-Sunday 12 noon - 8pm
Weekends are **MUSIC NIGHTS** with
KARAOKE Fridays, **DISCO** Saturdays,
LIVE ENTERTAINMENT Sundays (4-7pm)

Please phone for more details
Tel: 01446 790132
Wine Street, LLANTWIT MAJOR
www.old-white-hart.co.uk

Kingfisher Developments (Wales) Ltd



Developers & Building Contractors
of Llantwit Major, Vale of Glamorgan

- New build & refurbishment work undertaken
- Experienced design & build contractors
- Contractors to Cardiff & Vale NHS Trust
- Housing Associations & Local Authorities

Tel: 01446 795161 Fax: 01446 795133
Mobile: 07976 641954 or 07976 641968

"Kingfisher are pleased to support
Bridgend Male Choir."

www.porters-uk.com

PORTERS
YOUR ESTATE AGENTS

"PORTERS selling in The Vale - Now"
SALES GUARANTEE

- ✓ VIEWINGS - Daytime, Evenings & Weekends including Sunday
- ✓ VALUATIONS - Daytime, Evenings & Weekends including Sunday
- ✓ ACCOMPANIED - Sales Viewings every time including weekends
- ✓ "8 Web Sites channelling purchasers to your door"

(Sunday viewings at reasonable times)



Ogmore by Sea



St Brides Major



Southerndown

"Proud to be associated with Bridgend Male Choir"
Call us on 01656 766666

Property 44th Avenue

rightmove

www.porters-uk.com

globrisa.com

Porters Ltd T/A PORTERS, Company No 4957288
Registered office: 38-40 Nollon Street, Bridgend, CF31 3BN

Introducing . . .



New musical director
Rhiannon Williams-Hale.



Organist Scott Williams.



Principal accompanist
Laura Smith.



Second accompanist
Stephanie Bailey.



Bridgend Male Choir could be the hobby you have been looking for!

THE Bridgend Male Choir is an ambitious choir known for its high-quality concert performances.

Having gone through the trauma of the death of our well respected musical director John Jenkins early this year, as well as the passing of several choristers in recent times, the choir is determined to embark on a phase of redevelopment.

We have already appointed our new musical director, Rhiannon Williams-Hale. The next essential step is a recruitment campaign to attract new members.

It is important to say that new choristers do not have to be experienced, although that would be an advantage. As has been seen on several recent TV programmes, absolute beginners can develop into competent choristers given commitment and the right support.

The musical team at Bridgend Male Choir is second to none. Rhiannon Williams-Hale has a

wealth of experience in all aspects of choral singing and direction. Laura Smith, our principal accompanist, regularly wins plaudits for her mastery of the piano. She is ably assisted by Stephanie Bailey, our second accompanist, who also serves as deputy musical director. Finally, we have Scott Williams, organist, who accompanies the choir in many concerts.

The choir's repertoire is generally typical of Welsh male choirs, but is noted for its range and variety. As part of the development of the choir, we will be seeking to introduce new and exciting pieces which may appeal to younger singers and audiences.

In a normal year, the choir will sing at around 25 to 30 engagements, including weddings and full-blown concerts. Our plans for the future will include concerts around the UK and abroad. Currently in the pipeline are potential visits to Cornwall, Ulster, Spain and the Netherlands. We also aim to produce a new CD in the not too distant future.

What could you get out of the choir?

Companionship and comradeship with a group of like-minded individuals; the 'feel good factor' that comes from singing in a group, and singing well; the benefit of the exercise from singing; subsidised tours with the choir.

What would you have to put into the choir? Regular attendance at weekly rehearsals on Thursday evenings; regular attendance at choir engagements; commitment to learning the choir repertoire; annual membership subscriptions, currently £60, or little more than £1 a week; supporting choir fundraising, such as annual lunch and prize draws.

Have you been inspired by the Olympic spirit? Do you fancy joining a synchronised singing team? To enjoy the singing and the ready companionship that the choir has to offer is a wonderful thing and the only way to find out is to give it a whirl. If you are interested, come along to one of our open evenings and have a taster: September 27th and October 4th at 6.30pm in the OCLP Club, Bryntirion, Bridgend.



ANNUAL CONCERT

Friday, 21st September - 7pm at St Mary's Catholic Church, Bridgend.
To include "Tribute to John Jenkins" soloist to be 2012 Russell Sheppard Vocal Scholarship winner, Elinor Rolfe Johnson (soprano); piano duet, Laura and Stephanie; Organ solo, Scott Williams. Full Music Team.
All proceeds to choir funds. Ticket by programme from secretary.
£8 (all pay) Ticket includes raffle.

CONCERTS

- **Sunday, 28th October** - Memorial Concert to the late John Jenkins at Brangwyn Hall.
- **Friday, 2nd November, 7pm** - Concert at St Bridget's Church, St Brides Major supporting church maintenance costs.
- **Sunday, 11th November, 10.30am** - Participation at Remembrance Service at Cenotaph, Bridgend.
- **Friday, 7th December, 7pm** - Concert at St Mary's Catholic Church, Bridgend.
- **Friday, 18th January, 2013, 7.30pm** - Concert at Ewenny Priory Church in aid of Macmillan Cancer Support.
- **Friday, 2nd February, 2013** - Concert at Sony Theatre, Bridgend College, Cowbridge Road, Bridgend.
- **Friday, 15th February, 2013** - Majestic Male Voice Choir Festival, Riviera International Centre, Torquay.
- **Friday, 1st March, 2013** - Cwlwm Celtaidd - pan Celtic Festival, Grand Pavilion, Porthcawl.

CHORISTERS WANTED...

THURSDAY - 6.30pm
OPEN EVENINGS
27th SEPTEMBER
& 4th OCTOBER

Ogmore Constituency
Labour Party Social Club
Bryntirion, Bridgend
CF31 4EA

Go on, give it a whirl!

Contact: Gareth Reese
Tel. 01656 862 037
Mob. 07773 170 373

Email: reeseegj@gmail.com

So much fun for just over £1 per week!



Follow us on Facebook - Check out our website **www.bridgendchoir.co.uk**



BARRY *Comprehensive* SCHOOL



The school's annual Presentation Evening is a huge celebration of success and local celebrities are always keen to support



Young scientists develop their investigation skills early in an exciting skills based curriculum



Learning should always go beyond the classroom and we are proud of the range of opportunities open to all our students

**Head Teacher
Gerard McNamara**
and his staff invite you to
the annual

OPEN EVENING

**Thursday
27 September
2012 from 7pm – 9pm**

Our motto of "Opportunity to Succeed" is clearly evident in so many different ways.

Academic success and the continuous raising of standards is at the forefront of the school's development. A Level and GCSE success at the highest level was evident again this year. At GCSE, 73% of students gained 5 or more A* - C with many achieving good grades in Maths and English. Mixed provision at sixth form and selected classes at KS4 leads to significant choice for our learners.

Support for students to achieve their full potential is in place from the first day they arrive at school and the opportunities available outside the classroom are numerous.

The school's International School Award from the British Council, and recent visits to Ghana and Sri Lanka, reflects how strong our links are globally and we are also proud to be an integral part of the local community. Every learner who joins us should aspire to involve himself in all aspects of school life as the opportunities for students are wide and varied.

Please take some time to look at our website at www.barrycomp.com, but nothing beats a visit so please join us on the 27th September. We are also happy for you to make an appointment to come and meet us.



Learners enjoy a huge range of classes from the traditional classroom subjects to more hands-on courses



Students take their civic responsibilities seriously, gardening at Barry Hospital and carrying out beach clean-ups



Students connect with national and international events by supporting charities like 'Children In Need' and 'Help Lanka'



Telephone: 01446 411411

Download the prospectus and keep up to date with BCS news by visiting **www.barrycomp.com**





HOLDSWORTH
SPECIALIST IN CATERING

Supplier of chilled, frozen & ambient foods to Caterers

Please call our Wales office on 01873 811333 to discuss how our service could assist your business

www.holdsworth-foods.co.uk

Head Office: The Mill, Manchester Road, Tideswell, Derbyshire. S617 8LN



PositiveEnergy
MultiFuel & Woodburning Stoves

- Kiln Dried Logs. 1 cubic metre £85 Free Delivery.
- Kiln Dried Logs. £5.50 Handy Bag.
- Kindling £4.50 Handy Bag.

COME AND SEE OUR SHOW ROOM
01656 720969 Supporting Basils

Monday - Friday 9am - 5pm; Saturday 10am - 4pm

SPIROS
FINE WINE MERCHANTS

SUPPLYING FINE WINES TO THE BEST ESTABLISHMENTS.

The considered choice for those who want exclusive wines chosen by experts and delivered to their door.

01443 406080
www.spirosfinewines.co.uk

COWBRIDGE COMPOST RECYCLING CENTRE

Pleased to recycle all of Basil's Food Waste

Cowbridge Compost
Llwynhellig, Cowbridge, Vale of Glamorgan. CF71 7FF

Email us on info@cowbridgecompost.com
www.cowbridgecompost.com



For all your family functions:

- Weddings
- Corporate
- House Parties

Designed menus to reflect all tastes and budgets.

Contact...
Basil's Event Catering Ltd.
01446 771600



BASIL'S IS BACK AND LOOKING ITS BEST

WHEN it comes to dining out, one of the best-known names in the Vale of Glamorgan is Basil's of Cowbridge – and this popular restaurant is back, looking its best and with everything needed for a fine lunch or evening meal.

The new owners, Tracy Bell and Mark Griffiths, have been in place since March, working on recapturing the 'Basil's' ambience – something fondly remembered by so many local people.

Colour and light are at the heart of the new look, with paintings by a Cowbridge artist, Sue Fish, adorning the walls, combining with the decor to give the interior a Mediterranean feel.

The menu has been designed to enhance that feeling, with sardines, mussels, and king prawns all featuring as starters, while fish, lamb, chicken and steak are all regular main courses, with the accent on continental sauces.

The fresh fillet of sea bass, for instance, is served on a bed of courgettes, aubergines, mixed peppers and an Italian tomato sauce, with a choice of potato, which conjures up a quayside restaurant in Viareggio pretty effectively!

Mark and Tracy have plans for the upstairs area of Basil's, which is being converted into a function room (to take up to 50 people) and a 'chill out' area.

Mark said: "The idea is that people can relax before a meal and have a leisurely drink upstairs, or go upstairs after their meal and enjoy the rest of the evening."

They plan to officially open the upstairs area in time for the Cowbridge Festival of Food and Drink, which is the last weekend in October.

Something Mark and Tracy believe strongly in is community involvement, and the restaurant will open on Friday morning (September 28, 9.30am-11.30am) to host the 'Macmillan Eastgate Coffee Morning'.

Tracy said: "We will be serving a selection of hot and cold drinks with delicious home-made cakes and pastries, and we see it as a chance to get to know our neighbours."

"There will be an optional donation to the charity, and a raffle, with some great prizes, including a three-course dinner for two at Basil's, and cut and finish at Fich and Ramous."

Another special event is being staged the same day – a 'Soul to Sole Night' featuring local singer Lauren Jade England. (Call 01446 771600 for details).

The theme of community involvement was well illustrated recently when Basil's won the 'best commercial premises' category in Cowbridge in Bloom.

Tracy said: "That was a surprise, because we were not aware of the competition – we just wanted it to look good!"

Basil's is looking forward to the run-up to Christmas, and will be offering two-course Christmas lunches at £10.95, and a menu for festive parties.

They will also be open on Christmas Day (£49.95) and on New Year's Eve (£30 for a three-course meal and entertainment).

They will also, of course, be open for business on Reindeer Parade Day (Sunday, November 25) and during The Cowbridge Food Festival.

For anyone in the Vale or beyond who is looking to dine out in a relaxed and stimulating ambience, Basil's is definitely very much on the map.



NOTES FOR YOUR DIARY...

- 28th September, 9.30am - 11.30am - MacMillan 'Eastgate' Coffee Morning
- 28th September Soul 2 Soul Night - Eat, drink and be merry. Tickets £5 redeemable off final bill. 6pm for dinner - music starts 9pm.
- 11th October - Sue Fish 'Art Evening' - £10
- 2 Course Christmas Lunch - £10.95
- Festive Party Menus
- Christmas Day Lunch - £49.95
- New Years Eve £30
- 3 Course Meal plus entertainment
- Function Room
- COMING SOON...
- Cowbridge Comprehensive School 'Pupils Day'



Basil's of Cowbridge, 2 Eastgate, Cowbridge CF71 7DG
Telephone 01446 771600 www.basilsofcowbridge.com

VALE-BASED CHARITY PLANS ITS BIGGEST CAMPAIGN YET!

Report by PHILIP IRWIN

IT is nine years since Cowbridge resident Ray Murray was told by his surgeon that there was a new laser machine available that could make operations on men with an enlarged prostate much, much easier.

The consultant in urology at the Princess of Wales Hospital, Andy Thomas, explained that a Green Light Laser machine could vaporise tissue in an enlarged prostate, and could do so without any of the complications that could arise when a patient had conventional surgery.

The cost of the machine was £140,000, so Ray discussed it with his wife Lyn, the headteacher at Pendoylan Primary, and together with Andy Thomas, they formed the charity GLAZE.

Ray said: "We were fortunate that the then Mayor of Bridgend County Borough, Coun Doug John, made it his mayoral charity that year.

"It raised the profile and it helped with the fundraising efforts."

The GEM was there when the charity was launched, in December 2003, and the fundraising team proved very professional.

Before the year 2004 was out, Andy Thomas had that laser machine, and has since performed 1,100 operations using the machine.

Ray said that he thought the campaign had forced a rethink in the NHS trust, and in the end, the hospital had found some funding and had paid a share of the cost.

Since then, GLAZE has continued to fundraise to help with running costs, and the Princess of Wales has become a centre for teaching the use of the green light laser.

Surgeons come from all over the UK, and from Europe and the sub-Continent, to be trained by Andy Thomas. Apart from Bridgend, the only other green light laser teaching hospitals in Europe are the Royal Marsden and Madrid.

In fact, Andy Thomas has recently been appointed to head an international trial, comparing the outcome of the treatment to the more conventional TUPE surgical option, and he is now working with American and Swiss surgeons on that trial.

Ray said: "There is now a second machine at the Princess of Wales, specifically for the trial, and we are hoping to hang on to it when the trial is finished."

In 2009, GLAZE expanded into a new area, launching a prostate cancer awareness campaign, with a website, www.whatsyourpsa.com

This particular campaign seeks to remind men that, once they are over 50, they are entitled to a PSA test, which could pick up early signs of prostate cancer.

They soon had help from an unexpected quarter. Ray explained: "The Welsh Rugby Union



LEFT: Ray Murray (right) with Prostate Cymru supporter Dai Jones and the charity's robot mascot!

offered to help and the Welsh team were photographed with a banner containing the web address, and the number of hits went through the roof.

"We had been running at about 200 a day, but in the four days after the WRU helped us, we had 20,000 hits!"

Now, Ray Murray has expanded into a new area - a campaign to bring a high technology robotic surgery treatment to Wales, under the banner of 'Prostate Cymru'.

He can quote the example of men like Dai John of Caerwent, who says it is time that robotic surgery, which is widely available in England, is offered on the NHS in Wales.

Prostate Cymru has launched its Operation Robot campaign to raise £1.7m to fund the establishment of Wales's first specialist Robotic Urological Surgery facility.

At the moment, Welsh men who want robotic surgery, which is less invasive than a conventional operation, have to pay an average of £15,000 for private treatment at hospitals in England or abroad. Prostate Cymru condemns the situation as "grossly unfair".

Mr John, 56, was diagnosed with prostate cancer in June 2011 and was given treatment options of radiotherapy, brachytherapy or surgery.

He said: "I read up about all options and decided I wanted robotic keyhole surgery because I was convinced that it offered me a better experience, with the least potential after effects."

"However, I was told there was no such facility in Wales and I was very unlikely to get the operation funded by the Welsh NHS."

"So, I arranged a consultation with a specialist in Bristol and I had the operation privately, in an

NHS hospital with NHS equipment. It cost me more than £13,000.

"The operation went fine and I was home the next day. My outcome has been fantastic, with no significant after effects."

"If I had lived six miles further east - over the border in England - the same procedure with the same surgeon would have been free!"

It means, ironically, that Welsh men who go private are contributing to the running costs of the NHS in England!

Prostate Cymru chairman Ray Murray said: "Every year hundreds of men in Wales are told they have prostate cancer, and in many cases, they'll require surgery."

"Robotic urological surgery is now routine in many countries. And although it doesn't guarantee a better outcome in the long-term, it offers a number of benefits to patients."

"It's minimally invasive and so causes less trauma,

ma, requires shorter hospital stays, and there's less risk of complications such as impotence and incontinence.

"The situation in Wales is grossly unfair. That's why Prostate Cymru has launched Operation Robot - to help bring the American-developed Da Vinci Robotic Laparoscopic System to Wales."

"We all know that public money is very tight, so Prostate Cymru wants to help raise the funds for our first Welsh robot via our Operation Robot campaign."

"It's expensive, and so as a first step we need to raise awareness and get public backing. There are dozens of these machines in England."

"Surely we can bring one to Wales."

Mr Murray said that the Welsh Da Vinci robot wouldn't only be used for prostate surgery. It will also be available for other surgery for men and women.

He added: "Robotically assisted surgery is the future for medical treatments and Operation Robot needs the support of the public, if we are going to bring this surgery to Wales."

"Operation Robot aims to gain supporters who will hold fund-raising events throughout Wales, and we accept donations from well-wishers."

The campaign has already attracted support from the Vale MP, Alun Cairns, who said: "Men everywhere deserve quality prostate cancer care, and I will do all I can to ensure this is possible for us in Wales."

"It's important that the Welsh Government work closely with their colleagues in England to develop, implement and invest in prostate care in Wales, so that patients here can get the best care and support."

"I'd urge everyone to support Prostate Cymru and its campaign Operation Robot - to help bring the American-developed Da Vinci Robotic Laparoscopic System to Wales."

You can find out more at: www.operationrobot.com

NEW HEADTEACHER

CONGRATULATIONS to Mr Steve Williams on becoming the new headteacher of Llangan Primary School.

He, of course, is already very well known and popular, having been at the school for some time working with Mrs Mary Noyes.

Events that have taken place in the autumn term include September 10-14, peripatetic music lessons; September 12, years 5 and 6 played the Cardiff Blues;

September 15, successful picnic at the school's playing field, when children's entertainment included a treasure hunt, face painting and tattoos. Music was provided by the popular group, 'The Rossers';

September 25, Father Edmund from St Cadoc's RC church will visit the school; September 27, a beach football competition will take place on Barry beach; September 28, 'World at Play', working with CS 2 children.

CLUB MEETINGS

YOUNG at Heart meetings should have resumed on September 13, but due to necessary work being carried out, this was not possible.

Harvest festival

ST MARY HILL Church was very well attended for the harvest festival service on Sunday, September 16.

Once again, it was an opportunity to meet up with friends and neighbours. Following the service, many in the congregation travelled the short distance to the village hall to enjoy the harvest supper.

I am sure everyone at this annual supper will join me in our thanks to Mary and Gareth Lloyd, and everyone involved in this annual event.

REMINDER

ST CANNA'S Church, Llangan, will celebrate harvest festival on Sunday, September 23, at



COMMUNITY NEWS

TREOES, LLANGAN & ST MARY HILL
Your local correspondent is
Nancy Davidge, "Tynewydd",
Llangan. (01656) 860303

11.15am - everyone will be welcome.

St Canna's Vestry
SEPTEMBER 26, village link mountaineering from Bettws-y-Coed to Chamonix.

September 27, coffee morning, 10.30-12am.
October 3, wine club, 7.30pm (members only).

October 6, autumn fayre. If you can help in any way, such as bric-a-brac stall, unwanted gifts, toys, books, etc; please deposit any saleable items at 'Preswylfa', Llangan. Leave items in the porch!

Telephone 01446 861362 for help with deliveries.

PIPS' COURSE

POSITIVE Image Photographic Society's season continued with the first night of a beginners' course into understanding 'elements', a method in Photoshop of manipulating photographs.

Ten new members worked with Guy (our guru), by producing improvements in the images, before a welcome break for tea and biscuits.

They then returned to

the task of learning the digital way to improve their photography.

This Thursday, September 20, the club will welcome Jennifer Cox from Cardiff, who will be showing some of her stunning photographs. An evening not to be missed.

PIPS meet at St Baruc's Church Hall on Barry Island on Thursdays at 7.30pm. Telephone 01446 408483. BB

FREE LINT ROLLER

With any stickered 1.5kg-2kg bag of cat food from the feline ranges*

plus FOUR SPARE ROLLS

Available at your local pet food stockist:

PETS 'R' US

and GROOMERS

1a REGENT STREET, BARRY, CF62 8DS
Tel. 01446 722 228

Proud stockist of

Tailored nutrition for your cat for less than a second class stamp!*

For more information about the Royal Canin range of products please call us on: 0845 300 5011 or visit:

royalcanin.co.uk

Local cyclists complete their 200-mile ride

SIX cyclists from Llantwit Major completed their personal challenge by cycling 200 miles from London to Llantwit Major last weekend.

Dai Coleman, Rob Thompson, Jason Marley, Sian David, Louise Moffat and Lucy Thomas took part in the first ever Team Tudor event, and so far have raised £800 for Macmillan Cancer Support.

The group completed the ride within three days and arrived safely back at the Tudor Tavern, Llantwit Major on Sunday, September 16.

Macmillan supporter and cyclist Dai Coleman said: "It has been a great opportunity for us all to give something back to the charity who help so many people."

If you would like to help support their mammoth challenge, you can still sponsor the group at <http://www.justgiving.com/Louise-Moffat>.

Rebecca Parke, fundraising manager for Macmillan Cancer Support, said: "A massive well done from all of us at Macmillan Cancer Support for Team Tudor's fantastic

efforts with this huge challenge.

"It's thanks to everyone who takes part in events like these that we are able to continue to support those local people who are affected by cancer."

In Wales there are currently 120,000 living with cancer, and one in three people will be diagnosed with cancer during their lifetime.

Macmillan Cancer Support provides practical, medical, emotional and financial support and pushes for better cancer care.

All of the services are provided free, and are funded entirely through the generosity of supporters.

For more information on fundraising for Macmillan Cancer Support, contact the team on 0300 1000 200 or email southeast.wales@macmillan.org.uk

From blazing wreck to a handful of ash!



ABOVE: The 1984 Honda Scooter is engulfed in flames (left) but left little in the way of debris (right) IMAGES by BILL HENDERSON

A 1984 Honda Scooter which caught fire on Sunday, September 9, at New Barn just outside St Athan, left little more than some charred ash and a few pieces of metal.

The photographs were taken by GEM reader Bill Henderson who lives in St Athan.

Last week Bill sent in the image of the blazing scooter, commenting: "The incident

took place at approximately 3pm. We were about to drive down to the beach when we saw the smoke up the road and decided to have a look.

"A few cars had stopped, and there were people on vintage bikes – so maybe it was an outing.

"The owner of the scooter escaped unharmed, but the scooter was completely destroyed. He told me it was a 1984 Honda Scooter.

"He'd pulled up at the junction and it had just caught fire."

The next day Bill returned to the scene of the unexpected blaze, and took the second image of the aftermath showing ash and some pieces of metal.

He said: "There was debris still there, but not much because the scooter was made of plastic and had a tubular frame."

Vale mayors and local councillors gather for a civic service

MAYORS and councillors from across the Vale joined residents at Dinas Powys Community Council's civic service, which marked the year in office of Coun Val Hartrey.

Officiating were Rev Huw

Rhydderch, The Rev Christopher Seaton and Rev Elfed Jones. The organist was Margaret James.

The Mayor of the Vale Council, Coun Eric Hacker, was present, along with Coun Gwyn John, of Llantwit Major, representing the Vale Council cabinet.

Rebekah West, who was runner-up in the Young

Singer of the year organised by Music in the Vale, sang at the service.

The hymns were 'Calon Lan,' the words of which were written in the 19th century by Daniel James to a tune by John Hughes, and 'The day thou gavest Lord, is ended' by John Ellerton. Coun Hartrey read the lesson.

Big Screen is back!

ABOUT nine years ago, Phil Chappell of Creative Rural Communities approached a group of volunteers from Cowbridge with the idea of setting up a travelling cinema that would show films in the town and the villages of the Vale.

European funds were available via the Vale Council for buying equipment.

After some training and publicity, the show was on the road – Big Screen had arrived.

But within a couple of years, the villages seemed to lose interest in the project and attendances began to fall away.

Nonetheless, the idea of a community cinema in the Vale was still a good one. What was needed was a better venue in a central place accessible to all. Cowbridge's Town Hall was the place to be.

For the last eight years, once a month from autumn to spring, Big Screen has shown films to well over 5,000 people.

They loved the idea of being able to walk or drive to their local cinema, to meet friends and to lose themselves in the dark of the town hall as Dame Judi transported them to Florence, or

George Clooney to downtown Chicago, or Meryl swept them out to a Greek island to the tunes of Abba.

There were even 'technical hitches' when the lights go up and the crew rush to fix the projector!

Their ninth season starts soon with films from India, Britain and America.

The first – to be shown on September 27 – is the acclaimed *The Best Exotic Marigold Hotel* with so many 'names', there's barely room on the billboard – but look out for Dame Judi and Maggie Smith.

On October 22, Meryl Streep and Tommy Lee Jones star in *Hope Springs*, allegedly a comedy, but with a serious undertone.

With the weirdest of titles, *Salmon Fishing in the Yemen*, with Ewan McGregor and Emily Blunt, is a warm-hearted rom-com about attempts to bring fly fishing to the desert.

Big Screen presents the evergreen *White Christmas* – with Bing Crosby, Danny Kaye and Rosemary Clooney, on December 9.

Tickets £4 in advance from the Town Clerk's office in the Town Hall, or on the door. All performances start at 7.30pm.

OPEN 6 DAYS A WEEK, EXCEPT BRIDGEND WHICH IS OPEN 7 DAYS A WEEK • WHEEL ALIGNMENT SPECIALISTS

CELTIC TYRES

THE NUMBER 1 FOR TYRES IN SOUTH WALES

GOOD
Sava
Budget Range Tyres
Premium Budget
155/70TR13 £34.50
165/70TR13 £37.50
175/70TR14 £43.00
175/65TR14 £42.00
Please phone if your tyre size is not listed.

BETTER
Hankook Firestone
Mid Range Tyres
Hankook
195/50R15 K110 £53.17
195/40R15 K110 £57.40
205/50R16 XL £68.50
205/40R17 K118 £89.00
Firestone
195/50R15 T2000 £54.50
195/40R15 T2000 £60.95
205/50R16 T2000 £66.50
205/40R17 S294 £90.00
Please phone if your tyre size is not listed.

BEST
Goodyear
Top Brand Tyres
Goodyear
195/50R15 Efficient £59.50
195/40R15 Efficient £59.90
195/50R15 Efficient £63.50
195/40R15 Efficient £67.95
205/50R16 Efficient £72.50
205/40R16 Efficient £79.00
215/50R16 Efficient £109.50
225/40R17 Efficient £99.90
225/40R17 Efficient £110.00
225/40R18 Efficient £117.40
205/50R17 NCT5 £125.00
245/40R18 RunOnFlat £216.00
Please phone if your tyre size is not listed.

Goodyear EfficientGrip

More fuel efficiency
Fewer fuel stops*

*Compared to the average performance of all leading competitor tyres in this segment. Tested by TÜV SÜD Automotive in March 2012. Tyre Size: 205/50R16, Car: Vauxhall Insignia 1.6i 130hp. Tyres are responsible for an average of 20% of a car's fuel consumption. A 1.1% tyre related fuel consumption reduction results in a save of fuel economy of 1.9%.

EXHAUSTS**
Middle/Rear
Fiesta 1.2S, 95-99
XFE 529
XFE 530 £70.40
Rover 25 1.1, 1.4, 98 on
XPR 312
XPR 253 £76.00
Mini 1.0, 92-95
XDN 360
XDN 361 £73.30

BRAKES**
Examples:
Corsa 1.0, 1.2, 93-00
PAD 702 £35.80
Clio 1.2, 1.4, 91-04
PAD 885 £34.00
Escort 1.4, 1.6, 95-98
PAD 1139 £38.80

BATTERIES
3 Year Warranty
from only
£42.87
(UK REG)

Prices are for single tyres - Multibuy deals are available - Phone us first!

All prices include VAT balance, valve, fitting and casing disposal

CELTIC TYRES

BRIDGEND**
Bridgend Industrial Estate
01656 657424

CARDIFF
Brindley Road, off Penarth Road
029 20 221201

**Exhausts, Brakes and MOT's only available at our Bridgend store.

www.celtictyres.co.uk

TYRES EXHAUSTS** BATTERIES BRAKES** SUSPENSION MOT** NITROGEN INFLATION



LOCAL STUDENTS EXPERIENCE A DIFFERENT WORLD ON THE SUMMER BREAK OF A LIFETIME

BARRY Comprehensive School has been continuing to develop its links with Sri Lanka and the charity 'Help Lanka'.

In July, sixth form students Emily Linton, Natalia Davies, Elliot Clissold, Daniel Saunders, Jamie Callis, Matthew Williams, Joshua Albertides and Jacques Sloman along with teachers Miss Walters, Mr Bourton and Miss Bagshaw, departed for a working educational trip of a lifetime.

Rather than spending two weeks on the beach, the group worked in local orphanages and schools.

Each sixth former was responsible for teaching a variety of classes every morning in the Ihalayogoda School. The Sri Lankan teaching staff were very welcoming, and keen for our students to share their knowledge and enhance the conversational skills of the local pupils.

The students' skills were put to work within an hour of arriving at the school!

The children were all enthusiastic and responded well to the lessons that the sixth form students had prepared. Every day was a new challenge, as sometimes they were asked to teach a new class with only five minutes' notice, but they responded like true professionals.

A typical day started with a 6am singing alarm clock in the form of Mr Bourton! After travelling to the school,

the students were in front of a class by 7.30am.

They went from class to class and were on duty at break times playing sports with the pupils. Following a break for lunch, the team travelled to other schools and orphanages where the focus was on craft, art and sporting activities.

These venues provide support for deaf, dumb, blind and orphaned children, and adults with learning difficulties. Once back at the charity house where they all stayed, the students' work started again with planning for the next day's activities and teaching.

The trip was a very rewarding and emotional experience for everyone. Since returning, the students have continued to support the children they met with donations of clothes, money and letters to maintain the important links that have been established over a number of years.

It is very humbling that the Etiawela school children remembered the sixth form students from July 2011 and all that they had contributed to their learning. The school is already planning next year's trip!

Everyone involved in the trip would like to thank all the pupils, parents, family and staff at Barry Comprehensive School who donated money, time and equipment to support the Sri Lankan children, the schools and orphanages.

AC



ABOVE: Pupils of Sivaraja School showing off their painted faces.



ABOVE: Matthew and Joshua showing Grade 10 pupils how to launch plastic bottle rockets.



A farewell group photo of Natalia with Grade 10 girls.



ABOVE: Daniel designing flags with a Grade 3 class.

Farm's festival 'was a great success', says AM



Jane Hutt AM, Lorraine Browne and Matthew at the Amelia Trust Farm harvest festival.

VALE AM Jane Hutt has labelled the recent Amelia Trust Farm weekend harvest festival a 'great success' after attending the event.

Crowds poured in over the weekend to enjoy the animals, gardens, walks and stalls.

The weekend provides an important fundraising opportunity for the charitable work of the trust, as

well as opening up the farm for all to enjoy.

Ms Hutt joined the festivities, congratulating the director and Deacon Lorraine Browne on the organisation of the event and meeting Matthew, who is one of the young people who has benefited from Amelia Trust Farm and is now studying at Pencoed College.



Christ College goes from strength to strength!

an overall A*-E pass rate of 99.5%.

Pupils achieved the sought after A* grade at A2 level in a range of subjects from Economics and Religious Studies to Maths and Science.

These results formed the basis for pupils' successes in gaining places on a range of prestigious courses, from Chemistry at Oxford to Philosophy at Durham and from Medicine at Cardiff to Veterinary Science at Bristol.

The school has added to its already rich offering for the new academic year, including the introduction of Psychology and Travel and Tourism at A level and the added offer of a Mandarin activity for all ages. A new system of personal tutoring in the Sixth Form has also been introduced to ensure every pupil is mentored and guided through those crucial final two years as they face the challenging terrain of university applications and decisions about their future.

Christ College recently unveiled a multi-million pound investment programme to celebrate its 475th Anniversary in 2016. This will include a £2m investment for Y Neuadd Goffa: Memorial Hall theatre to create a new, dramatic and multi-function space for school events, performances and conferences, which will also be available to the wider community on its completion in 2013.

At the same time, Christ College has announced that planning is underway to establish a Junior School.

Head of Christ College Emma Taylor said: "For many years Christ College has considered opening a junior school, or junior section. Earlier this year the school commissioned some market research into the feasibility of extending our teaching range below the age of 11, and the enthusiastic feedback from this research, as well as the changing nature and shape of the school over time, has encouraged us to make a decision in principle to go ahead and develop plans for teaching junior forms."

She added: "We are inviting expressions of interest from prospective parents in the near future and these will help us with our planning."

As well as celebrating the milestone anniversary, the developments reflect the school's charitable status and the commitment it is making to support the local community as much as possible. Mrs Taylor said that the planned investments would consolidate the position of the school as

a provider of excellent all round education and an active participant in the community of Brecon and beyond.

Christ College will be holding an Open Morning on Saturday 6th October from 9.00am until 12 Noon. For further information or to register your interest, please contact the Admissions Registrar on 01874 615440 or via admissions@christcollegebrecon.com.

What is the **most important decision** you will make this year?

OPEN MORNING
Saturday 6th October

SIXTH FORM INFORMATION EVENING
Friday 16th November

Must do!
CCB OPEN MORNING

CHRIST COLLEGE BRECON

- "An excellent school with many strengths including significant examples of sector-leading practice" (OFSTED Inspection for Education & Training in Wales)
- Academic breadth and excellence
- A full and thriving school with an extensive choice of A level and GCSE subjects available
- Supportive, comfortable family atmosphere - well-equipped facilities, staff/pupil ratio 1:8, vibrant programme of after-school and weekend activities
- Excellent modern facilities for teaching, sport and the arts, with a new £2m Creative Arts Centre due to open in September 2013

For more information visit www.christcollegebrecon.com or contact the Admissions Registrar on 01874 615440 or email admissions@christcollegebrecon.com

HMC Independent Boarding and Day School for Girls and Boys 11-18 set in the heart of the beautiful Brecon Beacons Registered Charity No. 22284



Health, Beauty & Fitness



Listening, without making judgement

WE all want to be happy, but sometimes life is hard. In counselling, you can reflect on what it is that you feel is wrong and I can help you make decisions which will make life better.

My name is Dahlian Kirby and,

when I counsel someone I listen without judging. You would never be expected to talk about things you don't want to talk about. I will, however, provide structure and may make suggestions for tasks to do in the session, or at home between sessions.

I believe that everyone is able to work towards controlling their lives and making good choices – sometimes we just need support.

DAHLIAN KIRBY COUNSELLOR

*Why worry unnecessarily?
Your solution could be a phone call away!
(For young people & adults)*

- Anxiety and Stress
- Self-esteem
- Relationship Problems
- Bereavement
- Depression
- Life choices
- Work Issues

Appointments: Llantwit Major, Cowbridge, Bridgend and Cardiff - available day, evening and Saturdays
07516 218348
info@dahliankirby.com

www.dahliankirby.com

Dolphin: Help to get around the house

RECLINER chairs, wheelchairs, scooters, bath lifters, walking sticks, daily living aids...

Dolphin Independent Living has its range on show at its mobility showroom.

During the past 10 years, Dolphin Lifts (South Wales) Ltd has gained a strong client base through reliable, friendly service and experienced engineers.

The showroom is a natural progression for Dolphin, giving the opportunity to provide the public with daily living aids, from kitchen utensils to

scooters, all with the service you would expect from us.

If you have any questions, would like to receive a brochure,

or book an appointment, call our freephone number 0800 093 2293; or contact j.pearce@dolphinlifts.co.uk

www.dolphin-stairlifts.co.uk
shop online or phone for an appointment on Freephone 0800 093 2293 for all your DAILY LIVING AIDS...

DOLPHIN

Stairlifts



All our reconditioned stairlifts now with a **NO QUIBBLE** 3 year guarantee

01633 223121

Mobility Showroom at: Unit 12, Crawford Street, Newport
Email: info@dolphinlifts.co.uk www.dolphin-stairlifts.co.uk

HACTOS CAN NOW BE FOUND ONLINE!

THE autumn months are now upon us, but unfortunately this is also the season when coughs and colds start to come to the fore.

Hactos Cough Mixture is a traditional herbal remedy and is licensed for the symptomatic relief of coughs, cold and catarrh. The product was formulated in the 1930s by the late

pharmacist Hubert Arthur Carnelley Thomas.

The business continues to remain a family concern and is currently run by his granddaughter Fiona who is also a pharmacist.

The company now has its own website www.hactos.co.uk and welcomes enquiries not only from customers but also from potential stockists.

Barry salon wins award!



ABOVE:
Aldene Thomas with fellow 'Expert' and colleague Kimberley Hobbs and their award proudly displayed in the salon.

ALDENE THOMAS and Kimberley Hobbs of The Secret Garden of Beauty in Tynewydd Road, Barry have been awarded Dermalogica Expert status, recognising them as some of the highest trained skin care professionals in the country.

Aldene and Kimberley have completed on-going post-graduate education at the International Dermal Institute, training with the world's leading professional skincare brand, Dermalogica.

To achieve 'Expert' status, they have completed a succession of specialist product, treatment and business workshops, and unique workshops which are offered only to the most skilled and knowledgeable therapist in order for Dermalogica to award and recognise them as the best in the industry.

Salon owner Aldene Thomas said:

"We have worked really hard to obtain this award as a salon and as individual therapists."

"Both Kimberley and myself have been to London and Exeter over the past two years to receive extensive skin care training."

"We are really happy that our salon in Barry has been recognised, not just nationally, but internationally as a 'Centre of Skin Care Excellence'."

Aldene was selected to fly to Los Angeles last week to meet with skin care 'Experts' from around the world at The International Dermal Institute Symposium.



MONDAY

Barry
4.30 & 6.30pm
The Tadross Hotel, Holton Road (next to Bassett Park) Lorraine - 01446 407002

Rhoose

5.30pm & 7.30pm
Celtic Way Community Centre, Celtic Way Helen - 01446 750738

Penarth

5.30pm & 7.30pm
Elfed Avenue Methodist Church, Elfed Road Nia - 07793 885581

TUESDAY

Barry - 5.30pm
Holy Trinity Presbyterian Church, Trinity Street Joanne - 01446 404897

Barry

4.30pm
St. David's Methodist Church Hall, Winston Road Annamarie - 01446 736534

Llantwit Major

5.30pm & 7.30pm
Our Lady & St Iltyd Church (Catholic) Ham Lane East Helen - 01446 750738

Sully

6.30pm
The Old School South Road Niki - 01446 740394

Calling all past members.
A warm welcome awaits you.

SAVE UP TO £5

WEDNESDAY

Barry
4.45 & 6.45pm

St. Francis Millennium Centre, Park Road, Porth-y-Castell Annamarie - 01446 736534

Barry

6.00pm
Cadoxton Methodist Church Church Road Joanne - 01446 404897

Penarth

9.30am & 11.45am
All Saints Church Hall Victoria Square Tracy - 07894 275853

Penarth

5.00pm & 7.00pm
All Saints Church Hall Victoria Square Tracy - 07894 275853

THURSDAY

Barry - 5.30am

Highlight Park Community Centre, Barry Anna Maria - 01446 736534

Cowbridge

9.30am
Cowbridge Rugby Club Rob - 07708 941279

Dinas Powys

5.30pm & 7.30pm
The Cabin by swimming pool, Hebron Hall Sarah - 07525852288

Barry

10.15am
St Helen's Church Hall Wyndham Street Niki - 01446 740394

Cowbridge

5.30pm & 7.30pm
Cowbridge Comprehensive Aberthin Road Rob - 07708 941279.

As from 11th October this group will be held at The Little Shop of Calm, Westgate, Cowbridge.

Slimming WORLD
because you're amazing

0844 897 8000
www.slimmingworld.com



HACTOS COUGH MIXTURE

Now available through selected pharmacies & retail outlets.

For further information regarding stockists, please contact:

HUBERT A.C. THOMAS & CO., BURY PORT, CARMARTHENSHIRE SA16 0TB

Telephone: 01554 835512
Fax: 01554 832282
Email: hactoscoughmixture@googlemail.com
Web: www.hactos.co.uk

Legal: Hactos Cough Mixture is a registered trademark of Hactos Ltd. Hactos Ltd. is a registered company in the United Kingdom. Hactos Ltd. is a registered company in the United Kingdom. Hactos Ltd. is a registered company in the United Kingdom.

your future is written all over your face.

How you care for your skin today has a lot to do with what it'll look like in several years. As Dermalogica skin care therapists, we are expertly trained to restore your skin to its optimum health, ensuring that it will look its best. Our innovative techniques and cutting-edge formulations deliver maximum results in a minimum of time...and for years to come.

The Secret Garden of Beauty

25 Tynewydd Road Barry, CF62 8HB. Telephone: 01446 733306
www.secretgardenofbeauty.co.uk
E-Mail: secretgardenofbeauty@live.com
Open Monday-Friday 9am-8pm; Saturday 9am-6pm; Sunday 11am-5pm.

dermalogica
a skin care system based on science and technology. The International Dermal Institute.



Health, Beauty & Fitness



Revolutionary Route to your ideal weight

Whether you are looking for a quick-fix for that special occasion, or want to kick-start a long-term health regime, the Clean 9 Programme will help get you on track. The Clean 9 is a 9 day nutritional cleansing plan to help cleanse your body of toxins and unnatural chemicals.

Contact: **Claire Murlis Tel: 07970 072837**



Independent distributor of Forever Living Products. Aloe Vera drinks, supplements, skincare and personal care products. Forever Living products are members of the Direct Selling Association.

www.itsmyfuture.myforever.biz/nutrition

Forever Living....

WITH the chilly winter months approaching, how can we avoid those nasty winter colds, stay healthy, looking and feeling great?

While there is no cure for the common cold, maintaining a strong immune system can help. I wanted a natural solution for my family and discovered Forever Living Aloe Vera drinking Gel.

Aloe contains a range of vitamins, amino acids and minerals to ensure the body functions at 100 per cent.

Even with a healthy diet it's difficult to ensure your body is getting everything it needs. Aloe has been a simple solution to help do my best for my family's health.

Welcome to Positive Connections!

EMOTIONAL health difficulties, anxiety, anger issues, sleeping problems and behavioural difficulties can all be symptomatic of childhood stress (innate or external) and being able to relax can make a huge impact on a child's life.

Teaching children to be able to relax and feel positive is something that experienced behaviour practitioner, Sue Gibson, feels passionately about.

Her new business is offering group classes or individually tailored sessions to children to help them learn skills that will be a life-long benefit.

Sue is also offering families an opportunity to discuss their concerns regarding their children's behaviour with home consultations.

See www.positive-connections.biz for more information.

There are so many ways nowadays to improve your health and sense of wellbeing. Who knows? The answer for you could well be on one of these three GEM feature pages!

EMMA
PROFESSIONAL
MOBILE HAIRDRESSER

A wide range of cuts, styles and colours available Monday - Saturday anytime in the comfort of your own home, ideal if you are unable to attend a salon. Please call Emma on

07773 231274 or 01446 620419

Fontygary
LEISURE PARK
Fontygary, Rhosce, Vale of Glamorgan, CF62 3ZT
Tel. 01446 710386

Join the

Bay Health Club
at Fontygary Park, Rhosce NOW!

STUDENT DISCOUNTS AVAILABLE NOW!

WHY?

- Fully Equipped Gym
- Separate Free Weights Room
- 25m Pool
- Leisure Suite with - Sauna/Steam Room/ Jacuzzi/Vibro-gym
- Friendly staff
- Free Parking



Novices and Fitness Fanatics Welcome.

WHY? FOR YOUR HEALTH & WELL-BEING - NO CONTRACT TO SIGN NO JOINING FEE

MEMBERSHIP FROM ONLY £25.00 PER MONTH



HOW? BY DIRECT DEBIT or MONTHLY PAYMENTS OVER THE COUNTER

WHEN? NOW - IT ONLY TAKES A FEW MINUTES TO CHANGE YOUR LIFESTYLE AND IMPROVE YOUR HEALTH!!

For further information please contact

Jennie on 01446 710386

or why not just pop down and have a look around? We are confident that you will like what you see...

Bring this advert with you - NO JOINING FEE!

Fontygary has a welcome on the mat!

WITH the kids back in school and time on your hands, why not join us at the Bay Health and Fitness Club in Fontygary Leisure Park?

With no contract to sign, it is easy to just pay over the counter each month - there are no hidden charges!

This gives you the flexibility to come and go as you wish (we also offer a pay-as-you-go facility).

We have a separate free weights room - a fully equipped gym with vibrostation (like the celebrities use), a lovely relaxing leisure area complete with Jacuzzi, Sauna and Steam Room and a 25m indoor swimming pool.

If you have never used a gym before, you don't have to feel intimidated as our staff are on hand to show you exactly how each piece of

equipment works.

We offer a warm welcome to everyone. Don't take our word for it - why not come down and see for yourself? (or call Jennie or Mark on 01446 710386).

Remember, Fontygary Leisure Park is completely open to the public!

The benefits of owning a cat...

MAESTEG ANIMAL WELFARE SOCIETY



Kittens, young and older cats - All needing a new family!

All cats have been neutered & microchipped

All our work is funded by Charity Shops. We sell bric-a-brac, books, clothes and all items of furniture. Donations always welcome.

Tel: 01656 721496 or 01656 769855
www.maesteganimalrescue.co.uk

Thanking everyone for their continued support

'Harley Street of Glamorgan'

DAWN RICHARDSON, independent nurse prescriber and aesthetic nurse specialist, is the proprietor of Dawn Clinic in Barry.

It opened in January and has been fundamental in providing a safe and clinical environment for non-surgical procedures in the Glamorgan area. Situated next to the bustling High Street, we could call this the 'Harley Street of Glamorgan'.

All consultations are by appointment only, providing a private and confidential service.

Dawn specialises in skin care, advising on and treating skin conditions, from ageing to sun damage and acne.

She also provides free, no obligation consultations for cosmetic and weight loss surgery, working in association with Celtic Springs Clinic (formerly Nucleus Health Care) in Newport. Procedures from breast augmentation and rhinoplasty to gastric bands are undertaken in Celtic Springs Clinic.

The clinic also boasts the services of hypnotherapy and Reiki Master Sheila Damon, foot health practitioner Clare Ingram and nurse specialist Avril Ward Henry, providing permanent makeup and teeth whitening.

Dawn aims to provide all clinic-based therapies and services within the next year.

See www.dawnclinic.com.

HAVE you ever considered an older cat, instead of a kitten, as a companion?

Medical research has indicated stroking a cat can relieve stress and lower blood pressure.

We have a number of cats looking for loving homes, aged from six months to eight years old.

Even a cat of eight years would have approximately another 10 years of life, which might suit a much older person and give loving companionship.

All our cats have been neutered and microchipped. Some are a little nervous as they are used to older people who might have had to give them up to go into homes themselves, leaving their companion behind.

These would adapt to a quiet, loving home environment.

Currently, we have an abundance of cats who are desperately in need of a new family, or people to care for them.

For an appointment or further information, please telephone Maesteg Animal Welfare Society on 01656 721496 or 01656 769855. Please leave a message on our answerphone if we are not available.

At the current time, we are unable to accommodate any more cats - we are desperately in need of homes!

Zumba Gold for feelgood factor

ZUMBA GOLD targets the largest growing segment of the population - baby boomers. It takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and health lifestyle.

What stays the same are all the elements the Zumba Fitness Party is known for; the zesty Latin music, like salsa, merengue, cumbia and reggaeton; the exhilarating, easy-to-follow moves; and the invigorating, party-like atmosphere.

Active older adults want camaraderie, excitement and fitness as a regular part of their weekly schedule. Zumba Gold is the perfect fit. It's a dance-fitness class that feels friendly, and most of all, fun.

It's lovely to hear people's stories, coming to me and thanking me for giving them their life back. One lady in particular said she used to be a dancer early on in life, had lost her husband and moved back here from abroad to be close to her family.

She had no friends, and now she is not only doing something she never dreamt possible (dancing), most importantly, she has made new friends through the classes.

This is priceless for me to know that we are making a big difference to many people's lives.

Come and join my lovely ladies and gentlemen in the first Zumba Gold classes in Barry.

Zumba Gold gives you the feelgood factor, guaranteed to have a giggle, releasing the feelgood endorphins. It's good for most conditions, giving you more flexibility, strength, stamina - the list goes on.

It's never too late to enjoy a fitter lifestyle, whatever your age.

NEW ZUMBA GOLD CLASSES

Monday	11.30 - 12.15	Barry Memorial Hall
Monday	18.15 - 19.00	Llandough Institute Hall
Wednesday	10.00 - 10.45	Sully Old School
Wednesday	11.30 - 12.15	Barry YMCA, The Hub

ZUMBA FITNESS CLASSES

Monday	19.15 - 20.00	Llandough Institute Hall
Tuesday	18.45 - 19.30	Llandough Institute Hall
Friday	18.30 - 19.30	Llandough Institute Hall

Free parking at all venues and very close to all main bus stops/routes

Please call Tracey for further details on

Mob: 07966 242933

(fully qualified fitness instructor)

or <http://tracey14.zumba.com>

BIG THANK YOU TO ALL WHO MAKE THE CLASSES WHAT THEY ARE, FULL OF FUN AND LAUGHTER

esthetic DAWN CLINIC

Awaken to a more youthful you

8 Sessions Lipofirm PLUS

Body Contouring/Skin Tightening

on either Face or Body

Normal Price £800

Special offer Price

Now only £640

3 areas Anti-wrinkle injections

Now only £199

Fancy Feet Friday

Pedicures - corns - calluses

Clinical Hypnotherapy

Reiki

Liquid face Lift Packages

from £1500

Prescriptive skin

Care packages

Rosacea - Acne -Ageing



Dawn Aesthetic Clinic
12 York Place
Barry
CF62 7ED

T: Dawn Clinic
FB: botoxcardiff
T: 01446 732 286
www.dawnclinic.com



Health, Beauty & Fitness



Clinical Hypnotherapy

Let your best shine through!
We can assist your quest for improved quality of life...

- Weight Control
 - Stress/Anxiety
 - Confidence/Self Esteem
 - Irritable Bowel
 - Insomnia
 - Phobias
 - Smoking
 - Addictions
- KAREN REES** BA (Hons) GQHP and
NICOLA CROWLEY RGN DN GQHP
- 02920 890594 • 07999 482154**
E-Mail: in2minds@hotmail.co.uk
www.in2mindshypnotherapy.co.uk



In 2 Minds about hypnotherapy

HYPNOTHERAPY is a safe, effective treatment characterised by deep relaxation.

During hypnosis, you remain in complete control of your actions, thoughts and feelings.

Our professional backgrounds in health and well-being provide us with the experience to offer treatments tailored to specific needs.

Based in Creigiau, we practice in calming, comfortable surroundings, allowing you to feel relaxed and at ease.

If you are committed to change, In 2 Minds can help you make positive lifestyle transformations, feel more confident or help you to overcome challenges – often in just a few hours.

Please call 02920 890594 or 07999 482154 for an informal chat or email: in2mindshypnotherapy@pcy.co.uk.

Sully Indoor Bowls Arena

South Road, Sully CF64 5SP

FREE TASTER SESSION

Saturday 22nd September 10am-2pm



New members welcome.
Coaching available.
All abilities and age groups.

Tel: 02920 530629

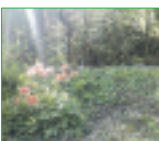
A chance to try indoor bowling

ON Saturday, September 22, from 10am-4pm, Sully Indoor Bowls Arena is offering a free taster session when qualified coaches will be on hand to show you the ropes.

This is the ideal opportunity for all aged eight or over to play an all-year-round sport which not only provides good exercise in comfortable surroundings, but also an affordable and social venue to make new friends.

Simply turn up, we provide the rest, and who knows, you could be our next star bowler.

Our Olympians epitomised the joy competition in sport can bring. You could experience this too!



CARDIFF HYPNOTHERAPY SOLUTIONS

Give your potential the chance to shine through

Contact **Sue Pitman** HPD, DHP, MNCH (Reg)
on **07795 964066 / 029 20654893**

Confidential free initial consultation with no obligation at:

Wellfield Osteopathic Clinic, Cardiff
Barefoot Studio, Cowbridge
The Business Centre, Barry
www.cardiffhypnotherapysolutions.com

We are registered with the Health and Professions Council and are members of the Society of Chiropodists and Podiatrists.



Please call soon...

Tel: 01446 771058

23 High Street, **COWBRIDGE**

and now

Tel: 01446 790199

Newport House, Commercial Street,
LLANTWIT MAJOR

Vale Podiatry offers complete foot service

VALE Podiatry offers a complete service for all your foot problems – whether your needs are simple nail cutting or more complex, such as nail surgery or biomechanical assessment – you can be sure your feet are in safe hands.

Angela and Sarah are fully qualified podiatrists (new name for chiropodists). They are both registered with the Health and Care Professions Council and are members of the Society of Chiropodists and Podiatrists.

"We are both committed to providing the highest standards of care. Patient satisfaction is very high on our agenda. We offer a range of appointments including evenings, weekends and home visits. Please call soon."

For further information, www.valepodiatry.co.uk

HAIR BY CLARE

EXPERIENCED MOBILE HAIRDRESSER
SETTING, BLOW DRYING, PERMING ETC.
All done in the comfort of your own home.

Reasonable rates, friendly service.
(Bridgend and surrounding areas)
07833 382830 OR 01656 655527



Hypnotherapist helps woman drive again!

CARDIFF grandmother Suzanne Morgan never dreamed she would drive again after a traumatic accident 25 years ago.

She said: "I'd often have to get out of a car and walk."

Suzanne started hypnotherapy sessions with hypnotherapist, Sue Pitman at Cardiff Hypnotherapy Solutions.

Suzanne explained: "I was sceptical at first, but Sue helped me relax and gradually I regained control."

"I became a calmer passenger, then a month ago drove my family to the Olympics in Cardiff."

"I drove everywhere. I conquered my fear when I drove my daughter and grandson to Cardiff Bay."

"My independence is back. I would recommend Sue to anyone."

Flu campaign for the winter

IF you have breathing problems – heart problems, diabetes, liver and kidney disease, neurological conditions such as stroke, mini-stroke or Multiple Sclerosis, are pregnant, a carer, or 65 and over – your immune system might not be strong enough to fight the flu virus.

Unless, of course, you protect yourself. Get a FREE flu vaccine from your GP to protect yourself and others. Contact your surgery now to book a suitable appointment.

ERYL SURGERY

FLU CLINICS

Commencing 3rd October 2012

Please ring for an appointment on:

Llantwit Major: 793444
St Athan: 751010
Rhose: 712701

'How to get the Cowbridge Look' by Fich & Ramous

COWBRIDGE – full of glam and chic – is known as the Bond Street of Wales, and Fich & Ramous brings you the first 'How to guide' in creating the perfect celebrity look.

Heated rollers are back – the bigger the better!

Firstly, rough dry and take a section of your hair the same size as the roller, comb smooth, spray hair with Paul Mitchel Freeze and Shine spray.

Roll up tight and secure in the direction you want the hair to fall.

When rollers are cool, remove, brush hair thoroughly and style using backcombing where necessary.

Finish the look with a spritz of Paul Mitchel The Shine spray for added sparkle and shine!

(THE FICH & RAMOUS TEAM)

You've Seen Made in Chelsea...
Now experience 'MADE IN COWBRIDGE'



LET FICH & RAMOUS GIVE YOU THE COWBRIDGE LOOK!
All the hair dressing services you would expect from a top Cowbridge salon with amazing service and a exciting entree!

OUR HALF PRICE COLOUR SALE IS NOW ON (ONLY TWO WEEKS LEFT)

See our First 'How To Guide' - HOT ROLLERS ARE BACK.

T: 01446 775522

www.fichandramous.com

75 Eastgate, Cowbridge, CF71 7AA

NOW OPEN!

UPSTAIRS @

Health Conscious

Nia Classes
Monday 7 - 8pm
Thursday 7 - 8pm

Yogalates
Tuesday 7 - 8pm
Friday 9.30 - 10.30am

Dynaband
Tuesday 9.30 - 10.30am

01446 795 121
A The Precinct, Llantwit Major
www.healthconscious.org.uk

Swap that wine for exercise!

EXERCISE not only offers the body a chance to strengthen muscles and improve cardiovascular health, it is also a means of using all the stress hormones that our daily life produces and replacing them with endorphins that make us feel good and help the body to heal.

Try swapping your evening glass of wine in front of the TV for an hour's exercise. You might find that you are slimmer, have more energy, are more focused at work, and more able to relax at home.

All the classes upstairs at Health Conscious are body friendly – designed to tone your body and mind, leaving you relaxed and glowing whatever your fitness level.

Please call soon at 4 The Precinct, Llantwit Major, CF61 1XA; telephone 01446 795121.

Miriam Handren PSYCHOTHERAPY

Counselling and Psychotherapy

Fully Qualified UKCP Reg.
Experienced Est. 2003

01446 760159

www.psychotherapyinthevale.com

Osteopathy clinic is in good hands

OFFERING a unique and gentle approach to muscular/skeletal conditions and injuries, osteopathy has been available in Cowbridge for many years.

Phil Parry DO has been practising in the town for over 20 of these, and has built an enviable reputation as a caring and competent professional.

Sadly, the time has come to move on, so he is pleased to announce that Charles Millward ND, DO of Barry Osteopathy will be taking over.

Charles looks forward to welcoming patients old and new to the twice-weekly clinics, held in the Cowbridge & Vale Medical Practice.

(See advert on front page for details).

BOOT CAMP - RAISES MORE THAN £1,700 FOR MARIE CURIE

ON September 3 at Trinity Methodist Church, Penarth personal trainer and fitness expert Sian Thomas started a four-week indoor fitness and fat loss boot camp, to raise money for Marie Curie Cancer Care.

The charity's hospice in Penarth is close to Sian's heart as Marie Curie nurses helped and supported her family while her grandma was ill with cancer, and allowed her to spend her last days at home.

Sian has so far raised £1,783 to help the charity cause, as well as having the on-going goal to make Penarth healthiest town in the country.

During the charity boot camp

campers receive three one-hour workout sessions a week for four weeks. Boot campers also receive a nutrition plan, cook book, and nutritional coaching from Sian.

Sian will be holding another boot camp starting on October 1.

The sessions will run at 9.30am on Monday, Tuesday and Friday mornings at Trinity Methodist Church, Penarth.

Sian is also running a boot camp in the evenings in Whitchurch, at Ararat Baptist Church on Monday (7.30pm), Wednesday (6.30pm) and Thursday (7.30pm).

To book your place on the free trial week of *Smash The Fat* go to www.fitnessbootcampcardiff.co.uk or call Sian on 07792638995 for more information.

Young farmers were 'remarkable'

READ with interest the excellent report from Jane Bissett in last week's GEM regarding the International Sheep Dog Trials held over three days at Redlands Farm, Bonvilston.

Mention was made in the report of a team of remarkable field stewards, who covered the slick movement of people and vehicles around the site.

As I had the privilege of being in attendance for the duration of the event, I would like to endorse these remarks and also mention that the

stewards on duty were all members of the Glamorgan Federation of Young Farmers' Clubs, under the control of the county organiser, Mrs Gwyneth Thomas.

These young people were on duty from 8am each morning with many still there at 8pm in the evening preparing for the following day's activities.

They are a credit to the federation and played a major part in allowing over 20,000 visitors, including many from overseas, to enjoy a day in the countryside.

Tony L McCarthy, Tre-Dodridge.

Dredd packs a punch! – and delivers impressive slice of action

THERE can be nothing worse than seeing a fictional character you know and love butchered when they make their way onto the silver screen. Fans of *Batman*, *The Phantom* and *He-Man* know the pain, as do fans of 2000 AD's *Judge Dredd*.

The 1995 outing that starred Sylvester Stallone was not only an awful film, but was also an affront to the character so beloved by the rabid readers of the comic; 17 years later, along comes *Dredd* in an attempt to restore balance.

Karl Urban plays the titular lawman, who along with rookie judge Anderson (Olivia Thirlby) find themselves facing the ire of a tower block of over 75,000 people when they get caught up in the dealings of the Ma-Ma clan, led by Ma-Ma herself (Lena Headey); will Dredd be able to dispense his

brand of justice to save the day?

If anyone caught *The Raid* earlier this year, then they will have been impressed by the economy of a story that saw police take on a tower block full of criminals in order to uphold the law; if those same people came into *Dredd*, then they would almost certainly be experiencing a sense of déjà-vu, the plots unerringly similar.

But while *The Raid* was a low-budget marvel, the one thing it didn't have was the history and presence of the character of Judge Dredd – and taken on its own terms, *Dredd* is a hard-hitting, visceral delight of a film that will satisfy action junkies as much as the die-hard fans who have been waiting to see their idol done correctly on film.

The ace in the hole is Karl Urban, an actor who is very undervalued, and who here delivers an outstanding central performance as Dredd.

The key to the character is his slavish

SCREEN TALK



by GARETH JAMIESON

devotion to upholding the law and dispensing justice, and Urban's stoic solid turn lifts the film, despite the character's limited charisma.

Instead, the main draw is his resolve and determination, something Urban skillfully conveys from under the helmet (that, thankfully, stays on for the duration of the film).

Alongside him, Olivia Thirlby makes a satisfying conduit for

the audience, the film being told very much through her eyes as we see how lethal Dredd can be.

The actress is more noted for roles in the likes of *Juno*, however, she shows some impressive action chops here and makes for a ballsy heroine when given the chance to shine.

The film is carried very much on the shoulders of these two, but the likes of Lena Headey, Domhnall Gleeson and Wood Harris all shine when required, all menace and violence.

Director Pete Travis doesn't have the most starry of CVs, but showed his potential with the enjoyable *Vantage Point* four years ago; here his direction is brutal and hard, the film reeking of violence and malevolence but shot through with a keen eye for style.

The 3D is well done, bringing the film to vivid life, while the slo-mo drug scenes are similarly gorgeous and bloody to look at, the film looking gritty and

realistic.

It's a tone used by Alex Garland's script, the film cleaving as close to reality as possible, and also feeling well-suited to the character of Dredd.

Yes, the plot is as simplistic as they come, and would work as well on a games console as on the big screen, but it ticks all the boxes and doesn't fall short in any of them.

For fans of 2000 AD's star character, this is no doubt the film they really wanted to see and they will be more than sated by what is offered – hopefully, this will be the start of more *Dredd* on the big screen.

VERDICT: A gritty, hard-hitting delight, *Dredd* delivers in style. Winning lead turns, in particular from lead Karl Urban, and strong direction from Pete Travis make this a strong adaptation of a cult character and well worth watching.

SEE THIS IF YOU LIKED: *The Raid* (2012), *Shoot 'Em Up* (2007).

New Season

sale

half price offers

Be inspired by our furniture...

EXTRA 20% off these offers must end soon!!!

Be AMAZED by our low prices.

THEN AN EXTRA 20% off EVERYTHING
in the "Must Have" Collection

Interest free CREDIT

Beautiful 4 seater sofa with scatter back cushions. Stunning designs - Stunning prices! Other colours and sizes also available in the sale!

Was £1499
Sale £749
EXTRA 20% OFF you pay only **£599**
The Sofa

Stunning designer real leather 3 water reclining sofa

Was £1799
Sale £879
EXTRA 20% OFF you pay only **£699**
The Sofa

Finishing touches with our **designer Accessories**

Lamps, Mirrors, Wall Art, Bags, Throws, Inspired Colours & much more

LA BOY
Exclusive Stockists

Solid Oak

Extending dining table and 4 Hamley chairs. (Chairs shown available for extra cost)

Was £1499
Sale £749
EXTRA 20% OFF you pay only **£599**
The Set

Beds & Bedroom department

Just a small selection from our huge

Many more stunning designer bedroom ranges to compliment every home

Stunning design 40" bedframes. Great look, great price.

Was £129
Sale £129
EXTRA 20% OFF you pay only **£99**
The Frame

Double open coil ortho tufted divan set with 4 FREE drawers

Was £799
Sale £379
EXTRA 20% OFF you pay only **£299**
The Bed

4 FREE MATTRESSES

Lots of beds & mattresses in stock!

Unit 5, Freedom Park, Penarth Road, Cardiff, CF11 9TU.
Tel: 02920 371970
www.fwhomestores.co.uk

Opening Times
Mon - Fri: 9.30am - 6.00pm
Sat: 9.30am - 6.00pm
Sunday: 10.00am - 4.30pm

Stores also at
Cardiff, Tel: 02920 864066
Newport, Tel: 01493 202660

fw homestores .co.uk

SOFAS DINING BEDS BEDROOM & ACCESSORIES

Where else can you get...

- ✓ INTEREST FREE CREDIT
- ✓ 72 HOUR DELIVERY
- ✓ 5 YEAR GUARANTEE

DESIGNER furniture OUTLET STORES - NOW OPEN TO THE PUBLIC!

MPN Windows, your local Network VEKA member is recommended by Steve Davies

We will beat any written quote like for like!

SPECIAL OFFER

BEVELLED FRONT DOORS £499 IF ORDERED BY SEPTEMBER 30th
WINDOW & DOOR REPAIR SERVICE AVAILABLE 7 DAYS A WEEK
6 WINDOWS FITTED FROM £1495
DOORS FITTED FROM £450
FRENCH DOORS FROM £795
CONSERVATORIES FROM £3495
COMPOSITE DOORS FITTED FROM £795

- ✓ WINDOWS & DOORS
- ✓ FULL REPAIR SERVICE AVAILABLE
- ✓ FREE VERTICAL BLINDS
- ✓ WIDE RANGE OF STYLES & FINISHES
- ✓ 10 YEAR PEACE OF MIND GUARANTEE

ASK ABOUT OUR TRADE WINDOWS,
DOORS AND CONSERVATORIES



NETWORK VEKA IS
APPROVED BY STEVE DAVIES

Steve Davies

Refer a Friend!
Great cash incentives.

**Award Winning
Family Owned
Business
since 1994!**

REPAIR SERVICE
Available 24/7
Call 07976 640959

SUMMER SPECIAL OFFER

not to be missed

this stunning
**Bevelled
Front Door**
fully fitted
only £499.00

NO DEPOSITS AND FREE QUOTES!

ASK ABOUT OUR TRADE WINDOWS, DOORS AND CONSERVATORIES

FREE ONLINE QUOTES

www.mpnwindows.com

or Test your quotes to: **07976 640959**

Amazing Offer!

Claim your free vertical blinds with every full house
of windows and doors or conservatory fitted!

Terms and conditions apply

**Free Conservatory
Design Service Available**
We supply & fit Fascias,
Gutters & Downpipes

01446 439212

for the Vale

Local Business serving local people

Email: mpnwindows@aol.com

Opening Hours 9am to 9pm 7 days a week



APPROVED MEMBER



WINDOWS
M.P.N
DOORS & CONSERVATORIES

BRIDGEND 01656 648464 - CARDIFF 02920 508770

www.mpnwindows.com

Showrooms at:

10a Ewenny Road, Bridgend CF31 3HL
Unit 2, Leckwith Road, Cardiff CF11 8AP



choose one of these perfect doors

CROWN COURT ROUND-UP by AJ SICLUNA

Prisoner attacked staff member with pool ball

A MEMBER of the security staff of Parc Prison, Bridgend, was the victim of a sustained attack by an inmate, it was stated at Cardiff Crown Court.

Raj Singh, 19, threw a pool ball at the victim and threatened him with a pool cue. At the time, Singh was serving a sentence for assaulting a prison officer at another establishment.

Singh (19) of Ilford, Essex, was jailed for a total of 20 months after being convicted of assault and causing actual bodily harm.

Judge Patrick Curran said: "Plainly, this was a serious offence and to some extent it was

premeditated, involving two weapons.

"Your record is very bad indeed. You are plainly a violent young man and officers deserve and will receive the protection of the court."

Prosecutor Gareth James said that on April 23, officer Davey Thomas was on duty in an area where prisoners were having association.

Singh demanded that he be allowed to return to his cell to use the lavatory, but he was told it was not possible.

Singh responded by saying: "You can't do that to me," and made threats, adding: "If you don't open it, I'll smash you up."

Singh punched Mr Thomas to the head and he then picked up a pool ball and threw it at the officer, striking him on the back of the head.

Singh then grabbed the pool cue and used it in a threatening manner.

Mr Thomas was taken to the Princess of Wales Hospital and treated for a head injury.

James Haskell, representing Singh, said: "He has grown up, though he has spent most of the last four years in prison.

"He wants to make a fresh start, and acknowledges this was utterly stupid."

Wildmill man with 'appalling record' is jailed Young man with knife scared local residents

POLICE found a jemmy and other tools, plus drugs, when they searched a man in Bridgend.

Christopher Badman (33) of Tremgarth, Wildmill, described as having "an appalling record" was jailed for 14 months at Cardiff Crown Court.

He had been convicted by Vale magistrates of having items for the use in the course of theft, possessing Valium, and being in breach of a suspended sentence for burglary.

Prosecutor John Probert said that on August 12, police spotted Badman in Park Street, Bridgend, searched his rucksack and found tools and drugs.

He was clearly intoxicated and said: "Look, I've been evicted. Just lock me up."

He denied that the tools were for an unlawful purpose.

The court heard he had 66 previous convictions for theft and burglary.

His last conviction involved burgling the premises of Bridgend County Show, when he damaged a computer.

He was identified on the CCTV system.

His counsel, Hilary Roberts, said: "His criminal background is a great concern. He was once injured in a car crash, and suffered a slipped disc.

"He was just not able to cope and suffered depression. He is disgusted at what he has done, and was not thinking straight."

Recorder David Miller said: "You leave me with no choice. You have but one thing in mind, to steal."

ARMED with an electric slicer blade and a kitchen knife, a young man scared residents in a street, it was stated at Cardiff Crown Court.

Matthew Roberts (22) of Cadogan Street, Nantymoel, admitted using threatening words and behaviour and possessing an offensive weapon.

Prosecutor Tony Trigg said that in the early hours of one morning recently, Roberts, who was drunk, went to Brooklands Terrace, Nantymoel, and awakened neighbours.

He was carrying an electric slicer blade and without success, he tried to get into two parked cars. He was seen to "stumble off", but returned holding the blade and knife and said

to residents: "Come down here."

There was a struggle and Roberts was restrained until the police arrived.

The entire incident, said Mr Trigg, lasted about an hour.

Roberts' counsel, Hugh Wallace, said: "Clearly there are aggressive features, and his father is very concerned at his behaviour."

Judge Eleri Rees, said: "I am concerned for the protection of the public."

Sentence was adjourned for a psychiatric report and Roberts was remanded in custody.

Group hears from trustee

THE Porthcawl Parkinson's Support group (PPSG) met in August and heard a talk from a trustee of Parkinson's UK.

Alun Morgan, who represents Wales as a trustee of the main board, spoke about a trip he made to Germany, and a gala day held by German sufferers of Parkinson's.

He spoke of how in Germany there was no central organisation to co-ordinate the efforts, but they just meet as separate local units.

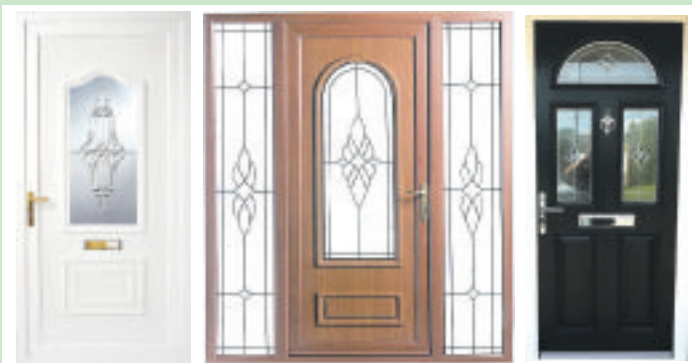
Nor do have they the specialist nurses that we in the U.K. are so lucky to have. Mr Morgan then went to tell us about his own experience with the disease and how, unpredictably, it has totally enriched his life.

The next meeting 10.30 a.m. Friday, September 28, at the Unitarian Church school room in Nottage. All newcomers are welcome.

For further information contact 01656 783071. NC

New September Deals now on ONLY with Future Window Solutions

Not just a window company!
For your all year round home improvements



PVC-U Doors: From £450 Fitted
Composite Doors: From £750 Fitted

All doors are Secured By Design giving you extra security and peace of mind.

These are just a few of the benefits.
We offer all our customers full 10 year peace of mind Guarantees and much, much, more!

A family run company you can rely on!

Trusted supplier and installer of:

- All aspects of PVC-u/Aluminium
- Orangeries/Conservatories/Kitchens/Bathrooms
- Vertex Tile effect roof *New*
- Building and Garage Conversions
- Full 24/7 repair service no job too small
- Replacement glass/handles
- Fascias and guttering
- Full Orangery and Conservatory design packages. See what your orangery or conservatory will look like attached to your home with our Free image prints.

FREE PHONE:
0800 032 0921

Tel: 01446 733455

Or visit
www.futurewindowssolutions.co.uk

Trade Welcome
Free welcome packs
and first order
discounts

Now offering
finance
through
Ideal4Finance



Future Window
Solutions

Network Veka Member, Future
Windows Solutions is
recommended by Steve Davies!



Man 'in a frenzy' after 'flirting' row

A PART-TIME fire fighter attacked a friend who had been 'flirting' with his girlfriend, Cardiff Crown Court was told.

Matthew Newton (27) of Bryn Road, Bridgend, a man with no previous convictions, was jailed for a year with the sentence suspended for two years, ordered to carry out 300 hours unpaid work, and ordered to pay £1,200 costs.

He had pleaded guilty to inflicting grievous bodily harm on David Ralph.

Recorder Jonathan Ferris said: "This was a sustained assault. You kicked him to the head several times, there was a degree of premeditation and you were intoxicated."

He added: "I accept there was some provocation when an explicit sexual reference was made to your girlfriend. You understand you were very close to going to prison."

Prosecutor Peter Davies said Mr Ralph had been at Ogmore Vale Non-Political Club when he spoke to Newton, who was taking part in a snooker tournament.

He left his girlfriend for a short

time, and Mr Ralph began flirting with her, saying: "I wish you were not with Matthew. You are stunning."

Mr Ralph then went home, but at 3am, Newton arrived and said he was upset at what had happened. Mr Ralph apologised, and Newton grabbed him, dragged him down a flight of stone steps and kicked him many times to the head.

At one time, Mr Ralph's mother put her body over her son to protect him, and shouted for help.

Newton was described as "being in a frenzy". Mr Ralph suffered a broken bone in his right hand, and injuries to his face, elbow, forearm and back.

Newton's barrister, Claire Wilkes, said: "He had been drinking, and has never behaved in this way before. What took place is something he is not proud of."

"Referees speak of him in glowing terms. His parents recently fell on bad financial times, and he looks after them. That is the real Matthew Newton."

Ms Wilkes said he was currently suspended by the Fire Service.

The frugal Skoda makes rivals 'Green' with envy!

A FRIEND of mine reckons all cars are the same these days and that they don't have the character of the old ones.

While he might be right in terms of the classic look, feel and sound, there are so many more choices available now from hatchback to estate, electric to diesel.

Most budgets are catered for too, although some might argue driving is still a rich person's pursuit. Today's manufacturers take the environment into consideration, too, none more so than Skoda with its Fabia Greenline II estate.

Under £15,000 brand new, this small five-door vehicle will easily trans-

port five adults and their luggage.

Nothing ground-breaking about that, but it returns 83mpg (combined) and produces just 89 g/km CO2 so there's no road tax to pay.

In fact, it is the most frugal Skoda ever with reports that it is capable of travelling more than 1,200 miles on a single 45 litre tank of diesel – to be precise, 1,246 miles for no more than £65.

This phenomenal achievement is down to its three cylinder 1.2 TDi engine, which is surprisingly engaging to drive.

Energy recovery sees the chirpy little car convert kinetic energy back into usable electricity, either stored in the battery or immediately used

by **TIM SAUNDERS**

again by the vehicle's electrical components.

It's aerodynamic, has low profile tyres with a higher prescribed air pressure to reduce friction, engine stop-start and gear change recommendations. The engine stop-start is one of the best I have come across, cutting the engine dead at traffic lights and traffic jams every single time and starting back up immediately.

This is a complete contrast to the stop-start system found on a Fiat 500 for instance, which is temperamental, to say the least. I like the Skoda's traditional handbrake.

Parkers, the car

experts, say: "The Fabia Estate is a great choice for young families. It's roomy, good to drive and cheap to run. The estate model offers additional practical benefits to the hatchback – namely a bigger, versatile boot – and it meets the needs of families with smaller children with a well thought-out design. The bigger load space results in a longer body, so it isn't as ideally suited to city life as the hatchback."

But from the side, this estate's design is pretty uninspired – although its chrome grille is distinctive. We've come to expect high build quality from Skoda and you won't be disappointed as you can see by watching the video at testdrives.biz. Although the interior is perhaps a little bland there are good equipment levels and soundproofing.

The black upholstered seats are both comfortable and supportive. There's even air conditioning.

A criticism is that the cruise control function could be improved, as the switch to increase and decrease the speed sits at the end of the indicator stalk on the left of the steering wheel. If the driver is too vigorous in their pressing, they inadvertently engage the indicators.

A button on the steering wheel, in the same way as that found in Volvo, Renault and others would be more user-friendly.

What really appeals to me about the Skoda Fabia Greenline II is that it enables drivers to be eco-friendly, without hitting them in the pockets in the way that hybrids or

entirely electric offerings do – for me these currently fail in terms of cost and practicality and the Greenline II wins hands down.

Facts at a glance:
Price: £14,985.

Engine: 1.2-litre diesel; Power: 75 bhp; Top speed: 107mph; 0-60mph: 14.3secs; Road tax: £0.

Watch the video at: www.testdrives.biz

Recycling options

CARDBOARD can now be recycled at four of the Vale Council's community household sites.

Now that eight 1,100 litre recycling bins (two per site) have been added, cardboard packaging can now be taken to Barry Waitrose, Barry Morrisons, Cowbridge Town Hall and Penarth Cliff Tops 'community bring bank sites' to be recycled.

Vale bring bank sites also accept materials such as textiles, books, cans and plastic. Paul Beck of Biffa said: "The cardboard banks have already received a positive response from the public, with people saying they would use them from now on."

"We hope that if they are used correctly (that is, not contaminated with other items) we can introduce more at other sites in the future."

"People were previously leaving cardboard on the ground – which was in fact fly-tipping – and that was causing a dangerous trip hazard. Bring banks are for householders' recycling (not commercial) only and all items should be posted properly."

The Bombettes overcome rivals Maesteg Celtic

BARRY Bombettes travelled to Maesteg Celtic on a rainy afternoon.

The Barry forwards took the fight to Celtic with powerful drives by Phillips, Horne, Cahill and Richards. Due to injuries and unavailability, the team had to be juggled slightly with Yapp deputising at No 9. She had a solid game, sniping and distributing the ball to her backs well.

The first 20 minutes were played mostly in the Maesteg half, but Barry still needed resolute defence.

Britton, Wilson and B Jones played their part well in defence and attack alike. Special mention goes to the youthful No 10 Waller, also playing out of position, who played well in the conditions with experienced K Jones at No 12 encouraging her.

The Maesteg scrum was put under pressure and with Yapp hassling the Celtic No 9, the ball broke to the Barry open side flanker. Moments later, after good re-cycling, prop Richards powered her way over for a well deserved try near the posts. K Jones slotted the conversion with ease.

The greasy ball was proving difficult for both teams and with Barry looking to increase their lead, the ball was lost. A speedy Maesteg back hacked on and won the foot race to touch down.

Barry powered back and from a lovely backs' move, K Jones spun out of two tackles and fed the supporting Yapp, who crossed the line. Unfortunately, as in previous games, an opposing player knocked the ball out of the try scorer's hands and the unsighted ref gave a knock on and no

try. Maesteg managed to hang on for the half-time whistle at 5-7.

The second half was a mirror image of the first with Cole, Richards and the other forwards making inroads into the Celtic defence.

Phillips at hooker, was causing no end of problems at the front of the line making several tackles.

From driving forward play, the ball was quickly passed out to Waller who fed Jones, spotting an overlap on the left wing. Jones was marshalled well and found support in second row Morgan, who calmly took the ball, drew the tackle and then off-loaded, putting Jones in for the decisive Barry try.

The conversion was narrowly missed.

In the last 10 minutes, the Bombettes showed what they were about, with solid defence which kept Celtic out.

Final score: Maesteg 5 Barry 12.
Team: Horne, Phillips, Richards, Cahill, Morgan, Garner-Joel, Cole, (captain) Boffy, Yapp, Waller, Wilson, K Jones, Britton, B Jones, Hill, Kath Jones, Baron and S Evans.

Bombettes woman of the match: Yapp. Maesteg also chose Yapp, deputised by Richards.

We would like to thank Maesteg for their after match hospitality. This Sunday, Barry travel to Tylorstown away, with the coach leaving the club at 12noon! Supporters are welcome.

Barry Ladies RFC are always looking to recruit new players Contact Becky Boffy on 07528 933227 or manager Andy on 07879 004142 if interested. AM

Bees under-10s stung

BARRY Bees under 10s kicked off the season with a tough trip to the Valleys to play Tondou.

The game started at a high tempo, with both sides showing lots of commitment and purpose.

After a frenetic opening period, Barry were the first to score; from a scrum on the halfway line outside-Half Cian Anderson cut through the defence on the blind-side and sprinted to the line for a fine try.

Then Cole Saunders capitalised with an interception try from halfway, which Cian converted for a 12-0 lead.

Tondou continued to dominate possession and with the last play of the first half their endeavours were finally rewarded with a converted try to make the score 12-7 in Barry's favour at the

break. Winger James Chapman on the overlap, showed good pace, splitting the Tondou defence and forcing his way over for the try, which was again converted.

Tondou intensified their efforts and scored four quick converted tries.

Despite the setback, the Bees continued to battle, and their courage was rewarded with another well worked try from James Chapman, after a flowing move from the backs, to make the final score 35-26 to the home side.

Squad: Isaac McBride, Jacob Pereira, Rhys Lloyd, Charlie Bale, Ethan Watkins, Stephen Williams, Cian Anderson, Spencer Williams, James Chapman, Cole Saunders, Morgan Taylor, Robson Mallam, Joseph Nationstead. **James McBride**

Second win for Sully Sports

WHITEHEADS	10
SULLY SPORTS	50

DESPITE the high final score, this was a poor quality game, but the positive was that Sully Sports got a good result without playing anywhere near their potential.

The first half saw both sides make too many mistakes and the indiscipline broke up any rhythm. The half-time score was 7-3 in favour of the Sports, who had scored the only try, by hooker Ben Such, converted by Dave Stillman.

The scoreline could, and should, have been much more as the Sports failed to convert several chances, including one when Stillman lost the ball over the try line.

The second period saw a slightly better performance from the Sports, aided by an even worse display from the

Whiteheads as their discipline disappeared and their heads dropped, as the Sports' superior fitness increasingly told.

In the end, the Sports ran in seven tries to one in the second half, with tries from prop Jody Velda, full back Wayne Jones, winger Nathan Taylor, and two each for outside-half Grantley Harries and centre Jake Williams. Dave Stillman added three conversions and Jake Williams one.

It is early days for the newly-promoted Sully Sports, but with two wins out of two, if they can continue to improve, they should have little to fear in Division Six.

This Saturday, both teams are at home, kick-off at 2.30pm. The 1st XV entertain STAR, Cardiff, and the 2nds host St Peters.

M J Stafford

THE VALE OF GLAMORGAN COUNCIL CYNGOR BRO MORGANNWG Planning (Listed Buildings and Conservation Areas) Act, 1990 Town and Country Planning (General Development Procedure) Order 1995

Development that may affect a Conservation Area / Datblygu a allai effeithio ar Ardal Gadwraeth

Application No:/ Rhif y cais: 2012/00910/FUL
Proposal/Cynnyg: Proposal to demolish existing 3 bedroom semi detached residential dwelling and construct 4 bedroom sustainable residential dwelling
Location/Leoliad: 99A, Plymouth Road, Penarth
Conservation Area:/ Ardal Gadwraeth: Penarth

Conservation Area Consent / Caniatâd Ardal Gadwraeth

Application No:/ Rhif y cais: 2012/00911/CAC
Proposal/Cynnyg: Proposal to demolish existing three bedroom semi detached residential dwelling and construct four bedroom sustainable residential dwelling
Location/Leoliad: 99A, Plymouth Road, Penarth
Conservation Area:/ Ardal Gadwraeth: Penarth

Listed Building Consent/ Caniatâd Adeilad Rhedredig

Application No:/ Rhif y cais: 2012/00920/LBC
Proposal/Cynnyg: Take down and rebuild west extension chimney stack in stonework to match existing. Stack to include cavity tray, lead apron flashing and ventilated clay pot. Re-render west gable wall apex and chimney stack. Paint both west end stacks and wall to match existing.
Location/Leoliad: 9, Cold Knap Way, Barry
Listed Building:/ Adeilad Rhedredig: Grade II*

Application No:/ Rhif y cais: 2012/00936/LBC
Proposal/Cynnyg: Works involve replacement windows and internal alterations in relation to conversion of first floor to a flat.
Location/Leoliad: 26A, High Street, Cowbridge
Listed Building:/ Adeilad Rhedredig: Grade II

Application(s) of General Interest/ Ceisiadau o Ddiddordeb Cyffredinol

Application No:/ Rhif y cais: 2012/00933/OUT
Proposal/Cynnyg: Residential development for up to 150 dwellings with associated access, estate roads and public open space
Location/Leoliad: Land to the West of Port Road, Wenvoe

Application No:/ Rhif y cais: 2012/00937/FUL
Proposal/Cynnyg: Proposed development of 90 No. residential units with associated public open space, landscaping, the creation of two new access points into the site from Trem Echni and diversion of the Public Right of Way
Location/Leoliad: Land South of the Railway Line, Trem Echni, Rhose Point, Rhose

May affect a Public Right of Way / Gall effeithio ar Hawl Tramwy Cyhoeddus

Application No:/ Rhif y cais: 2012/00937/FUL
Proposal/Cynnyg: Proposed development of 90 No. residential units with associated public open space, landscaping, the creation of two new access points into the site from Trem Echni and diversion of the Public Right of Way
Location/Leoliad: Land South of the Railway Line, Trem Echni, Rhose Point, Rhose

Departure from Development Plan / Gwro o'r Cynllun Datblygu

Application No:/ Rhif y cais: 2012/00895/OUT
Proposal/Cynnyg: The erection of five detached dwellings, access arrangements, landscaping and associated works as 'enabling development' to facilitate the restoration of the Eweny Priory.
Location/Leoliad: Land off Abbey Road, Eweny

Application No:/ Rhif y cais: 2012/00912/OUT
Proposal/Cynnyg: The demolition of existing stables, and erection of a detached dwelling, access arrangements, landscaping and associated works as 'enabling development' to facilitate the restoration of the Eweny Priory
Location/Leoliad: The Stables, Corntown

Application No:/ Rhif y cais: 2012/00937/FUL
Proposal/Cynnyg: Proposed development of 90 No. residential units with associated public open space, landscaping, the creation of two new access points into the site from Trem Echni and diversion of the Public Right of Way
Location/Leoliad: Land South of the Railway Line, Trem Echni, Rhose Point, Rhose

Details may be inspected for 21 days at the address given below, or via www.valeofglamorgan.gov.uk
Gall manylion eu harchwilio am 21 diwrnod yn y cyfeiriad a roddir isod, neu drwy www.valeofglamorgan.gov.uk

Dated / Dyddiedig: 20 September, 2012
M. Goldsworthy, Operational Manager Development & Building Control, Vale of Glamorgan Council, Dock Office, Barry. CF63 4RT

Bedsteads • Adjustable beds • Kids beds • Bedroom furniture • Divans • Mattresses • Guest beds • Bedsteads • Adjustable beds • Kids beds • Bedroom

beds • Bedroom furniture • Divans • Mattresses • Guest beds •

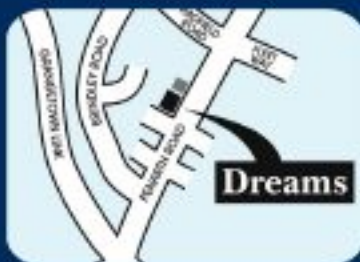
continued

Dishes • Kiosk orders • Bagelcorn in full bloom • Live! is • Wild! (grass) • Gussie, Gus • Benji with

• Divans • Mattresses • Guest beds •

furniture • Bedsteads • Adjustable beds • Kids beds • Bedroom furniture • Divans • Mattresses • Guest beds • Bedsteads • Adjustable beds • Kids beds

CARDIFF
Lyon Close
Industrial Estate,
Penarth Road,
Cardiff
CF11 8TU



Dreams
CLEARANCE OUTLET

0% APR
REPRESENTATIVE

This advert is copyright of Dreams Plc 2012. Clearance items are one off ex showroom models, ex comfort, exchange or cancelled orders. Delivery is priced separately or collect for free - see in store for details. Headboards on divans are extra. Mattresses and bedding on bedsteads are extra. Nothing to pay till Spring representative example: Minimum spend £500, cash price £1200, pay nothing until 1st March 2013, then pay 12 monthly payments of £100. Total amount of credit £1200. Total amount payable £1200. Credit subject to status. See in-store for details. Indemnities may be required.

Whole village comes together for couple's golden anniversary

WELL-KNOWN local photographer Ian Dixon and his wife, Sylvia, celebrated their golden wedding anniversary on Saturday, September 15, with a luncheon in the Peterston-super-Ely Village and Community Hall.

The hall had been decorated by a five-strong team of villagers, with many photographs of the couple's wedding day in Cheshire on show.

A total of 70 family and friends enjoyed an excellent buffet, followed by several speeches – "fortunately, not too long" it was reported!



ABOVE:
Ian and Sylvia
Dixon with their
daughter Janet.

RIGHT:
The celebrating
couple cut
the cake.



ABOVE: Friends from the village
took turns at manning the bar.



The couple's son,
Jeremy.

There were some entertaining speeches.



PHOTOGRAPHS by JANET DIXON



COWBRIDGE MAYOR'S COLUMN

The Cowbridge Music Festival fills my senses

I AM sitting down to write, having just returned from the first two opening concerts of The Cowbridge Music Festival.

I was invited to attend by Mary Elliot, one of the founders and key organiser of the festival, and one of the cellists for the evening, and I went along, looking forward to a wonderful evening's entertainment.

I was not disappointed; in fact, I would go as far as to say that I was blown away by the experience.

It was a performance by six talented musicians of the highest calibre one could ever hope to experience and enjoy.

Their performance was electric, alive, and so full of energy, they literally seemed to take the music apart, digest every note and then throw it back at us; teasing, tantalising and titivating the senses, and each other, and the listeners, as they played with notes performed with such perfect clarity and perfection that it seemed to virtually colour the whole room, filling one's soul, and rendering one helpless and hungry for each and every next note and sound to the very end.

I do not know about the musicians, but I was totally exhausted at the end of the performance, just from watching the enormous amount of energy, enthusiasm and tenacity with which these young people played their instruments.

The musicians on the first night included: Mary Elliot, herself, on cello; Felix Froschhammer, German violinist extraordinaire; Joel Marosi, cello; Claudia Ajmone-Marsan on violin; Janka Szomormekis, viola; and Johannes Rose, also playing viola.

WHY HALF EMPTY?

What I could not understand is why the Holy Cross Church, the venue for the evening, was half empty.

Why do people in Cowbridge not appreciate how lucky we are to have this privilege, and take the opportunity to experience the live performance of such high class individuals?

I can only assume that many people do not realise what The Cowbridge Music Festival has to offer and until one actually experiences the 'live' performance of such virtuosos, one cannot understand the total joy and fulfilment such an evening can bring, which in turn, is so uplifting to one's spirit.

I felt humbled to be a member of the audience and felt sad that more people either had not heard about the concerts, or made the effort to come.

Trust me and believe me when I say, that if you have the opportunity and can afford the small amount for a ticket, please do not miss out on the next four concerts.

I could not wait for the following evening's performance of Hungarian and Romanian folk and gypsy music, and again I was not disappointed with the performance, which gained huge applause, cries for more and a standing ovation.

Did you
know you
can read
your GEM
online?
[cowbridge-
today.co.uk](http://cowbridge-today.co.uk),
or:
[lantwit-
today.co.uk](http://lantwit-
today.co.uk).

Art society meets

COWBRIDGE Art Society starts the new 2012/13 programme of evening meetings on September 27 at the Old Hall, Cowbridge (7pm-9pm).

The first meeting is a presentation and demonstration by Cardiff artist Chris Griffin.

Members meet each Thursday during term time and have a variety of events, hosted mainly by professional and semi-professional artists

from south Wales. Members may also attend Saturday workshops, join visits to exhibitions, submit their work to three exhibitions of our own, and offer it for sale on the society's website.

The annual subscription is £24 (double £32) and new members are very welcome.

Alternatively, visitors pay a small fee (£3) at the door. See www.cowbridgeartsociety.com and also 'Out and About in The GEM' for notices of meetings.

by COUN
NICOLA
THOMAS
Mayor of
Cowbridge
with
Llanblethian



Performances on this occasion were by Felix Froschhammer, Gergana Kusheva, Nico Prinz, Ivaylo Dimitrov and Tashko Tasheff.

All these accomplished musicians travelled all the way from their base in Switzerland, at their own expense, to play at this concert, to raise money for Leukaemia and Lymphoma Research, setting such a wonderful example for future generations and acting as true ambassadors of the music world.

If possible, I will not miss a single concert of The Cowbridge Music Festival from this day forward.

So treat yourselves, one and all, if you like music, you will love these concerts.

TOWN PRIVILEGE

What a wonderful accomplishment of the Cowbridge Music Festival team to put together such a festival, and how exceptionally privileged Cowbridge is to be the town chosen for them to bring their music to.

This is just the third year for the Cowbridge Music Festival, but I promise you it will soon be so popular that word will get around and you will have to struggle to even find a ticket in years to come.

So come on, Cowbridge! Come and see what you are all missing and while in the town shopping, why not pay a visit to the library to see the wonderful exhibition of artwork, by local artists, which has incorporated the theme and moods of the music of the festival and runs in conjunction with the event.

A huge thanks to Mary Elliot, her family and team, for bringing such a high class event to Cowbridge.

Mary lives in Switzerland and travels to stage this event and helps put Cowbridge on the map to people all over, nationally and internationally, on an annual basis.

Cowbridge anger over 'mindless vandalism'



The scene in
Broadway last
Sunday morning.

A COWBRIDGE resident was shocked when he went out on Sunday morning and found that vandals had uprooted flowers along Broadway.

He told The GEM: "I was awoken in the early hours of Sunday morning by a racket in the road outside.

"In the morning the only damage, mercifully, was an empty food container and three pedestrian barriers on the pavement.

"However, when I was walking along Broadway later I was shocked at what I found."

He continued: "It is not that long since a lot of newly-planted trees in Poplar Park are broken off.

"Is it not high time the stocks were brought back for such acts of mindless, pointless destruction?"

"A few hours outside the Town Hall on a Saturday morning would stop this sort of thing in its tracks!"

NEW



Byron Court, Llantwit Major
2 Bedrooms
First Floor Retirement Flat
No Onward Chain
Call Simon 01446 791963

£89,950

NEW PRICE



Flemingston Road, St Athan
4 Bedrooms
Call Today To View
No Onward Chain
Call Simon 01446 791963

£112,950

NEW



Lougher Place, St Athan
3 Bedrooms
Well Presented
69ft Rear Garden
Call Simon 01446 791963

£122,995



Chris Davies

NEW



Glebeland Place, St Athan
3 Bedrooms
Family Home
62ft Rear Garden
Call Simon 01446 791963

£133,950



Gileston Road, St Athan
2 Bedrooms Plus Nursery
View of the Fields
Conservatory
Call Simon 01446 791963

£134,950



Monmouth Way, Llantwit Major
3 Bedrooms
Good Position
Conservatory
Call Simon 01446 791963

£144,950

Rhose 01446 711900
Llantwit Major 01446 792020
Barry 01446 700007
sales@chris-davies.co.uk

Lets!

Murlande Way, Rhose - £425 pcm
Modern Property, 1 Bedroom, Private Garden

Sea Point, Barry - £450 pcm
1 Double Bedroom, Superb Channel Views
Barry West End Location

Starling Road, St. Athan - £495 pcm
2 Bedrooms, Large kitchen/Diner
Enclosed Rear Garden

Maggie Road, St. Athan - £495 pcm
2 Bedrooms, Kitchen/Diner, Enclosed Garden

Flemingston Road, St Athan - £525 pcm
3 Bedrooms, Superbly Refurbished
Spacious Accommodation

Llys Dwywnen, Llantwit Major - £525 pcm
Two bedrooms, Downstairs WC
Enclosed rear garden

Murlande Way, Rhose - £550 pcm
2 Bedrooms, Shower Room, Enclosed Garden

Barry Road, Barry - £560 pcm
Three bed, lounge/diner and first floor bathroom

Kendrick Road, Barry - £575pcm
Three bed, two reception, fitted kitchen

Heart Close, Rhose - £550 pcm
Two bed, refurbished, garage.

Murlande Way, Rhose - £575 pcm
Two bedrooms, Kitchen with appliances
Redecorated throughout

St Siors Meade, Rhose - £575 pcm
Two bedrooms, kitchen with hob, conservatory

Oxford Street, Barry - £675 pcm
Three bedrooms, two receptions,
Enclosed rear garden

Glamorgan Street, Barry - £675 pcm
Three bedrooms, large reception rooms, first
floor bathroom

Heol y Dryw, Rhose Point - £695 pcm
Three bedrooms, en suite, parking

Claude Road West, Barry - £750 pcm
Semi detached, three bedrooms,
Large rear garden

Llwyn y Gog, Rhose - £695 pcm
Three bedrooms, kitchen/diner,
two allocated parking spaces

Call Claire today to book a free rental valuation
01446 791966
lettings@chris-davies.co.uk



Glebeland Place, St Athan
3 Bedrooms
Conservatory
60ft Rear Garden
Call Simon 01446 791963

£144,950



Warlow Close, St Athan
3 Bedrooms
Well Presented Family Home
No Onward Chain
Call Simon 01446 791963

£149,950



Eurgan Close, Llantwit Major
3 Bedrooms
South Side Location
View Today
Call Simon 01446 791963

£172,000



Leigh Close, Llantwit Major
3 Bedrooms
Extended and Refurbished
No Onward Chain
Call Simon 01446 791963

£179,950



Harding Close, Llantwit Major
4 Bedrooms
Well Presented
South Facing Rear Garden
Call Simon 01446 791963

£219,950



St Michaels Close, St Athan
4 Bedrooms
Updated And Modernised
View From The Verandah
Call Simon 01446 791963

£219,950



Plot 2 Rock Road, St Athan
4 Bedrooms
Recently Constructed
Heart Of Village Location
Call Simon 01446 791963

£325,000



Ty Gadlys, Llanmaes
4 Bedrooms
Detached Family Residence
Individually Designed
Call Simon 01446 791963

£405,000



Cherry Tree Cottage, Llantwit Major
4 Bedrooms, Grade II Listed
Period Semi Detached Family Home
Call Simon 01446 791963

£420,000

SPAIN

**Bank Repossessions
now available with
100% mortgages.**

**With recent Euro highs
of 1.29 now is a great
time to buy!**

**Free advice on
moving to Spain
without obligation.**

Call Paul Freephone 0800 135 7503



DON'T DO IT YOURSELF

Call a professional
From our A-Z list



Aerials & Satellite

ONE VISION
DIGITAL AERIAL & SATELLITE SERVICES INSTALLATIONS

New and existing customers - ring for the latest FREE Sky offers

- Free install and free box offer at the moment and also 6 months free unlimited broadband

✓ Domestic & Commercial
✓ Discounts For Cops
✓ 24 Hour 7 Days Service
✓ 12 Month Guarantee
✓ NDI Approved Installers

**FREE ESTIMATES
SAME DAY SERVICE**

Confederation of Aerial Installers
Certified? Police Checked?
Using Industry Benchmark Aerials,
Cables and Accessories?

ONE VISION ARE!
Wall Mounted TV Installation Specialists
- visit our website for examples

CALL Vale of Glamorgan 01446 439 306
PAUL WILLIAMS Bridgend 01656 349 281

www.onevisionltd.co.uk

Blinds & Curtains

3 for 2
Buy 3 blinds for
the price of 2

This fantastic offer is for a limited time only, call us today

Probably Wales' Number 1 for:

- Blinds
- Shutters
- Awnings
- Canopies

solar blinds

SOLAR
North Road, Bridgend
Industrial Estate, Bridgend CF31 3TP
Tel: 01656 663800

DAYTONA
Unit 3F, Palmersvale Business Centre,
Palmerston Road, Barry
Tel: 01446 740842
www.solarsunshades.co.uk

1st Digital Aerials
Local Digital Aerial Specialist

Digital Aerials Installed & Repaired.
Set Up and Tune In Service.

Problems with:

- Missing Channels
- Freezing
- Breaking Up

Call Adrian on 07999 331 160 or Barry 01446 743267

SPECIAL OFFER - £60
Complete Installation plus £20 per extra room

VALE DIGITAL
DIGITAL AERIAL & SATELLITE SERVICES

SPECIAL OFFER!!!!

DIGITAL AERIAL COMPLETE
INSTALLATION FROM £60
EXTRA ROOMS £20 EACH

TV WALL MOUNTING & TV SET UP & TUNE IN SERVICE

ALL TYPES OF AERIAL & SATELLITES REPAIRED OR REPLACED
Tel. TIM on 07980 702229 / 01446 793189 ANYTIME

COMPETITIVE PRICES - FREE ESTIMATES - OAP DISCOUNTS - 7 DAY SERVICE
COVERING ALL AREAS

BLIND SALE!

STARLINE
Awnings & Blinds

Unit 3 & 4, Western Industrial Estate, Caerphilly
CF83 1BQ • **www.starline-blinds.co.uk**

GENUINE 15% OFF SALE

TEL (029) 2086 0631

Building Services

MASONWISE BUILDERS
☎ 01446 742928

Established since 1979

- Extensions
- Disabled Grant Work
- Roofing & Repairs
- Conservatories
- Patio & Drives

**No Job Too Small
Free Estimates**
masonwise.builders@hotmail.com
44 Newlands Street, Barry

Barry Aerials & The Aerial Man

Aerial & Satellite Installations
TV Aerial & Satellite Dish Installation & Repair

- Poor Reception Fixed
- OAP Discounts
- Additional TV Points
- Digital Aerial Installations
- Free Home Visits
- Freesat Installations

www.dangraceaerials.co.uk

LOCAL FRIENDLY PERSONAL SERVICE • ALL AREAS COVERED

01446 439125 or 07818 413451

Clock Restoration

ANTIQUE CLOCK RESTORATION
www.mjmclocks.co.uk
01446 737466

VALE BLINDS (Wales) Ltd
SALE NOW ON

- Vertical Blinds • Roller Blinds
- Venetian Blinds • Roman Blinds
- Velux Blinds • Curtain Rails/Poles
- Repairs & Servicing Undertaken
- Perfect Fit Blinds • Intu Blinds

Tel: (01446) 710304 / 07792 733443

More Building Services on next page

Building & Plant Hire

Building Services

BARRY & VALE DAMP & TIMBER TREATMENT
SOLVING ALL YOUR DAMP PROBLEMS

01446 420784 • 07970 642537

D.P. BUILDING SERVICES

- Kitchens
- Extensions
- Carpentry
- Roofing
- Conservatories
- Bathrooms
- Plastering
- Joinery
- Brickwork

NO JOB TOO SMALL

**Tel: 01446 711968
07831 655429**

Glamorgan Property Maintenance

General Property Maintenance & Building Work

"We do it all"

**01446 711023
or 07950 004049**
info@gpmaintenance.co.uk

ABBAY BUILDING SERVICES
Established 1986

- Electrical and plumbing work undertaken by gas safe and NIC accredited personnel.
- Full design and planning service.
- Free estimates given.
- Roofing and plastering work.
- All general building work considered.
- House extensions a speciality.

Tel. 07973 469382
SERVING THE VALE

Are you planning Property Maintenance for 2012?

- General Repairs & Building Work
- Kitchen & Bathroom Installation
- Plumbing • Tiling • Carpentry • Guttering
- Burst pipe callout from £40

fern
No Job Too Small!

Freephone: 0800 612 2806 Mobile: 07927 652 620
Email: nial@fernpropertydevelopment.com
www.fernpropertydevelopment.com

GRABIT PLANT HIRE LTD
F. BUILDINGS ATLANTIC WAY, No. 2 DOCK, BARRY. CF63 3RA

BUILDING CONTRACTORS AND CIVIL ENGINEERS NEW BUILD & EXTENSIONS	DRIVEWAYS / FOOTPATHS / TARMAC / DROPKERBS FAST & PROFESSIONAL SERVICE FOR FRIENDLY ADVICE & A FREE QUOTE JUST GIVE US A RING
GROUNDWORK CONTRACTORS ALL SIZE PLANT WITH DRIVERS FOR HIRE AT REASONABLE PRICES FOR ALL YOUR GROUNDWORK NEEDS	GRAB HIRE SERVICE WASTE DISPOSAL / SITE CLEARANCE / AGGREGATE DELIVERIES

01446 700535 **www.grabitanthireltd.co.uk**

- 1.5 ton mini excavator with driver **£200.00** per day.
- 3 ton mini excavator with driver **£200.00** per day.
- 13 ton excavator with driver **£250.00** per day
- JCB with driver **£200.00** per day.
- Dumper with driver **£200.00** per day.
- 6 wheel grab lorry holding 13 ton inert waste from **£120.00** per load.
- 8 wheel grab lorry holding 13 ton inert waste from **£140.00** per load.
- Green loads from **£250.00** per load.

RING NOW FOR A FREE COMPETITIVE QUOTE
ALL PRICES ARE EXCLUSIVE OF VAT

Building Services**Decorating Services**

365 BUILDING & MAINTENANCE **24/7 CALL OUT**

Building & Roofing Contractors
(Plus Insurance Work)

- Carpentry • Plumbing • Plastering • Painting
- Electrics • Fascias & Gutters • Decorating
- New Build • Garage Door Repairs
- Extensions • Loft Conversions

All work done by time served tradespeople.

01446 734157 07920 436800
07825 418757

Specialist Furniture Painter
Bespoke Transformations for:
Old, new, fitted
or freestanding furniture.
Kitchen cabinets hand-painted.

Call Sara Llewellyn on 07887 651598
20 years experience

STADRE
DECORATING & PROPERTY MAINTENANCE

- PAINTING AND DECORATING
- QUALITY WORK
- COMPETITIVE RATES
- NO JOB TOO SMALL
- FREE QUOTATIONS

07791 752532

Cowbridge Decorating Company
Interior & Exterior Work Undertaken

- Clean, Tidy & Reliable
- Insurance Work Undertaken
- uPVC Soffits, Fascias & Guttering
- ✓ Domestic and Commercial
- ✓ Free Estimates & Quotations

01446 771137
Cowbridge • Mobile: 07973 628842
e-mail: jdrummond137@gmail.com

Computer Services

AB COMPUTER SERVICES
TUITION - BROADBAND
WIRELESS NETWORKS
REPAIRS & INSTALLATION

For home or office

Tel: 07811 422 946
27 High St, Cowbridge
www.cowbridge-it.co.uk

HD Computer Solutions

- All problems fixed
- Fast, reliable, on-site service
- Friendly advice freely given
- No fix, no fee
- Free callout

Tel 01446 773158
07779 713604 anytime

Electrical Services

Tel: 01656 858997
Mob: 07970 764590

Davem BUILDTECH
ELECTRICIAN

New Fuse Board from £295 (no VAT)
Part P Compliant
Rewire & New Build Specialist
All electrical work undertaken
Email: info@davembuildtech.co.uk

A&A ELECTRICAL SERVICES

Andrew Lenthall - 07890 772079
Aaron Rogers - 07825 778776

- Reliable, Qualified Service
- Emergency Call-outs
- Free Quotations
- Certification, Inspection & Testing
- Installations including: Rewires, Showers, Cookers, Sockets & Lighting
- Commercial & Domestic
- NO JOB TOO SMALL

email: aaelectrical1@hotmail.co.uk

Carpentry Services

Richard Malia
CARPENTER-JOINER

All aspects of Property Maintenance undertaken

07531 370659
01446 795662

ARK CARPENTRY
Specialising in all aspects of carpentry and joinery.

Kitchens/Doors/Floors/
Roofs/Maintenance/
Stairs

NO JOB TOO SMALL
Karl 07928 381 688
01446 795 674

Cleaning Services**Carpet Services**

RV CARPENTRY
If its wood - we're very good!

Kitchens • Flooring • Stairs
Tiling • Maintenance • Patios

Call Peter 07749 617322

S.C.D Carpentry
• Doors
• Laminate Floors
• Kitchens
All aspects of Carpentry

Call Steve on
07737 291444 or
01446 748164

CCMS (Wales) Ltd
GUTTER CLEANING

01446 741460
07830 480569

VALE CARPETS
The Carpet Shop that comes to you
100's of Carpet & Vinyl samples
Established since 1980
Also Carpet, Upholstery Cleaning

Tel: Paul Wright
01446 751152
07811 092477

NJ Electricals

17th Edition

Electrical Contractor

Tel 07590 337287



- Domestic and commercial rewire
- Intruder alarms
- Landlord certificates
- Fuse board upgrades
- Shower installations
- P.A.T. testing
- Part P

Dave Reffell
Electrical Services

Domestic Installer Scheme
Free Quotations

01446 751743
07743 500149
dmreffell@hotmail.co.uk

ELECTRICAL REPAIRS

Washing Machines, Cookers, Fridge/Freezers, Tumble Dryers, Ovens, Hobs, Hoods, Built-in or Freestanding Appliances.

APPLIANCE CENTRE
01446 700206/730884

Double Glazing Services

HEATH WINDOWS & DOORS
Where Service and Quality come as Standard

T: 02920 650854
M: 07703 828 002
www.heathwindowsltd.co.uk

20% OFF
all orders over £1,000

FREE BACK DOOR
when you buy 1 x front door and 3 or more windows

FREE Vertical Blinds
WHEN YOU BUY A CONSERVATORY OVER 2M X 2M

REFIT
(Established Family Business)

Double Glazing **Repair Specialists** **& Locksmiths**

Why renew when you can repair!
Richard 07518 256743 or 01656 842414
www.refitlocksmiths.co.uk

STEVE MOLONEY
Double glazing repairs.
Hinges, handles,
misted up sealed units,
complete repair
service available.
Established 1979.

01656 783594
or
07877 558525

Disposal Services

FLOYDS ENVIRONMENTAL

- * Septic Tank *
- * Cesspit Emptying *
- * Treatment Plants *

Floyds is a well established service

07970 809096
01656 722665
floyds@homecall.co.uk
www.sewageanddrainage.co.uk

Garage Door Services

GARAGE DOOR SERVICES
The garage door specialists

All types of doors supplied, fitted & repaired
Over 15 years experience.
Same day repairs.

07783 703366
01446 743181
www.gdsdoors.co.uk

PJ CLARKE**BRIDGEND DOMESTIC APPLIANCE REPAIRS**

Washing Machines, Tumble Dryers,
Dishwashers, etc. Est 1983

Most makes repaired
Machines **NOT** taken away
Repaired at your own home

☎ Bridgend 659354 ☎ 07974 120082

REPAIRS
Washing Machines Electric
Cookers, Tumble Dryers, etc

Repaired in your own home

Freephone 0800 2984518
Barry 744117

S.M. Vaughan
ELECTRICAL SERVICES
ALL ELECTRICAL WORK
UNDERTAKEN

- Rewires • Sockets • Lights, etc

01446 734733 • Mob 07976 790096
Unit 11, Ty Verlon Ind. Estate, Barry

barry-today.co.uk
cowbridge-today.co.uk
llantwit-major-today.co.uk
porthcawl-today.co.uk
bridgend-today.co.uk

Garden Services

Arborwood Tree Care

Tree pruning • Crown lifting
Tree felling • Dangerous tree work
Pollarding • Dead wooding • Hedge cutting
Tree dismantling • Root pruning
Ground clearance

Call us for a friendly, free quote. Fully insured.
Tel: 07910 417471 or 01446 792262

More Garden Services
on next page

WINDOW AND DOOR REPAIR SERVICE

OVER 30 YEARS EXPERIENCE IN ALL ASPECTS OF
UPVC AND ALUMINIUM WINDOW AND DOOR REPAIR

Do you have any of the following problems...?

Misted-up Double Glazing • Broken Hinges
Seized Patio Door Rollers • Faulty door Locks
Seized Handles • Draughts • Broken Letter Box • Leaks, etc
If so phone for a free estimate and advice

FREephone COWBRIDGE 0800 169 5171

We offer a competitive and friendly service to the Vale and surrounding area
TRY US FOR NEW UPVC WINDOWS AND DOORS
8 am - 8 pm (7 days)

Window Tec UK
• Window and Door Repair •

DO IT YOURSELF

Call a professional From our A-Z list

Garden Services

Complete Garden Services
FENCING • DECKING • TREES FELLED, HEDGES
AND LAWNS • WALLS, PATIOS AND PATIOS
Telephone: 01446 419428
or 07765 611753

NDP GARDEN and PROPERTY MAINTENANCE
Grass Cutting, Weeding
Shrubs & Hedges Trimmed,
Tree Felling, Fencing,
Patio, Turfing
Gutters & Facias Cleaned
Power Washing
Paddock Topping
• Free Estimates
• Reliable Family Team
01446 773935
or 07773 992704

BRIDGE VALE TREE SERVICES
Specialists in
Large/Dangerous Trees
FELLING, PRUNING, CROWN
REDUCTION, THINNING OUT
AND TOTAL DISMANTLING
HEDGE CUTTING
& FENCING AVAILABLE
HIGHLY QUALIFIED/INSURED
SITE CLEARANCE
- FREE QUOTES -
Tel: 01446 713857
or 07921 902729

Garden & Landscaping Services
Award Winning Landscapers & Driveway Installers
• Driveways • Patios • Fencing • Decking
• Walling • Water Features/Ponds • Turfing
www.gardenandlandscapeservices.co.uk
For a FREE quote contact
Nick: 07790 166480 or 01446 710736
info@gardenandlandscapeservices.co.uk

CHAINSAWS
RIVERLEH Horticulture
SALES • SERVICE • REPAIRS • SPARES
LAWN MOWERS • RIDE-ONS • CHAINSAWS
STRIMMERS • HEDGE CUTTERS
AND GARDEN ACCESSORIES
RING NOW FOR SOME GREAT DEALS
Most makes serviced and repaired
Collection service available
VIKING STIHL
Vale Business Park, Llandow,
Cowbridge CF71 7PF
Tel: 01446 775602
HEDGE CUTTERS

Gas Services

GAS Services
Heating & Plumbing Installation
COMBINATION BOILER & LPG SPECIALIST
Static Homes - Caravans
Landlord/Gas Safety Certificates
Competitive Prices
Reliable Service
01446 796263 or 07814 394378
www.gaspservices.co.uk
gaspservices@yahoo.co.uk
302870

35 years established company
C.S.Boxall Ltd.
SERVICE & BREAKDOWNS
for all
Gas, Oil, Solid Fuel, LPG
Static Homes, Caravans, Etc
Gas, Landlord Safety Checks
plus Electrical Services
by fully qualified
indentured Service Engineers
Call 01446 772444

Plastering Services

The Green Factor Ltd
Free estimates, fully insured.
• Landscaping • Fencing
• Decking • Hedge Cutting
• Garden Clearance
• Patios and Paving
Call Paul on 01446
736525 or 07815 319427
WE ARE QUALIFIED,
RELIABLE AND LOCAL!

CG Plastering Specialist
07507 994905
01446 420979

Cowbridge & Vale PLASTERERS
All Interior and
Exterior work
Free Quotes
Tel. 01446 774899
0781 685 7935

Plumbing Services

S.M.Vaughan
HEATING & PLUMBING - DOMESTIC & COMMERCIAL
• Boilers • Pipework • Radiators
• Gas Safety Certificates
• Fires Servicing • LPG Specialists
• Static Homes/Caravans/Boats
01446 734733 • Mob 07976 790096
Unit 11, Ty Verlon Ind. Estate, Barry

J.P. EDWARDS PLUMBING & HEATING
Bathroom Suites • Combi Boilers
Tiling • Servicing • Breakdowns
Taps & Washers • Radiators
01446 790127 07719 605526
FREE QUOTES NO CALL OUT CHARGE

GAM Plumbing & Heating
01446 735 681 or 07815 097 994 24hrs
Combination Boiler Specialist
Annual Boiler Service only £40
For all your plumbing and heating requirements
All Work Guaranteed. Fully Insured.
Fast, Friendly Service.

CELTIC PLUMBING & HEATING
All aspects of
plumbing and heating
work undertaken
07973 785339
07956 887536

M MARTYN PLUMBING SERVICES
For all your
plumbing
needs. No job
too small
07526 125982
or 01446 753503

PAUL MARSHMAN
DOMESTIC
PLUMBING SERVICE
Repairs • Installation
Tiling • Electrical
07876 506982
01446 740176 53440

DC Plumbing
• NO call out charge
• Flexible hours
• No job too small
Call Dave on:
Tel: 01446 413971
Mobile: 0778 263 0996

JOHN SARTAIN
Plumbing
& Tiling
01446
794266

Dave The Gas
All heating and plumbing
work undertaken, free
estimates, no job too small
Tel: 07779
598844
or 01446
421006 215639

Roofing Services

Roofing
specialists
S. MIDDLETON & SON
We cover all aspects of roofing
including Firestone EPDM Flat Roofing
Rubber Systems
www.middletonroofing.co.uk
01656 720551
07973 488806

Roofing Services

ROOFTEC ROOFING SERVICE
New slate/ tile/flat roofs.
Also fibreglass flat roofs.
All aspects of uPVC
guttering, fascias,
downpipes, etc.
Chimney/ valley repairs.
House maintenance
work carried out.
No job too small.
Guaranteed competitive rates.
Tel. (01656) 722593
Mobile: 07969 248688.
Free estimates
24 hour emergency call out.

Roofing Services

CFR ROOFING
Established 1987
Roofing & Waterproofing Specialists
Flat Roof Specialists
life expectancy 50 years +
Slates & Tiled Roofs
Fascias, Soffits & Guttering
Domestic & Commercial
All Work Guaranteed
Over 30 Years Experience
Free No Obligation Survey
Discounts given to OAP's
01446 775145 / 07974 953414
www.cfrroofing.co.uk

Fairfax & Glover Roofing

• Slating • Tiling • Lead Roofs
• Lead Fabrications/Welding
EST. OVER 25 YEARS
Tel. 01446 773945
01446 781266
Mobile 07986 964904

01446 404838
Silvey Roofing
• New Roofs/Repairs
• UPVC Guttering & Fascias
All new roofs covered by a 10 year
insurance backed guarantee
FREE ESTIMATES
www.silveyroofing.co.uk

School of Motoring

LANEWISE DRIVING SCHOOL
First 3 hours
from £36
First 10 hours
from £130
FOR TOTAL
BEGINNERS
01446 719555
07798 501267

Rich's S.O.M.
Patient, friendly,
reliable instructor
with 10 years
experience.
1st 10 hours £99
07812 564378

Cats Eyes
Driving School Ltd
• Lessons from £10.99 • Instructor training
• Learn from 14 years of age
• One week crash courses including test
• Automatic Vehicles now available
0800 0280 406
www.catseyesdrivingschool.co.uk

Rubbish Removal

Your local Skip Hire Co.
for Barry & The Vale
**POSSIBLY THE CHEAPEST
SKIPS IN SOUTH WALES**
80% of Waste Recycled

Open: Mon-Fri 7am - 6pm Saturday 8am - 1pm

REMOVE RECYCLE RE-USE

Abacus Skip Hire

Your local skip hire company
£10 off second skip if both ordered
within same calendar month

	Mixed Waste	100% Wood/ or Stone
2 yard	£79	£65
4 yard	£105	£90
5.5 yard	£115	£105
8 yard	£155	£140
16 yard	£240	£200
16 yard (wood only)		£200

Clean Wood gate fees 0 ton
Commercial & Demolition Wood £18 per ton
Mattresses £10 extra
Deliveries to site must have waste carrier licence.
Prices not inc. of VAT or permit, if required.

INSTALL SKIP HIRE LTD

Mini, Midi & Large
Builders Skips
Delivered & Collected

**Discount Available
on Hardcore Skips**
**DOMESTIC & COMMERCIAL
WASTE COLLECTIONS**
(includes labourers)

Tipper Hire
& Digger Hire
Available

Unit 12F, Atlantic Trading Estate,
Barry CF63 3RF
Tel. 01446 421072
Email installskiphireltd@hotmail.co.uk

Tiling & Wetrooms

Bonny Tiler
Wall & Floor Tiling Specialists
Full Bathroom and
Wetroom installation
Professional, Friendly & Reliable Service
01446 796582 / 07854 168459
www.bonnytiler.co.uk

Bill Foulds Tiling Specialist

• Ceramic/Porcelain &
Natural Stone • Tiling
• Decorating & Finishing Touches
Tel: 01446 771105 Mob: 07736 391937

The GEM

43,000 copies distributed to your potential
customers throughout the Vale
01446 774484

Wanted

SCRAP YOUR CAR LEGALLY
Avoid the cell - **USE A&L!**

A&L
VEHICLE RECYCLING & SCRAP METALS

We buy any:
Car, Van, Lorry, Bus, Scrap Metal etc

UP TO £20,000 CASH PAID

We will beat any price locally for: Copper, Lead, Brass, Aluminium, Stainless Steel, Household Wire, Armour Cable, etc.

We collect:
Insurance or 3rd party writeoffs • Car Shells
Engines & Gearboxes

ONLY licensed company registered with the DVLA and Environmental Agency in Barry

Call us today on **01446 701707** (24 Hours)

SBS SALVAGE Ltd
BEST CASH PRICES FOR UNWANTED SCRAP
£1 to £100,000
Cars, Vans, Heavy Iron, Engines, Copper, Brass, Lead, Aluminium, etc ...
All vehicles are disposed of in a correct and legal manner.
07772 054534 or 01446 421034

DH Solutions - Cash 4 Scrap

FROM £5 TO £50,000 PAID FOR METALS

We buy all non-ferrous & precious metals. We also buy all cars, vans, lorries and plant. We will beat any price locally for:

Copper, Armoured Cable, Household Wire, Brass, Lead, Stainless Steel, Electric Motors, Lead Acid Batteries, Catalytic Converters, DPF Filters, Gold and Silver

Free collection for all metals and vehicles.

£150 MINIMUM ANY VEHICLE

For the latest prices or to arrange a visit, please call us 24 hours

www.scrapmetalvehicledrader.co.uk
07785 943145 or 08453 047117

SUTTONS Auto Salvage
£125 minimum paid on collection, for scrap, MOT failures, and tax expired vehicles. Also body shells and scrap metals collected. No wheels, no problem.
Tel: 029 2059 7887
07971 648596

Telephone Broadband

ARDENT TELEPHONE WIRING
Local Telephone and Broadband Engineer. Extensions and Faults. Internet connection issues.
Tel 07787 380972
ardent.wiring@hotmail.co.uk

Situations Vacant

V.I.P LUXURY SERVICES
Chauffeur/Personal Assistant/Home & Personal Security Officer

Ensure your home is guarded while you are out, drive you anywhere when required (using your car, or a car can be provided at a cost of £1 per mile) carry out any reasonable request or task that you might require from this exclusive, personal service.

A unique gift, your wish is my command.
£50 4 hours, £100 8 hours, £150 12 hours,
£200 + expenses 24 hours
New Clients 50% OFF
call **Chris on 07929 655280**

ARE YOU FIT TO DELIVER?

We need fit, reliable people to help distribute this newspaper to local homes once a week.

- TEENAGERS (aged 13 years and over)
- ACTIVE SENIOR CITIZENS
- HOUSEWIVES - STUDENTS - SHIFT WORKERS

Please ring **01202 670999**
e-mail: recruiting@thedistributionbusiness.co.uk

If we do not have an immediate vacancy in your area, your details will be placed on our waiting list until a suitable opportunity occurs.

YOU KNOW IT MAKES SENSE

Birthdays

21 Kyle Paylor 21
"Happy 21st Birthday Kyle"
on Friday, 21 September
Lots of love from
21 Mum, Dad & Nanny 21
XXXXXX

Motors For Sale

Y Reg Citroen Xsara Picasso XS 2.0 Litre Diesel
140k, 6 months Tax/MOT
One owner from new.
£950
01446 795944

Toyota Carina
M Reg, good condition, new MOT (Sept 2013)
£450 ono
01446 793508
07946 110320

VW Lupo 1.4
Automatic (Silver), 2002 low mileage
13k, MOT until March 2013, Tax until November 2012
£2,700
07582 809505

Property
latesthomes.co.uk

TO LET
Two Bed Maisonette CADOXTON
Suit family.
£95 per week
Bond & References
Tel. 01446 406406

TO LET
St Athan Nr Cowbridge
4 Bed Detached Executive House
£895 per month
Tel Office on **01254 265550**

TO LET
BOVERTON
Modern Two Bed Semi Detached
GCH, Parking, Enclosed Garden
Bond & References.
£495pcm
01989 563525

Family Notices

BROWN Henry Richard
Peacefully, after a short illness at Llandough Hospital on September 15, Henry of Langlands Road, Barry.

Dearly beloved husband of the late Pat Brown, much loved dad of Tonie, Richie, Charlie, Julie, Sue and George, father-in-law of Viv, Patrick, Austin and Glenn, adored grandfather of 19 and great-grandfather of 23. Loving brother of Bobby, Virginia, Marilyn and the late Billy, brother-in-law of Billy and Janet.

Resting at AG Adams & Son, Tyneddyw Funeral Home, Gladstone Road, Barry until his service in the chapel on Thursday September 27 at 10.30am, followed by cremation at the Cardiff and Glamorgan Crematorium, Barry at 12 noon.

Flowers may be sent to the funeral or, if desired, donations in lieu of flowers to the Eastend Boxing Club, Barry.

O'SHEA Dennis Barry
Barbara, Mark and Craig wish to thank family, friends, neighbours, Barry Island Traders and staff of St Barucs Ward, Barry Hospital for their attendance at Dennis' funeral on Tuesday, 11 September.

Also, for all the cards and flowers received. Our thanks to Rev Clive James for a beautiful service just as we wanted and to Mr Lyndsay Ellis and his staff for carrying out our wishes.

JONES Jane Esther
Passed away peacefully in her own home on Tuesday 11th September, Esther of Llantwit Major. Dearly loved wife of the late Albert and friend of many.

Resting at W.A. Brown & Son College Street, Llantwit Major until the funeral service on Monday 24th September at Tabernacle Presbyterian Church Llantwit Major at 2.30 p.m. followed by interment in the Churchyard.

Friends meet at her home to follow the hearse to Church. Flowers may be sent to the Funeral Home, but donations may be made to Ty Hafan c/o the Funeral Director (cheques only please).

Margaret Bowen
Frances would like to thank everyone for their kind messages of sympathy, flowers and attendance at Margaret's funeral.

A special thank you to the staff at College Fields Nursing Home, Barry for their love and care of Margaret over the last 8 years.

Thank you to Andrew of Thomas Bros. for his professionalism and personal care of Margaret's funeral arrangements.

REES Katherine Sarah (Katie)
Peacefully at home on 12 September 2012, aged 30. Adored wife, daughter and daughter-in-law. A celebration of Katie's life will be held at Holy Cross Church, Church Street, Cowbridge, on Friday 21 September at 11.30am, followed by a burial at The Limes Cemetery. The family invite those attending to wear something blue in remembrance of Katie's favourite colour, no black please. Immediate family flowers only. Donations: via the existing website www.helpforkatie.com to support a fund being set up in Katie's name to support those suffering from serious illness in her workplace, and their families. Donations on the day in Church will be for the benefit of Velindre Hospital.

To see your Family Notice in The GEM, please contact us on **01446 774484** or via e-mail at **gemsales@tindlenews.co.uk**

Funeral Directors

W. A. Brown & Son
Funeral Directors
Contactable 24 hours a day, 7 days a week.
• Funeral pre-payment plans
• Memorial masonry
Pembroke House, College Street, Llantwit Major
01446 792 489

Articles For Sale

ADVERTISE HERE £12 inc. VAT - box for 2 weeks. To take advantage of this offer simply either send in your description along with a cheque for the appropriate amount made payable to 'The Glamorgan GEM' at The GEM, Graig House, 53 Eastgate, Cowbridge CF71 7EL or telephone us with your wording by 12 noon Tuesday. All major credit cards accepted. Tel 01446 774484. Adverts must contain a residential land line telephone number. You may alter your advert as items are sold. **Sorry no refunds are given.**

TOWER SCAFFOLDING
Bankrupt stock, new galvanised, 6ftx4ft, 20ft working height, complete with cross braces, bass plates, hand rails. **£225.**
07836 270723
Free delivery

G-Plan Three Piece Suite
Consists of 2 seater settee, recliner and chair. Beige mix material, 4 months old.
Cost £1,500, sell £800
01446 408078

Twin Stacker Beds (3ft)
As new, cost £470, sell **£95.**
Roland HP-2C Piano & Stool. Virtually new, bargain **£650.**
01446 679171

Wooden Bunk Bed
With desk and shelves. Very sturdy and excellent condition, 79" long, 39" wide, 45" high.
£60.00
01446 773264

New single bed & Mattress
£150
01656 890489

Lawn Tractor
Massey Ferguson 3316HE, 102cm cut. Approx 10 years old, working condition with grass catcher. Any reasonable offers.
01446 774273

Solid Pine Double Pedestal Desk
Height 30", Width 56" Depth 23". Excellent condition. **£60 ono**
01446 711030
07580 962403

The Glamorgan GEM
SUPERB READER HOLIDAY OFFER
SEVEN CITIES OF ITALY
FLYING DIRECT FROM CARDIFF
Save **£200** per couple
Includes: Return specially chartered flight to Rome, 7 nights in Rome, 7 nights in Florence, 7 nights in Venice, 7 nights in Milan, 7 nights in Rome, 7 nights in Florence, 7 nights in Venice, 7 nights in Milan. Includes: Return specially chartered flight to Rome, 7 nights in Rome, 7 nights in Florence, 7 nights in Venice, 7 nights in Milan. Includes: Return specially chartered flight to Rome, 7 nights in Rome, 7 nights in Florence, 7 nights in Venice, 7 nights in Milan.
From **£689pp**
Departs 14 October 2012
FOR FURTHER INFO, TO BOOK BY CREDIT CARD OR REQUEST A BROCHURE CALL:
0843 316 1166
Request a brochure online at:
www.newmarketbrochures.co.uk/glg
Or book online at:
www.newmarkettravel.glgl1288

Two wins and a loss for upcoming stars

PENCOED JUNIOR RUGBY ROUND-UP

PENCOED UNDER-14s Farnham 29 Pencoed 54

Pencoed under-14s took the two-and-a-half-hour journey to Farnham to test themselves against English opposition.

The playing of the respective national anthems gave this match a real international flavour, with the muted playing of the Welsh anthem giving the

Pencoed side extra motivation.

With the game being played over the full 80 minutes, Pencoed played some outstanding rugby, particularly in the second half, having recovered fully from their journey, and ran out convincing winners.

Respected former Pencoed player and coach Gary Reffell commented that the "Welsh heart" was the difference between the sides.

Everyone involved

can feel proud of their win, and in furthering the name of Pencoed Rugby Football Club across the bridge.

PENCOED UNDER-12s

Pencoed 12 Croesyceiliog 10

This was a tremendous result for the Pencoed under-12s against one of the strongest sides in the Gwent area, with no less than five players in the Croesyceiliog squad having attained representative honours.

Despite the close scoreline, Pencoed coach Mike Bosley felt his team were in control throughout this hard fought affair.

Owain Johns and Tom

Bending got the home tries, with Sam Costelow adding a conversion. This victory for the under-12s maintains their already impressive record since the squad's formation.

PENCOED UNDER-10s

Pencoed 30 Croesyceiliog 40

Pencoed put in a battling performance against a larger Croesyceiliog squad, with the match played with no attempted conversions.

Sam Hayman Tucker kept up his recent try-scoring performances with a brace of tries. Wil Hurley also grabbed two touchdowns, with Morgan Hopkins and Jack Evans scoring one apiece. **TR**

Roadworks update

ROAD closure – Section of road under railway bridge from Hood Road to Broad Street, Barry.

Carriageway width restrictions in operation for construction of a new Toucan crossing – B4265, Llantwit Major by-pass.

Temporary traffic control – Barry Docks Link Road, junction of

Coldbrook Road and Argae Lane; Ffald Lane, Maindy; St Hilary Village on September 24; Mountain Road, Aberthaw.

Email us your local stories at: gemeditorial@tindlenews.co.uk.

Royal Balti hits right note with range of high quality dishes from Asia

IN the last 20 years there has been an explosion in the choice of world dishes people can sample in restaurants in the Vale and Cardiff.

People may have enjoyed their Sunday roast, but they also became more adventurous, enjoying something exotic, with a different texture and taste.

But the pace of modern day life and the appeal of home deliveries has meant the demand for high quality meals to the door has increased.

Step in the Royal Balti in Vere Street which has developed an excellent local reputation in Asian dishes.

On the evening that I sampled their menu, it had been a busy day and the prospect of cooking at home was unappealing.

My wife selected the jaipuri tikka as a main course at £6.25. The dish comprises pieces of chicken breast grilled in a clay oven and cooked with fried mushrooms, fried onions and fried capsicums. It came with fresh spices in a thick sauce.

My wife thought the



ABOVE:
The Royal Balti, Vere Street, Barry.

chicken was moist and tender, and the thick creamy sauce struck the right note with its spiciness. It was neither too hot, nor too mild.

I selected the king prawn korma at £7.50 because I'm not a huge fan of hot dishes. It contained lots of large juicy prawns in a wonderful thick, mild and creamy sauce with overtones of coconut. This made it very mild and sweet.

We also shared a shakoti gosht dish at £5.95. This was a hotter dish than I'm used to and is lamb cooked in a coconut and almond sauce.

The lamb was succulent, and for those that like a kick in the taste-buds it hit the spot.

We had a selection of side dishes to complement the meal, my wife's favourite being the peshwari pulao at £2.70 – it's a pulao rice cooked with grated coconut.

I like spinach so I plumped for the palak bhaji spinach at £2.25

The servings were more than generous, and would have been enough for three people. There was also a fantastic array of main and side dishes available.

The service was

excellent with helpful, friendly staff – all in smart matching uniforms – and the delivery was swift. Orders can be phoned in after browsing the website or by visiting Royal Balti in Vere Street.

The Royal Balti provides the ideal solution for busy families or couples or who want a restaurant quality meal in the comfort of their own home at the end of a busy day.

For more details, go to: www.royalbalti.co.uk or telephone 01446 421366.

TRC

MANAGERS SPECIAL WEEK

UP TO **£500** EXTRA OFF NEW CARS. Ends 23rd September.



KA STUDIO 1.2 BV PETROL (69PS) ENGINE
OTR **£7295**

- Accessory power socket (12v)
- Anti-lock braking system (ABS) with electronic brake-force distribution (EBD)
- Body colour bumpers
- Electric Power-Assisted Steering (EPAS)



FIESTA EDGE 1.25 60 PS STAGE V
OTR **£9295***

- Air conditioning
- Anti-lock brakes (ABS) with electronic brake-force distribution (EBD)
- Anti-lock brakes (ABS) with Emergency Brake Assist (EBA)
- Central locking



FOCUS ZETEC 5 DOOR 1.6 PETROL (125PS)
OTR **£14995****

- Front fog lights
- 16" 5x2-spoke alloy wheels
- Air conditioning - Manual control
- Electronic Stability Programme (ESP) with Traction Control and Emergency Brake Assist (EBA)
- Ford DAB Audio System with Bluetooth and USB connectivity



FORDTHORNE

281 Penarth Road, Cardiff CF11 8YZ 029 2022 3100

e-mail: sales@fordthorne.co.uk



www.fordthorne.co.uk

Official fuel consumption figures in mpg (l/100km) Ford Car range: urban 48.7 - 35.3 (l/100km), extra urban 64.2 - 60.1 (44.4-47.7), combined 57.7 - 47.9 (49.5-59.9). Official CO2 emission 115-136 g/km (petrol only). Metallic paint extra cost. Vehicles shown for illustration purposes only. This supersedes all previously advertised manufacturer's approximations. Details correct at time of going to print. Subject to availability. Contact us for terms and conditions. Applies to new vehicles contracted between 10/09/2012 and 26/09/2012 and registered between 10/09/2012 and 26/09/2012. Where savings are shown, advertised prices are calculated by deducting the saving from the manufacturer's recommended OTR price.
* Includes £250 Finance Deposit Allowance. ** Includes £1000 Finance Deposit Allowance.

Tosh and Martin under the cosh at Southerndown

THE annual challenge match for the inter county golfing trophy played between members of the Glamorgan Farmers' Golf Society and their counterparts from Monmouthshire was played recently at Southerndown Golf Club.

Following the disappointment of tasting defeat last year, the Glamorgan team were full of optimism, particularly as a strong squad had been selected that included 10 members from the host club.

With three points at stake in each of the 12 matches, Glamorgan started off in convincing style. Society president Geraint Davies, partnered with birthday boy Glyn Watts-Jones, easily accounted for Gwyn Jones and Andy Hilditch to record the first three points for the host team.

Mark Rees and Ray Howells halved their match against Reg Meyrick and Colin Parry to be followed back to the club house by Bryan Owen and Tony McCarthy, who secured a further two points against Mike Daniel and Martin Richardson.

Unfortunately, these successes were followed with defeats for Godfrey Lewis and Keith Walker, soundly beaten by Jonathan Davies and Graham Jones, and also Brian Jones and Aubrey Thomas, who suffered the same nil return against Gerald Flannagan and James Richardson.

In the next match, Aubrey Bowen and vice captain Gwyn Thomas fared only marginally better by securing just a half a point against Charlie Park and Malcolm Francis. Then, a depressed David Harris, partnered with a struggling Mike King, returned with a nil return in their match against Dave Allen and Mike Williams.

The home team were given a boost when John Davies and captain Lyn Thomas collected three points from Gwyn Thomas and John Walker, closely followed by brothers Clive and Glyn Thomas dropping just a half a point in their game against Bryan Attwell and John Dutchie.

John Caines and Julian Kelly halved their match against Ken Davies and stand up comedian Martin Ley before Jim Hayes and Clive Edwards brought the Glamorgan score to within two points of the opposition when dropping just a point in their match against Peter O'Toole and John Morgan.

All hopes rested on the shoulders of Tosh Taylor and Martyn David, playing on their home course, but a bad day at the office for both resulted in a shock three points going to the away pairing of Steve Waters and Peter Harris.

The final score was 16 points to Glamorgan Farmers' Society and 20 points to the Monmouthshire Farmers' Society.

Nearest the pin on the par-three holes went to Ken Davies, Andy Hilditch, Graham James and Malcolm Francis. Bryan Attwell had the longest drive of the day on the selected 18th hole and, to complete a clean sweep for the visitors, Martyn Ley correctly guessed 69 balls would spend the night protected by the thick gorse which is a feature of this course.

Former society member Bill Prichard, invited to the presentation ceremony to commemorate his 80th birthday, presented Martyn with his special prize.

The society's next meeting is scheduled for Thursday September 27 at Neath Golf Club - sponsored by Arthur John & Co of Cowbridge.

TMCC

Athletic Youth in fine start

BRIDGEND Athletic Youth welcomed Pontardawe to Newbridge Fields for the first game of the 2012/13 season.

The athletic started the game at a fast pace and were ahead within seven minutes, when a rolling maul from 20 metres out allowed captain Lloyd Wilson to score the game's first try out wide.

Scott Govan failed narrowly with the conversion, but was successful with a penalty after 15 minutes, making the score 8-0.

Pontardawe replied almost immediately with a penalty.

Bridgend continued with excellent passing play among the backs and were rewarded with a Tom Jenkins try on 20 minutes, followed five minutes later with a try from Chris Walker to bring the score to 18-3.

Pontardawe were awarded a second penalty on 26 minutes to keep them in the game, but just before half time Lloyd Wilson scored his second try via a break-away from a maul which allowed him to run in almost unopposed from 22 metres.

The Athletic continued the second half as they had the first, the backs continuing to tear holes in the Pontardawe defence.

They were rewarded with a Chris Price try on 55 minutes, which was converted by Scott Govan to bring the score to 30-6.

Pontardawe showed resilience and scored an unconverted try on 60 minutes but this was almost immediately answered by a try by Iestyn Merriam, again converted by Scott Govan to bring the final score to 37-11, an excellent start to the season by the Athletic Youth.

MP

Cadoxton lose final friendly

CADOXTON Bowling Club's season was finalised when they hosted a friendly match with a mixed team from Ely and Cardiff West End.

The scores ended level after four rinks, three winning rinks covered the defeat of Howard Craven, but Roy Harding had the reverse score from his win last week, 33-10, to hand the visitors the victory.

Graham Brown played another superb game, despite dropping a five early in the game. They recovered well and ended up easy winners after conceding shots on just seven ends.

Don Kuhnell also skipped a winning rink, with only seven losing ends, but two of which were fours in the late stages.

Glen Solomon almost always gets away to a good start, and after a poor beginning Alex Turner produced some good bowls in the later stages.

Phil Ellis, having only his second game as third, was not overawed by the experience, and performed well.

Gordon Davies was the skip on the third winning rink. Going into the last end, each side had won 10 apiece and the scores were level.

A single on the final end brought success. Stan, Howard and Bill all gave good contributions to the result.

Scores: T Bishop, D Fanning, S Clarke, G Brown 22-13, G Solomon, A Turner, P Ellis, D Kuhnell, 18-16; R Knight, R Cole, M Curtis, H Craven 12-24; G Powell, L Adams, J Stewart, R Harding 10-33; S Clements, H Hellyar, W Vaughan, G Davies 17-16. Final score: 79-102.

There were 10 players spare, so they played five against five on the end rink.

Don Kuhnell

Bryncethin Youth win

BYRNCETHIN played host to Resolven in what was a free-flowing game of running rugby.

From the kick-off, the ball was caught by prop Tom Lewis, who powered his way over the half way line. Resolven infringed at the resulting ruck, and outside half Paul Short kicked the ball well into the Resolven 22. From the lineout, the ball was popped to prop Owen Williams who drove through the defence and scored in the corner, the conversion was unsuccessful.

Bryncethin were quickly back on the scoreboard. Full back John Brain caught a clearance kick and set off back up the field. He offloaded to Short, who entered the 22 before drawing his defender and passing to No8 Liam Thomas, who scored in the corner.

This seemed to spur Resolven on and they camped themselves in the Bryncethin half. But despite numerous attacks Bryncethin held firm.

Bryncethin scored again after Liam Thomas caught another kick and ran it back before passing to Short, who chipped over the

Resolven defence for Connor Law, who ran in for a try in the corner.

Bryncethin scored again not long after through Geraint Watkin, and Shore added the conversion.

Bryncethin finished the half with another try after the ball was grubber kicked through by Short for Tom Day to gather and power over by the posts, Short added the extra points.

The second half restarted as the first had ended as centre Tyler Thomas cut a line through the Resolven defence and scored under the posts, Short added the conversion.

Bryncethin scored again after winning a lineout inside Resolven's 22. The ball was passed to prop Shane Jones, who drove at the Resolven players before Brain scored.

A quick penalty was taken by Watkin on the half-way line, the ball worked to centre Corey Bater to run in unopposed from 40 metres. Short added the conversion to end the game.

Man of the match - Liam Thomas. Bryncethin's next game is away to Tonna on Saturday.

HR

Tennis club's great summer

AFTER a successful summer of tennis, members at Dinas Powis LTC are looking forward to the next few weeks with great anticipation.

September marked the start of the Dillwyn Thomas Tournament, which culminates with a finals day in early October. September also sees the club's annual Dinner and Dance, which is being held at the Cophorne Hotel on Friday, September 28.

The club's eight adult teams had a successful season, as well as the junior teams, who came top of their Aegon Leagues at several age levels.

The pennants received from Tennis Wales will be presented at the finals day of the Dillwyn Thomas Tournament.

The club has entered several teams for the autumn/winter leagues which means that many members will continue with competitive play during the next few months.

During the school holidays the club coach, Rob Walbyoff, organised tennis camps, plus two major junior tournaments, which were both very successful.

The Dinas Powis Open Tournament, which is a Grade 4 LTA approved event, attracted players from all over Wales and England.

Sponsored by Seel and Co this tournament has run for several years and encourages junior players to compete against players from other clubs.

The junior closed tournament was a week long fiesta of fun and tennis with truly competitive matches between friends and families! Junior Saturday tennis starts in earnest on September 15.

During August Chris Bevan ran a fun tournament which raised funds for Marie Curie.

The club's vice captains also organised a Bank Holiday 'Tennis with Pimms' American tournament which had lots of willing participants!

In May many members cheered on the Olympic Torch when it

came through the village. They cheered even more when Hannah Mills of Dinas Powis won a silver medal and Andy Murray and Laura Robson won gold and silver.

Following the wonderful success of the Olympic and Paralympic Games, the club is launching its own legacy programme to encourage adults to keep fit.

Starting on Saturday, September 21, at 11am, the club will welcome non-members to get fit with 'cardio tennis' - a mixture of exercise and ball skills all done to music. Members already attend a session on Tuesdays and have improved their fitness levels.

Any adult who would like to take part in a six week course should contact the club coach, Rob Walbyoff, on 07931 665431. No previous tennis experience is necessary.

With the club planning new floodlights and court surfaces to one tier of courts, members look forward to new and better facilities to give a longer playing season and more social activities during the winter months.

Play-off win ON Sunday, September 16, Dinas Powis Men's First team went to Llanelli to play a West Wales versus East Wales Division One winner's play-off for promotion to the South Wales Premiership next summer.

Llanelli had not lost a match all season and were confident of a win. But they had not played against Dinas Powis Tennis Club before!

Dinas Powis were able to turn out a good team and thrashed them 6-0.

Well done Dinas, we are back in the Premiership where we belong.

If you are interested in joining a successful club, all new members are welcome, whatever your ability.

NW

Success for Murch bowlers

MURCH Bowling Club was well represented at the county finals held recently at Aberkenfig Welfare Bowling Club.

Roger Mauchline competed in the champion of champions final against Julian Fear of Pencoed. The game produced a high standard of bowling, resulting in a win for Roger by 21 shots to 17.

After lunch, Roger was joined by his doubles partner David Poole to play in the senior men's pairs final. In atrocious weather conditions they battled their way to victory over Martin and Mal Goss of Pontycymmer, winning by 27 shots to 24.

Also during the weekend, Derek Blainey played in the final of the two wood competition - eventually losing to the previous year's winner, Tom Pearson of Pencoed.

RP

Cowbridge U3A

ON September 12 at the new venue of Cowbridge Town Hall, Cowbridge U3A was entertained by renowned harpist Glenda Clwyd.

The performance and presentation was superb, ranging from 15th century to 18th century; to Nat King Cole and Scott Joplin.

The next meeting will be at the same venue on October 10 at 2pm, the subject being 'Icy Plains and Dizzy Heights' by Val Weaver and Claire Davies.

TB



- Van Sales-Spares-Repairs
- Van MOT Preparation
- Vehicle Recovery-Collection and Delivery

**Tel: 01446 793550 or 793540
Mobile: 07810 350433**

Llandow Trading Estate, CF71 7PB

ChipsAway

Professional quality repairs at a fraction of bodyshop costs

- ✓ Quick ✓ Convenient ✓ Fully guaranteed
- Paintwork Scratches
- Bumper Scuffs • Alloy Wheels

To arrange a free no obligation estimate call

Paul Jarvis 07904 840202

Alternatively, call

0800 028 7878

or visit

www.chipsaway.co.uk



VAN HIRE FROM £38 PER DAY!

- Bippers
- Transits
- VW Transporters
- Sprinters
- Jumbo Vans
- Luton Removal
- Vans
- Tipper trucks
- Crew cab drop sides



OPEN 7 DAYS A WEEK

WICK (01656) 660160

Full details available on our website: www.wickvanhire.co.uk

A.B. CAR SALES *Better Cars at Better Prices*

OVER 100 CARS IN STOCK
CARDIFF ROAD, BARRY


09 09 AUDI A5 2.0 TDI Quattro Sport 2-Dr. Silver. 1 Owner, Diesel, FSH, Dual & Cruise Control. Alloys. Black Leather. 54k.

£15,990


08 08 FIAT 500 1.2 Sport 3-Dr. Yellow. FSH. £30 Tax a Year. Half Black Leather. Alloys, 64k.

£6,490


09 09 VAUXHALL Insignia 2.0 CDTi Exclusive 160 5-Dr. Grey. Diesel, Cruise & Climate Control. FSH, Alloys, 57k.

£7,990


09 59 PEUGEOT 207 1.4S 3-Dr. Blue. Air Con, Low Insurance, 58MPG, Elec Windows, 35k.

£5,190


07 07 HONDA Civic 2.2 i-CDTi SE 5-Dr. Red. Diesel, 1 Owner, Climate Control, 6-Speed, FSH, 73k.

£6,490


09 09 VW Passat 2.0 S TDi CR DPF 4-Dr. Blue. Diesel, 1 Owner, Full VW SH. Alloys, 6-Speed, Air Con. 81k.

£6,690


10 10 VAUXHALL Corsa 1.4i 16V 100 Exclusive 5-Dr. Black. Automatic, 1 Owner, FSH, Air Con, 40k.

£6,190


09 59 RENAULT Twingo 1.2 Freeway 3-Dr. Red. 1 Owner, FSH, CD Player, 62MPG, Only 6,241 Miles.

£6,690


05 05 TOYOTA Corolla 1.4 VVT-i T3 3-Dr. Silver. FSH, Air Con, Alloys, CD Player, Low Insurance. 43k.

£3,790


08 08 AUDI A4 2.0 TDi 143 SE 4-Dr. Grey. Diesel, 1 Owner, 6-Speed, Alloys, FSH, Dual Climate Control, 93k.

£8,990
TEL. 01446 735555
www.abcarsalesltd.co.uk
SAT NAV CF63 2NW


A.B. SERVICE CENTRE

A Better service at a Better price


MOT's £25

4 Wheel Laser Alignment from £15

Servicing from **£69.00**
 Diagnostic from **£39.95**
 Radio Decodes **£14.99**
 Service Valets frm **£20.00**
 Full Valets from **£40.00**
 Key Programming
 DPF Problems
 ECU Repairs
 Gear Box repairs
 Air Bag Faults
 Brakes and ABS
 All Repair work undertaken

Tyres from £17.95

CAR REMAPPING
£179.00
 Save £££s on Fuel Economy and Increase Performance

Full Car Servicing from £100 + VAT

Cardiff Road, Barry, Vale of Glamorgan CF63 2NW
www.abservicecentre.co.uk
Tel. 01446 735561

WE ARE OPEN
 Monday - Friday 8.30 - 5.30
 Saturday 8.30 - 13.00

All major credit cards accepted

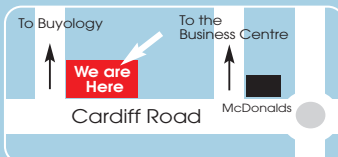


New Broad Street Motors

Now on Cardiff Road - Tel 01446 720044



New Broad Street Motors
Ty Verlon Industrial Estate,
Cardiff Road, Barry. CF63 2BE



10 60 Renault Clio Tom Tom **£7995**



06 56 Mazda RX-8 **£4995**



10 10 Ford Fiesta **£7995**



07 57 Landrover Discovery **£21995**



07 57 Honda CR-V **£9995**



05 05 Ford Focus **£4995**



07 07 Peugeot 107 **£4695**



10 10 Vauxhall Meriva **£6695**



03 03 Audi TT **£7295**



03 03 Porsche Boxster S **£18995**



06 06 Mercedes CLK55 **£19995**

06 06	MERCEDES BENZ SL500.	37,290 miles, in blue	£21,995
06 06	MASERATI Cambiocorsa.	37,510 miles, in metallic grey	£19,995
06 06	MERCEDES CLK55.	44,225 miles, in silver	£19,995
05 05	PORSCHE CAYENNE TURBO S,	51,600 miles, in silver	£19,995
07 57	MERCEDES ML 320	39,960 miles, in black	£19,995
03 03	PORSCHE Carrera 2,	70,700 miles, in black	£18,995
01 X	MERCEDES SL320 V6,	47,470 miles, in mystic blue	£14,995
10 10	SEAT Leon TDCi,	41,920 miles, in blue	£9,995
09 59	FORD Mondeo Tdci Zetec,	37,820 miles, in silver	£9,995
09 09	RENAULT Clio Sport.	39,690 miles, in white	£9,995
07 07	VOLVO V50 SE,	88,460 miles, in black	£9,995
06 56	MITSUBISHI Shogun Sport Warrior TD,	35,250 miles, in silver	£9,995
07 07	VOLVO V50 SE Sport,	Geartronic D5, 88,460 miles, in black	£9,495
02 52	JAGUAR XKR Supercharged,	91,890 miles in black	£8,995
09 59	FORD Fiesta Zetec.	8,020 miles, in blue	£7,995
06 06	TOYOTA Rav-4 D-4D XT-R,	70,920 miles, in silver	£7,995
09 58	VAUXHALL Astra SRI.	29,700 miles, in blue	£7,495
08 08	VAUXHALL Vivaro Sportiv.	54,710 miles, in black	£7,000+VAT
10 10	PEUGEOT 207 Verve,	29,700 miles, in grey	£6,995
05 55	HYUNDAI Santa Fe CRTD.	65,560 miles, in silver	£6,995
05 55	FORD Mondeo 155 STDCi,	62,235 miles, in silver	£6,995
05 05	MITSUBISHI Shogun Sport,	59,590 miles, in silver	£6,995
05 05	NISSAN X-Trail Sport,	42,025 miles, in red	£6,995
09 59	PEUGEOT 207XR,	19,740 miles, in blue	£6,495
08 08	FORD Fiesta TDCi,	3,720 miles, in black	£6,495
05 05	VOLKSWAGEN LT32.	59,742 miles, in white	£5,995+VAT
05 05	VOLKSWAGEN Beetle Luna,	40,870 miles, in blue	£5,995
06 56	FORD Fiesta Ghia,	35,670 miles, in black	£5,495
09 09	FORD Fiesta Van.	23,860 miles, in white	£5,295+VAT
08 08	FORD Fiesta Blue.	49,080 miles, in black	£4,995
08 08	FORD Fiesta Style.	13,930 miles, in silver	£4,995
06 06	VAUXHALL Tigra,	55,050 miles, in black	£4,995
06 56	FORD Fiesta Style,	36,970 miles, in blue	£4,995
05 05	SEAT Ibiza FR,	40,792 miles, in red	£4,995
00 W	MERCEDES ML 320.	76,000 miles, in blue	£4,995
10 10	HONDA 750S Motorcycle.	532 miles	£4,495
00 X	MERCEDES CLK320 Avantgarde,	Tiptronic, 71,500 miles, in blue	£4,495
03 03	BMW 525 ES TD,	107,200 miles, in silver	£3,995
02 02	MAZDA MX-5 Phoenix,	76,970 miles, in grey	£3,995
05 55	FORD Fiesta Van.	50,500 miles, in silver	£3,795+VAT
03 53	MGTF,	30,990 miles, in silver	£2,995
02 52	BMW 325i SE,	135,270 miles, in blue	£2,995



06 56 Mini Cooper S **£7995**



10 60 Mini Cooper D **£13795**



11 61 Fiat 500 **£9995**

Finance available subject to status, UK residence, over 18 years of age. Written quotations available on request. Guarantees may be required.

Great cars, Great Service, Great People to deal with!

Visit our website www.nbsm.co.uk



**07 RENAULT Megane 1.6
Dynamique Auto 5-dr**
Met gold, 23,234 miles from new
£4,295



58 VOLVO C30 Sport 2.0 Diesel
Met blue with black/cream leather,
38,000 miles
£10,995



59 FIAT 500 1.2 Sport
In Yellow, 15,000 miles, Air Con, CD etc.
£30 road tax.
£7,995



**56 VAUXHALL Astra 1.9
CDTi SRi Coupe**
Met grey, 69,000 miles, FSH
£5,995



**09 TOYOTA Yaris
1.3 TR**
Red, 34,000 miles, high spec example
£6,995



**56 PEUGEOT 107
Urban Lite 3-dr**
Yellow, 43,000 miles,
£30 road tax, low insurance
£3,795



04 NISSAN X-Trail 2.5 Sport
in platinum metallic, 81,000 miles,
1 owner, fsh, pan roof, etc.
£3,995



**10 RENAULT Clio 1.2i
Music 5-dr (100)**
Bright met green, 23,000 miles, 1 owner
£6,995



58 VW Golf 1.9 TDi Match
5-door, met black, 43,000 mile diesel
with multispoke alloys
£8,995

JUST A SELECTION OF OUR STOCK...

- 59 FORD Kuga 2.0 Diesel Titanium 4WD in met grey, 38,000 miles with full pan roof £15,695
- 58 VOLVO C30 Sport 2.0 Diesel in met blue with black/cream leather, 38,000 miles £10,995
- 10 VAUXHALL Insignia 2.0 Diesel (130) Exclusive 5-dr in met silver, 15,000 miles. Fantastic value at £9,995
- 06 CHRYSLER 300 CRD Auto. In silver with grey leather, 54,000 miles, diesel at £8,995
- 59 PEUGEOT Bipper Teepee Outlander 1.4 Diesel Automatic in met blue, only 6,000 miles £8,995
- 58 VW Golf 1.9 TDi Match 5-dr in met black, 43,000 mile diesel with multispoke alloys £8,995
- 04 BMW X3 2.5 Sport Auto in met blue with beige leather, 59,000 miles, Panoramic roof, etc. £8,995
- 59 FIAT 500 1.2 Sport in yellow, 15,000 miles, a/c, cd, etc, 30 road tax, low insurance £7,995
- 10 RENAULT Clio 1.2i Music 5-dr (100). In bright met green, 23,000 miles, 1 owner £6,995
- 09 TOYOTA Yaris 1.3 TR. In red, 34,000 miles, high spec, example, £30 road tax £6,995
- 58 VAUXHALL Corsa 1.3 CDTi 3-dr SX black, 39,000 miles, £20 road tax + diesel economy £6,995
- 58 VW Golf 1.9 TDi Match 5-dr. In silver, 86,121 miles, a/c, alloys etc £6,995
- 08 FORD Mondeo 2.5 Titanium X Turbo 5-dr. silver birch met with leather, 69,000 miles £6,995
- 11 KIA Picanto 1.0 Space 5-dr. In silver, 10,000 miles, low insurance £5,995
- 59 PEUGEOT 207 1.4XE 5-dr in black, 23,000 miles £5,995
- 59 PEUGEOT 207 1.4 Verve 3-dr. In black, 19,000 miles, 1 owner, great looking car £5,995
- 56 VAUXHALL Astra 1.9 CDTi SRi Coupe. In met grey, 69,000 miles, fsh £5,995
- 06 VW Golf+ 1.9TDI Sport in silver metallic, 77,000 mile diesel at £5,995
- 55 TOYOTA Corolla CLR 2.0 Diesel 5-dr. In platinum metallic, 62,000 miles £5,995
- 06 VW Golf+ 1.9 TDi SE. In Black, 82,000 miles, economical diesel at £5,695
- 60 VW Fox (55) 1.2 3-dr. In silver, 21,000 miles, low insurance £5,495
- 09 NISSAN Micra 1.4 Convertible. In silver, 1 local owner, only £5,495
- 58 RENAULT Scenic 1.6 Dynamique. In silver, 26,000 miles, pan roof, fantastic value at £5,495
- 08 FORD Fiesta 1.2 Zetec Climate 3-dr. In met blue, 42,000 miles, 1 owner £5,495
- 08 VAUXHALL Astra 1.3 CDTi Life 5-dr. In red, 50,000 miles, superb MPG £5,495
- 04 LANDROVER Freelander 2.0 Diesel 'S' 5-dr. In black, 87,000 mile 4x4 at £4,995
- 59 CHEVROLET Aveo 12LS 5-dr. In silver, 21,000 mile hatch, a/c, cd etc £4,495
- 55 FORD C-Max 2.0 Ghia Auto. In met grey, 71,000 miles, fantastic value at £4,495
- 54 VW Golf 1.4S 3-dr. In silver, 52,000 miles, very nice example at £4,495
- 07 RENAULT Megane 1.6 Dynamique Automatic 5-dr. In met gold, 23,234 miles from new £4,295
- 04 NISSAN X-Trail 2.5 Sport in platinum metallic, 81,000 miles, 1 owner, fsh, panoramic roof etc, 4x4 at £3,995
- 06 FORD Fiesta 1.4 TDCi Style 5-dr in met blue, 61,000 miles with a/c, etc £4,295
- 07 FIAT Panda 1.2 Dynamic. In silver, 18,879 miles from new, plus £30 road tax £3,995
- 56 DIAHATSU Sirion 1.3 SX 5-dr. In silver, 18,576 miles from new £3,995
- 06 FORD Fiesta 1.4 Zetec Climate 5-dr. In met silver, alloys, air con etc £3,995
- 54 VOLVO S40 2.0 Diesel 'S'. In sand metallic, high spec, economical example at £3,995
- 04 JAGUAR X-Type 2.1 SE Auto. In light met blue with beige leather trim, 75,000 miles £3,995
- 58 DIAHATSU Sirion 1.0S+ 5-dr. In silver, low insurance + £30 road tax, with sun roof £3,795
- 56 PEUGEOT 107 Urban Lite 3-dr in yellow, 43,000 miles, £30 road tax, low insurance £3,795
- 54 RENAULT Megane 1.9 DCi Dynamique Convertible in silver with black leather, fantastic MPG at £3,795
- 08 CHEVROLET Tacuma CDXi Automatic. In met blue, only 8,000 miles from new £3,695
- 53 AUDI A4 1.9TDI SE (110). In black, 112,000 mile diesel, fantastic mpg £3,695
- 55 RENAULT Megane 1.6 Oasis 5-dr in black, 62,000 miles with pan-roof, key less go £3,495
- 55 FORD Focus 1.6LX Auto 5-dr. In blue, fantastic value new shape Focus at only £3,495
- 53 VW Golf 1.4 Match 5-dr. In met BRG, 63,000 miles, low insurance £3,495
- 56 MITSUBISHI Colt CZ2 3-dr in light met blue, 68,000 miles. Low insurance £3,295
- 55 FORD StreetKa 1.6 'Ice' in met grey with leather, 51,000 miles convertible at £3,295
- 05 FORD Fiesta 1.2 Style 5-dr. In silver, 61,000 miles with a/c, cd etc £3,295
- 54 HYUNDAI Coupe 2.0 SE Auto in black with leather, low mileage stylish coupe at £3,295
- 54 FORD Focus 1.8 Ghia 5-dr. In crystal silver, 58,000 miles, 2 owners, a/c, alloys etc £2,995
- 53 JAGUAR X-Type 2.5 Sport 4WD Auto. In black, 94,000 miles, fantastic value £2,995
- 03 TOYOTA Yaris 1.0 T3 3-dr. In jade metallic, 58,000 miles, low insurance £2,995
- 03 VOLKSWAGEN Polo 1.9 diesel 3-dr. In yellow, 88,000 miles, fantastic MPG £2,995
- S BMW Z3 1.9 Convertible in silver with black leather, 18 inch alloys, etc £2,995
- 55 PEUGEOT 407 1.8S in black, 83,000 miles. Stylish family hatch at £2,695
- 54 NISSAN Almera 1.5 SE 5-dr. In met blue, 69,000 miles, a/c, etc £2,695
- 54 CITROEN Berlingo Enterprise 1.9 Diesel Van. In white, 70,000 miles £2,695
- V JAGUAR S-Type 3.0 SE Auto in met blue with cream leather, only 50,000 miles from new £2,695
- 53 PEUGEOT 206 GTi in ice blue met, 70,000 miles with a/c, cruise control, cd £2,495
- 03 PEUGEOT 206 1.4LX 5-dr in black, 73,000 miles, Low running costs £2,495
- 03 SKODA Fabia 1.4 Elegance 5-dr. In met blue, FSH, cd etc £2,495
- 04 FIAT Panda 1.1 Active. In Cardiff City blue. low insurance £1,995
- 51 SMART Passion 600 Auto (Left Hand Drive). In red/silver, 52,000 miles £1,995



53 PEUGEOT 206 GTi
ice blue met, 70,000 miles with a/c,
cruise control, cd
£2,495



**59 PEUGEOT 207 1.4
Verve 3-dr.**
black, 19,000 miles, 1 owner, great looking car
£5,995



**09 NISSAN Micra 1.4
Convertible**
In silver, 1 local owner
£5,495



**55 FORD C-Max
2.0 Ghia Auto**
Met grey, 71,000 miles
Fantastic Value
£4,495



All cars supplied with new MoT and 6 months RAC warranty.
Just a small selection of our comprehensive range in stock. Visit our website for full details.



Broad Street, Barry (Next to Barry train Station) 01446 722600

FINANCE PACKAGES TO SUIT ALL • 0% DEPOSIT FINANCE AVAILABLE • ALL CARS HPI CLEAR • PART EXCHANGE WELCOME • OPEN 7 DAYS CARS BOUGHT FOR CASH • ALL MAJOR CREDIT CARDS TAKEN



MULTI-PHOTOS AND FULL DESCRIPTION ON WEBSITE
www.garywatsonmotorcompany.co.uk



Free Vehicle Collection & Drop Off
Free Luxury Courtesy Car
Discounted £19 MOT Testing
Verified 100% Customer Satisfaction

it's not the way
you're used to
having your car
serviced: **its better!**

**The Only Independent BMW, Mercedes, Mini, Porsche
& Jaguar specialist in South Wales with OFT Approval
independently inspected by the RAC!**

Our focus is on maintaining our customer's vehicles to the highest standards possible but without the dealer price tag. Since we first opened we have delivered a service which in our opinion surpasses the quality of that of the local dealer networks. We invest in staff training, the latest equipment and deliver outstanding customer service. We don't have a glossy showroom in the centre of Cardiff but we'll welcome you with a smile.

The key to our success is being an honest family run business and delivering a great experience; we want you as a customer and we want you to return year after year.

All our staff are NVQ3 or higher qualified, most are ATA Certified and Bosch Master Technicians or working towards it and most are former dealer with Manufacturer specific training. Anyone that works on your car at Permoveo is skilled and qualified to do their job! The next time you visit the garage you've been using for years or your friend recommends; ask about the staff qualifications and whether they have OE dealer tooling.

If your vehicle is due a service ask for a Free Service Information pack which will include a complete breakdown of what to expect from a Permoveo Service and a price comparison compared to the local dealer networks. On average we're about 60% cheaper than the typical dealer.

Our diagnostic, Ecu and Injection repair customers include local and national **Main Dealers** including **Ferrari, Ford, Citroen, Jaguar, Land Rover, Mercedes, Lexus, Sytner** and **South Wales' largest Used Car supermarkets!**
WE REALLY ARE THE AFFORDABLE DEALER ALTERNATIVE!



PERMOVEO
EURO SPECIALISTS

Advanced Cutting Edge Diagnostics

High Quality Dealer Spec Servicing

Key Repairs & New Keys

In-House Injector Servicing

DPF Repairs & DPF Removals

Brakes, Tyres, Exhausts & Repairs

Performance Tuning

ECU, ABS & Electronic Repairs

Car Coding & Software Upgrades

Gearboxes & Automatic Repairs

5 & 10 Woodham Road
Barry Docks CF63 4JE
Monday to Friday 8:30 to 18:00
Saturday 9:30 to 14:30
www.permoveo.ltd.uk

F R E E P H O N E
0800 033 7807



GEM sport

Too little, and too late for Cowbridge 1sts

COWBRIDGE RFC visited Clwb Rygbi Caerdydd on Saturday, hoping to build on the fine win against Taffs Wem last week.

From the start, Clwb Rygbi ran the ball from all corners of the pitch and were rewarded with 27 points in those first 25 minutes, including three tries.

Cowbridge finally woke up, and with the pack gaining some parity, a good forward drive up the middle of the pitch gave No10 Carwyn Morgan time to place a perfect cross kick for flying wing Liam Rowland to collect, break a tackle and sprint over after 30 minutes. Morgan added the conversion.

The revival appeared short lived as just before half time, Clwb Rygbi crossed for their fourth try and a bonus point.

Whatever was said at half-time certainly had

the right effect on Cowbridge as, from the kick off, the pack stormed into the Clwb Rygbi 22 and quick ball through the hands of Morgan and powerful centre Brock saw captain Huw Lougher power over near the posts. Morgan calmly converted.

From the kick-off a superb break by Morgan carried on by No8 Luke Boys took Cowbridge straight back to the home side's 22. With the pack showing a lot more confidence, good ball and another Morgan break gave Rowland his second try, again converted by Morgan. That made it 34-21 with just 10 minutes of the half gone.

Inevitably, Clwb Rygbi would have their moments, but some bone-crunching defence, especially by centre Brock, kept them at bay until Cowbridge finally conceded a penalty with 10 minutes to go.

Still, the boys did not give up, and at the death were unlucky not to score a fourth try, following a great break out of defence by a combination of both wings and Boys.

Final Score: Clwb Rygbi 37, Cowbridge 21.

The Seconds travelled to Llanrumney, but unfortunately for the second time this season a referee no show put paid to the game.

This Saturday, the Firsts entertain Llandaff at the Athletic Field (2pm kick-off). All support is most welcome.

The following week, we travel to Pyle for the first round of The SWALEC Bowl, followed by Barry away on October 6, Wattstown on October 13 and Penygraig at home on October 20.

RV

Cowbridge bowlers take on keen English opposition on tour

Cowbridge bowlers have just returned from their annual autumn tour, during which they stayed at the Four Pillars Hotel, Abingdon.

The party consisted of 31 bowlers and one supporter.

After travelling up on Monday, we played four matches against local teams.

On Tuesday, we played a match at

Kingston Bagpuize which we lost 73-104, winning on two rinks and drawing on one.

The winning rinks were skip May Jones, Bryan Hole, Guy Morton and Mansel Davey 19-7; and skip Sue Flower, Judy Springett, Len Taylor and Ron Frayling 15-13.

The rink with skip Pat Davey, Shirley Wilkinson, Dorothy Pritchard and Ron Woolford drew 13-13.

Wednesday, again in

sunshine, we played the local club of Abingdon but unfortunately lost on all six rinks with a score of 71-152.

Thursday saw us at Henley-on-Thames where we spent the morning strolling by the river and shopping. In the afternoon, we played against Shiplake Village in a lovely setting, but again we lost on all six rinks by 59-149.

Friday, we set off home and stopped off to play a match against Chippenham Bowls Club who were celebrating their centenary year.

We were provided with a superb salad lunch followed by delicious deserts, which we all enjoyed, followed by bowling.

The weather was dry but very windy, and just for a change, we lost 74-174. We did have a very good win on one rink with skip Sue Flower, Gerwyn Watkins, Brian Williams and Ron Frayling winning 33-11.

Another very enjoyable tour, thanks to our organiser, Mansel Davey. This Saturday, to finish the outdoor season, the ladies play the gents for the Barwick Cup.

NJW

Busy weekend shows encouraging signs Promising results for Cowbridge RFC juniors

COWBRIDGE RFC under-12s travelled to Bridgend Sports for their first away fixture of the new season – the boys continuing their excellent start to the season with a 45-7 victory.

They started nervously, with many unforced handling errors from the backs, and some basic mistakes at the breakdown from the forwards.

Bridgend Sports won a good lineup out of their 10-metre line and tried to move the ball wide.

The Cowbridge back line flew up to stop any potential attack.

Bridgend moved the ball back towards the touchline only for the Cowbridge second row Sam Green to intercept the pass to score a try under the post.

From the resulting kick-off, Cowbridge moved the ball from one side of the pitch to the other, looking for gaps in the Bridgend defence.

It was a barn-storming run from Ruben Williams which made the breakthrough. Sam Green found himself inside the Bridgend 22, and with some excellent

straight running, powered over for his second try of the game.

The next score saw Jack Dixon scamper over the line to score under the post.

The team then seemed to relax and their basic skills improved. Evan Thomas showed some great balance and handling skills to beat the Bridgend defensive line.

Good clearing out from the forwards allowed Ioan Williams to feed the blindsided winger, Brad Downes, who ran over for his first try of the season.

Harry Edwards had time for another score, with Ioan Williams converting all five first-half tries.

Bridgend came back strongly after the break and with some strong running in the forwards, managed to break the Cowbridge defence for the first time.

From a lineup just inside the Cowbridge 22, Bridgend fed their strong forwards time after time, finally going over in the corner.

This early score seemed to give Bridgend some renewed belief and they started running hard at the Cowbridge team.

But Ruben Williams made a run from his

own 22 to just short of the Bridgend line. At the breakdown, fantastic support by Barny Langdon-Cryer was rewarded with a simple try.

The final score of the game came from the Cowbridge pack, keeping the ball tight and protecting the ball well. Luke Martin found himself free and dived over in the corner to complete a well-deserved and hard-earned first away victory for the boys.

GJ

Under-7s go close COWBRIDGE under-7s welcomed two teams from Llantwit Fardre to the cattle market pitch in what proved to be a close and exciting encounter between the two sides.

In team one's first game, the opposition scored in the first move of the match. However, the scores were quickly levelled thanks to a surging run through the defence from Ioan Phillips.

Llantwit Fardre ran in another try but Cowbridge piled on the pressure, forcing the visitors to defend with

excellent tagging.

Joe Davies and Henry Whitehouse managed to convert the pressure into tries, but again Llantwit Fardre retaliated in kind. This seemed to be the pattern for the match.

A slick sidestep gave Henry Whitehouse his second try just before half-time, but Cowbridge were still behind.

The team showed great determination in the second half, despite the fact that they were playing catch-up the whole match.

Joseph Funtek dashed around the defence to get his name on the scoresheet, Joe Davies got his second of the match, and two powerful scores from James Collingridge kept Cowbridge in touch.

However, Llantwit Fardre maintained their narrow lead and ran out 12-9 winners.

Team one's second match began in a similar vein with the opposition scoring immediately but Cowbridge were determined not to repeat the mistakes of the first match, and scored three quick tries through Rhys Edwards, Will Brennan and James Collingridge, the latter running virtually the entire length of the

pitch.

Excellent tagging from many of the team reduced the inevitable pressure that Llantwit Fardre applied, but they were unable to stop two more tries.

During the second half, the team played some excellent rugby, with Henry Whitehouse running in two superb tries in succession.

Llantwit Fardre kept clawing the score back, but they could do nothing to stop James scoring his second try.

Cowbridge finished strongly, Henry getting his third of the match and another formidable run from Ioan Phillips concluded the Cowbridge scoring.

The final score was Cowbridge 8, Llantwit Fardre 7.

Team two followed the same trait as the previous week, starting slowly. But Ben Stephenson ran half the length of the field to open his account for the season and snatch a win for Cowbridge.

The second game for team two saw them fall behind by two tries, but another comeback saw them win 6-3.

KD

Bridge results

THE latest results for local bridge clubs are as follows:

Vale of Glamorgan Bridge Club, club night – Monday September 10 (17 pairs): First – Liam Sheridan and John

Beard, 70.45 per cent; second – Mike Best and Kevin Maddox, 69.16 per cent; third – Vida Halford and Glyn Williams, 61.90 per cent; fourth – Ray Smith and Gwynne Maddox, 57.14 per cent; fifth – Graham Norris and John Raymond, 55.84 per cent; sixth – Helen Barrie and Sara Bartlett, 52.92 per cent.

Cowbridge and District Bridge Club (Llanbleddian) club night (16 pairs): First – Helen Ruttlely and Mike Ruttlely; second – Barbara Easterbrook and Colin Easterbrook; third – Teri Pollard and Anne Hughes; fourth – Marian East and Hugh Williams; fifth – Pat and Brian Swain; sixth – Margaret Bancroft and Sylvia Phillips. **Brian Swain**

Under-11s prove unbeatable to win local tournament

ON Sunday, September 16, Cowbridge RFC under-11s entered the annual Sinclair Llantwit Major rugby tournament.

A total of 10 teams from across Cardiff and the Vale entered a keenly-contested tournament.

Cowbridge won all their pool matches to progress to the semis and won into the final, beating a very competitive Rumney team. Six games played – six won. Some 33 tries scored, with three conceded.

An excellent start to the season for the boys. Congratulations from the coaching team – Huw, Daf and Dave.

DJ-W

The winning under-11 team.



CAR HIRE FROM £38 PER DAY!

- Ford Fiesta
- Ford Focus
- Ford Focus Estate
- Ford S-Max
- 6 seat VW Transporter
- Mercedes/Renault 9 seat minibuses



OPEN 7 DAYS A WEEK

WICK (01656) 660160
car & van hire

Full details available on our website:
www.wickvanhire.co.uk